

Cumberland FA

YOUR GAME, YOUR COUNTY FA...

FRED CONWAY CUMBERLAND CUP FINAL 2022-23



Tuesday 2 May 2023

Penrith AFC

v

Workington AFC



**ENGLAND
FOOTBALL**



Cumberland FA

County Cups

A Message from the Chief Executive Officer of Cumberland FA

On behalf of Cumberland Football Association, I would like to welcome you to the 2022-23 Fred Conway Cumberland Cup Final.

The fact that I am writing this introduction is emotional and a stark reminder of the county's loss; as this would usually be the task of our late Chair Fred Conway, who we sadly lost towards the end of the 2022 and who we still miss dearly.

On this note I would like to welcome members of Fred's family to tonight's game and in particular his partner Vicky and his nephews Shane and Jason. I hope that we can do him and you proud.

Fred was immensely proud of his being a part of Cumberland FA and most latterly his role as Chair, to which he dedicated a large part of his life, time, and energy towards various aspects of the grassroots game.

This was certainly the case when it came to our County Cup Competitions and particularly the Cumberland Cup. He loved the fact that the competitions brought teams together from across the County. He loved the finals and the opportunity to attend different grounds to catch up with and have a good crack with their volunteers, some of whom became close friends of his through this association. He also loved the competitive element and would often be heard telling anyone who would listen, and even some who would not, of his success as manager in leading Mirehouse AFC to three Sunday County victories in a row. However, as competitive as he was, ensuring that the game was played within the right spirit and, whilst he didn't always agree with their decisions, respecting match officials was integral to his philosophy and character.

So, on Fred's behalf I would like to congratulate Penrith AFC and Workington AFC who have made it to the final and thank all of the club officials, team coaches, parents and supporters who will have worked tirelessly behind the scenes to allow the players to have the success on the pitch.

.....Continued.....



Season 2022-23

Chairman

John Rogerson

Vice Chairman

Adam Pattison

Directors

Steve Poole

John Taylor

Ian Parker

Adam Pattison

Jackie Hayhow

Ben Snowdon

Honorary Members

Fred Dandy, Andrew Jenkins,
Albert Murphy, John Taylor, Geoff
Turrell, Jack Williamson, Tommy
Jackson, Tony Barnett, Brian
Taylor

Chief Executive & FA Representative

Ben Snowdon

Cumberland Football Association
Limited

Registered Office:

Unit 3 & 4, Tithe House, Station
Street, Cockermouth, Cumbria
CA13 9QW

Email: info@CumberlandFA.com

www.CumberlandFA.com

I think it is befitting that these two teams are in the final as Fred had more than a soft spot for both of these Clubs. He would often be seen on the terraces at Borough Park, where he been as man and boy, often with his late father and more recently being the number one member of the Sam Smith fan club.

Likewise he was a regular at Frenchfield Park, always making sure he always paid to get in and then making his way to the Walter Brogden Stand, named after his late friend and a close ally within the County FA, where he would hold court with regards to local football.

I would also like to thank Carlisle United FC who's support has enabled us to provide a suitable and fitting County Cup Final match day experience for this Final and, whilst he may not always say this out loud, I know that Fred was always proud of the relationship we have with our only professional Club and we wish them well with their quest for promotion.

Finally a special mention to the match officials who we wish to congratulate on their performances this season, which has led to their appointment to the final. Whilst I know Fred would have had something to say on the appointments, and I will leave the officials themselves to decide whether that would have been complimentary or not. All the officials selected are ones that I know he was very supportive of and I can think of no one more befitting that John Mulligan to referee Fred's final.

We hope all those in attendance have a good experience, although often this is very much dependent upon the result, and play their part in ensuring that this year's final are befitting of the memory of the man that the competition has been named after, Mr Fred Conway.

Ben Snowdon

Chief Executive Officer, Cumberland FA

Cumberland FA Cup Finals

Season 2022-23

DATE	COMPETITION / VENUE	FIXTURE	OFFICIALS
Sunday 26 March	Under 16 Girls County Cup Cleator Moor Celtic FC	Abbeystown Juniors U16 – 3 Whitehaven AFC Juniors U15 – 3 <i>Abbeystown 5-3 on penalties</i>	Referee: John Burns Assistant Referees: Lillias Hodgson & Seb O'Reilly 4th Official: Jake Davidson
Sunday 26 March	Under 16 County Cup Cleator Moor Celtic FC	Carlisle City Juniors U15 – 1 Crusaders – 1 <i>Crusaders 5-4 on penalties</i>	Referee: Lee Tedford Assistant Referees: Harry Hufton & Austen Davidson 4th Official: John Burns
Wednesday 3 May 7:00pm	Women's Cup Penrith AFC	Carlisle United Ladies v Penrith AFC Ladies	Referee: Georgia Vyse Assistant Referees: Adrian Ashbridge & Craig Bennison 4th Official: Geoff Ellison
Sunday 7 May 11:00am	Sunday Cup Carlisle City FC	Inter Pirelli v AFC Scotby	Referee: Ben Whitfield Assistant Referees: Colin Varty & Ben Kinnersley 4th Official: Colin Heron
Friday 12 May 6:30pm	Under 18 County Cup Penrith AFC	Crown Newlaithes Juniors U17 v Workington Juniors U18	Referee: Cameron Sealby Assistant Referees: Paul Stephenson & Christian Ndubuisi 4th Official: Leigh Musgrave
Saturday 13 May 11:00 am	Under 12 County Cup Keswick FC	Cockermouth JFC U12 Cosmos v Dalston Junior Black Reds U12	Frazer Sealby Ben Willis Tommy Linford
Saturday 13 May 2:00pm	Under 14 County Cup Keswick FC	Northbank Juniors U14 v Whitehaven AFC U14 Blue	
Sunday 14 May 11:00am	Under 12 Girls County Cup Keswick FC	Silloth Juniors U12 Girls v Whitehaven AFC U12 Blue	Jade Taylor Sarah Smith Zara Sandelands
Sunday 14 May 2:00pm	Under 14 Girls County Cup Keswick FC	Northbank Juniors U14 Girls v Unisun Athletic Juniors U14 Girls	



TODAY'S MATCH OFFICIALS

FRED CONWAY CUMBERLAND CUP	
Referee	John Mulligan
Assistant Referee	Kevin Mulraine
	Matthew Rogerson
Fourth Official	Mark Hunter



Cost: £130

Price includes a whistle, flags, red and yellow cards, CFA Referee Registration, 2 years membership of the Referees' Association and the first FA DBS application (worth £10)

BE THE REFEREE

Make a Difference to the Game

In partnership with the local leagues, Cumberland FA are delighted to confirm an additional Referee course in June to support the recruitment of match officials for the older age groups and into adult football.

There is support available from the Carlisle Glass Longhorn Youth Football League for the cost of the course for attendees completing the course and officiating a set number of Sunday games for the CGLYFL.

Visit www.CumberlandFA.com/referees/get-into-refereeing

ADULT ONLY COURSE

DATES*: Tuesday 20 and 27 June 2023

TIMES – 6:00pm – 10:00pm | **VENUE** - Harraby 3G, Carlisle

*Attendance on both dates is essential

No alcohol or pyrotechnics or flares are allowed and in line with FA regulations action will be taken against Club's if this occurs at the final.

Mr Fred Conway

It is no understatement to say that Fred Conway's life was based around football and more specifically football within Cumberland. As with most people his love of the game had been developed from his time playing. Described as tenacious but talented player, his love affair with the game started when he began playing for the Boys Brigade before moving to Cockermouth Albion Under 18's where he won the Derwent Valley Junior League. His career then moved onto playing within the Wearside league for Marchon on a Saturday and he also had a successful spell at Calder Lions, and then Egremont Athletic in the Sunday League.

It was during his time at Egremont Athletic where he took his first steps into management. After this team folded he moved to St Bees to guide them through their most successful period within Sunday League football. Then Fred moved to Mirehouse AFC where he oversaw their domination of Sunday League football, including 3 back to back Sunday County Cups in 2004, 2005 and 2006.

Well known for his strong opinions, he was never going to sit back quietly and let others lead, and so when, in the 1980s, an opportunity arose to join the Egremont & District Sunday League Committee he took it. Before long he was the chair and then also the Secretary of the league, where he has remained, in various capacities until today. The respect in which he was held meant that at various times he has also been involved with The Workington & District Sunday League (chair), West Cumbria Youth Football League (chair) and remained chair of The Cumberland County League.

In the mid-80s Fred passed the basic referee course and registered as a referee. Whilst, due to his commitments within other footballing roles, his time within refereeing was probably shorter than he'd have liked, it was clearly an area of the game that he enjoyed and this passion meant that he remained active within the refereeing fraternity attending meetings, overseeing central appointments including senior county cup games and also mentoring various young referees across the county.

In the late 1990s Fred was elected onto the Cumberland County FA council. He subsequently served on various committees including discipline, regulations, referees and youth, where he vice chair. This was an area of football that was very close to his heart and in particular he was very keen on Under 18's representative football. This led to him managing various sides during two spells as manager, including the most successful side in recent history, who reached the Final of the Northern Counties competition, which was hugely impressive achievement when you consider the scale and size of the counties we were competing against.

In 2004 he was nominated and subsequently voted in as Chair of The County FA. Around 2018 he was elected by members of all Northern County FAs as the President of The Association of Northern Counties. More recently, in 2020, he was chosen as the County FAs representative to The FA where he sat as a member of FA council and was appointed onto various national football committees including facilities and more recently football development.



Mr Fred Conway

However, it was his position as Chair of Cumberland FA of which he was most proud, and he would often be heard telling new members of the County that the Cumberland FA badge meant more to him than anything else.



As an individual **you always knew where you stood with Fred**. He was opinionated, often stubborn and always straight to the point. He, as a close friend of his said, often liked to play the role of 'bad cop'. So you might not have always liked, nor agreed, with what he said, but you knew what he said he meant and believed would be in the best interests of the game.

This was the persona he would probably like you to have of him. However the comments and emotions displayed across social media, following his passing, highlight this soft centre, as he just wanted to help and do the best for people. Whether that be developing staff members, mentoring young referees, assisting and advising on appointments, attending games in an observational capacity, offering advice to club secretaries or supporting leagues with issues. He had, or more specifically made, time for everyone who asked for his help and never, despite the status of some of the positions he held, forgot about where he had come from and the numerous people who had helped him along the way.

He was unique, which is why he will be irreplaceable.

We are eternally grateful for all of your support, not only to the grassroots game as a whole, but also to those individuals within it and particularly the staff team at Cumberland FA.

And between you me and the gatepost, you didn't do bad, for how you commonly and tongue in cheek, referred to yourself, as 'a thick store-man'.

Mr Chairman. You will be missed but most of all, on behalf of grassroots football and Cumberland FA,

Thank you.



NEW PARTNERSHIP LAUNCHED

Cumberland FA are delighted to team up with the British Heart Foundation to raise awareness of their fantastic work and promote the potentially lifesaving RevivR training across the Cumberland grassroots football community, as well as help raise vital funds for their ground breaking research.

Beginning now, the partnership will initially span the 2023-24 season.

The partnership will see Cumberland FA provide a calendar throughout the season to support the understanding of health information linked to the heart as well as provide opportunities for Clubs, Teams, Match Officials and Individuals to get involved in fundraising and coordinate the grassroots football community into action.

As part of the partnership, Cumberland Clubs who are at the hub of their communities will have the opportunity to get involved by selling pin badges or housing collection boxes within their club houses (*"Buy a pint for a loved one" donations*) and / or become a hub for BHF charity shop donations collection.

These are just two ideas where there is potentially huge gains for the BHF with little additional work from the Club's themselves. In the midst of the cost-of-living crisis we're keen to offer our support to this vital charity without over burdening our Clubs. **If everyone can do a little, it can go a long way!**

Following the launch of the partnership, we will be communicating with Clubs to move forward in time for the new season.



[DONATE TODAY](#)

[CLICK HERE](#)



We're asking clubs across #CumberlandFootball to **Join The Wall** by signing our Positive Football Environment Club Commitment Statement



JOINTHE WALL
THANK YOU TO THE CLUBS WHO HAVE SIGNED UP TO JOIN THE WALL & PROTECT OUR POSITIVE FOOTBALL ENVIRONMENT!

- | | | |
|-------------------------------|---------------------------------|--------------------------------|
| ▪ Abbeytown JFC | ▪ Eden Academicals | ▪ St Bees JFC |
| ▪ Abbeytown Ladies | ▪ Flimby Social FC | ▪ Stanwix FC |
| ▪ AFC Carlisle | ▪ Gretna 2008 Walking Football | ▪ Stanwix Bees |
| ▪ Allerdale Girls FC | ▪ Greystoke FC | ▪ Sun Inn Athletic FC |
| ▪ Alston Moor Football Club | ▪ Kirkoswald FC | ▪ Sun Inn FC |
| ▪ Aspatria FC | ▪ Langwathby United | ▪ Tubby FC |
| ▪ Aspatria Juniors FC | ▪ Maryport Athletic | ▪ Workington Diamonds |
| ▪ Aspatria Vets FC | ▪ Mirehouse AFC Juniors | ▪ Workington Juniors FC |
| ▪ Border City Greens | ▪ Moor Row FC | ▪ Workington Reds Ladies FC |
| ▪ Carlisle Reivers FC | ▪ Northbank FC | ▪ Whitehaven AFC |
| ▪ Carlisle United Ladies FC | ▪ Penrith Walking Football | ▪ Whitehaven Miners Social |
| ▪ Cleator Moor Celtic Juniors | ▪ Seaton FC | ▪ Whitehaven Miners Social JFC |
| ▪ Creighton Rangers | ▪ Silloth AFC | ▪ Xtreme Ladies FC |
| | ▪ Silloth Juniors Football Club | |

@1pm
Friday
14 April
2023



In Cumberland 99% of our football played within leagues has been played without any report of misconduct.

However, we are aware that the number of reports is slowly growing, and the perception of the game is under threat and so in order to ensure that we do not see incidents, that have been widely reported in other counties, here in Cumberland, we understand that we must continue to address the problematic few that display undesirable or unacceptable behaviours.

FIND OUT MORE:

<https://www.cumberlandfa.com/news/2023/apr/03/cumberland-clubs-join-the-wall>

MORE REFEREE COURSES



BE THE REFEREE

Make a Difference to the Game

If you're thinking about taking up the whistle, remember, refereeing is a great way to:

- Give something back to the game you love
- Remain involved in the game after injury or retirement
- Play a vital role in ensuring players enjoy the game
- Increase participation in the sport and make new and lasting friends
 - For anyone aged 14+

Visit www.CumberlandFA.com/referees/get-into-refereeing

NEXT COURSE DATES

Course 1: Friday 14 July (5 – 8pm) & Saturday 15 July (10am – 4pm)

VENUE: • Workington (St Joseph's Catholic High School)

Course 2: Monday 24 July & Tuesday 25 July 2023 10am-3pm

VENUE: St Benedict's Catholic High School, Whitehaven

Course 3: Monday 4 Sept & Tuesday 5 Sept 2023 10am-4pm

VENUE: Gillford Park Stadium, Petteril Bank Road, Carlisle



GREAT SAVINGS FOR CUMBERLAND FA CLUBS



When it comes to making goalposts, we are one of the industry leaders. Our goals are built, tested and delivered by our team of experts, guaranteeing you a perfect product, every time.

You may not be Premier League (yet!) but the goals you use can be. The goals we make for Premiership clubs and the goals we make for you are no different. Not sure which goal is best for you? Contact our knowledgeable sales team today.

20% OFF
GOALS
& LINE MARKERS

All pairs of aluminium and steel goal packages and all transfer wheel line markers, including the industry leading Dimple Marker.

10% OFF
NETS
& ACCESSORIES

This offer includes all ball stop and pitch divider netting!

PROUD TO SUPPORT CUMBERLAND FA
VISIT MHGOALS.COM OR CALL 01502 711 298

REFEREE ARMBAND INITIATIVE

The armbands act as a visual reminder to Coaches, Players and Spectators that the Match Official is New to Refereeing or a Child.

Ben Snowdon, Cumberland FA CEO commented on what the armband initiative brings to Cumberland Football:

“The armbands were devised as part of our commitment to Safeguarding. They act as a visual reminder to coaches, players and spectators that the individual wearing them are new to refereeing, have less experience and, like everyone else learning something new, will make mistakes.

They support the FA Respect programme and our responsibility to creating the safe and positive environment that in turn leads to an enjoyable experience for all.”



RESPECT NEEDS YOU



The FA's Respect Programme is based on a collective responsibility to promote what is good about football and deal with anything that diminishes the nation's favourite game.

Whether you're a Referee, a Player, a Coach, a Parent, a Spectator or a Club or League Official we all have a responsibility to create a fair, safe and enjoyable environment in which children can play football.

For more information visit <https://www.EnglandFootball.com/explore/inclusive-football/Respect>

TEAM NEWS

The Route to the Final

Coach / Manager

Squad

A Short History

Team Photo

CUMBERLAND CUP FINALIST

2022 / 23

PENRITH AFC



Route to the Final

Round One		BYE	
Round Two	PENRITH AFC	3 – 1	Gosforth FC
Q/Final	Keswick FC	0 – 3	PENRITH AFC
Semi Final	Whitehaven AFC	0 – 2	PENRITH AFC

MANAGER | Darren Edmondson

ASSISTANT MANAGER | Mark Banks | GK COACH | Jordan Carrigan

PHYSIO | Nat Broad

SQUAD: Aaran Taylor, Harvey Reay, James Best, Luke Brown, Alfie Brunskill, Matthew Coombe, Joshua Crews, Taylor Cullen, Ben Davidson, Liam Delaney, Matthew Foster, Luke Hunter, Adam Main, Will Morrey, Reon Morrison, Matthew Moynan, Jonny Murray, Andy Murray-Jones, Jack Patrick, Cameron Prokas, Oliver Reay, D J Taylor



Founded in 1894, the Blues have lifted the Cumberland Cup 16 times and runners up 13 times.

Fresh from their 14th-placed finish confirming their Northern League Division One status, the 'Bonny Blues' will be aiming to lift the trophy for the first time since 2009-10.

CUMBERLAND CUP FINALIST

2022 / 23

WORKINGTON AFC



Route to the Final

Round One		BYE	
Round Two	WORKINGTON AFC	2 – 1	Windscale FC
Quarter Final	WORKINGTON AFC	4 – 2	Carlisle United FC
Semi Final	WORKINGTON AFC	4 – 0	Carlisle City FC

MANAGER | Danny Grainger

ASSISTANT MANAGER | Terry Mitchell

PHYSIO | Ronan Irving & Caitlin Gribbon

SQUAD: Danny Eccles, Jim Atkinson, Matty Clarke, Charlie Birch, Keelan Leslie, Dan Wordsworth, Sam Smith, Brad Hubbard, Bobby Carroll, Ceiran Casson, David Symington, Scott Allison, Reuben Jerome, Lewis Reilly, Conor Tinnion (captain), Steven Rigg, Greg McCaragher, Ben Hughes, Obua Mugalula, Lewis Moore

Formed in 1884 and re-formed in 1921, Workington AFC have been Cumberland Champions 26 times and runners up 12 times.

Coming off the back of their NPL West Play-Off victory on Saturday, the Reds will be aiming to add the Fred Conway Cumberland Cup to end the season on a high!





Put it Top Bins.

KITLOCKER

#UnlockYourIdentity

Formed in 2011, the **Ability Counts League** offers regular playing opportunities to disabled players aged 16 and over. Fixtures are held once a month between March and October, with teams from across Cumberland taking part at a central venue in Carlisle.

With continued support from Cumberland Building Society the League has been renamed 'The **Cumberland Ability Counts League**'

The Cumberland
In partnership with



The **Cumberland Walking Football League** began across Cumberland in 2019 with players aged 50+ playing regular festival and league fixtures at central venues.

Contact Ray.Sempill@CumberlandFA.com for more details or 07807 665543

THE ANDREA BUGGY WOMEN'S LEAGUE

Every
life
matters



Supported by Every Life Matters, Cumbria

The 9 v 9 midweek league is played from April to September offering regular playing opportunities for girls and women aged 16 and over across the County.

For 2023 there are 11 teams playing weekly with almost 200 female players enjoying the format of the game.

It's open to all ages (16+) with many players returning to the game or starting their football journey in the League.

ENGLAND FOOTBALL
LEARNING

Stepping over the sidelines

Building confidence across historically underrepresented groups to take the step into coaching.

- Addressing pre-conceived ideas of what it means to be a coach.
- Highlighting key attributes and everyday skills that are transferable to coaching.
- Signposting towards next steps and potential opportunities.



The brand new 'Stepping over the Sidelines' workshop will be delivered across the county to support the recruitment of new female volunteers and coaches into the grassroots game.

Two dates have been arranged – visit our website for details and to register.



Women's Over 35's Football

TURN UP & PLAY EVENTS

Sunday 21 May 2023
Carlisle: Harraby 3G (pens)
10:00 – 12:00pm

MORE DATES TO
FOLLOW!



Contact

Development@CumberlandFA.com or call Helen on 01900 511800 for more information or to register an interest

FOOTBALL FOR WOMEN AGED OVER 35

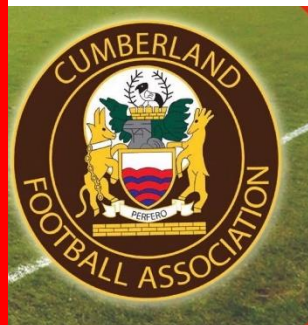
Cumberland FA have already delivered 2 FREE taster sessions giving women aged 35 and over an opportunity to come along in a friendly and fun environment to have a kick about.

Any women aged 35 and over are invited to come along and play – with any experience welcome – the events are played in a friendly atmosphere as we aim to increase the number of playing opportunities for this age group.

The Cumbria Veterans League offers more than 500 Over 35's an opportunity to play weekly throughout the summer months.

The League operates in two sections keeping the mid-week fixtures local while the League Cup and Cumbria Veterans Trophy offers cross county ties.

Get in touch if you're interested in 'pulling your boots back on!' Development@CumberlandFA.com



Cumbria Veterans League

THE JOHN TWENTYMAN SPIRIT OF CUMBERLAND FOOTBALL AWARDS

Nominations will close at 5pm on Friday 19th May

As part of our continued push towards ensuring a positive football environment for all involved within the game in Cumberland, we want to celebrate those who have displayed, through their actions, a truly memorable sporting moment that you believe deserves recognition.



These awards are open to all involved with an affiliated Cumberland clubs and you can nominate a club, a coach, a player, an official, a club or league volunteer, a spectator, a team or even a whole club, by completing a short nomination form outlining how they have demonstrated the true spirit of the game and why they merit a **John Twentyman Spirit of Cumberland Football Award**.

Who encourages respect for players and supporters on your match days?





Every
life
matters ...

www.every-life-matters.org.uk

For the past couple of seasons, Cumberland FA have been working in partnership with Every Life Matters who promote suicide safer communities and provide bereavement support across Cumbria.

We're asking Cumberland Teams to help raise awareness of Every Life Matters, Cumbria amongst players and volunteers as well as having the open conversations which could ultimately support someone in need.

Every Life Matters Training Courses Summer 2023

<p>FREE Bitesize Online Training</p> <h4>Suicide Awareness</h4> <p>Learn more about suicide and what we can all do to help</p> <ul style="list-style-type: none">1 Getting informed2 Being Aware3 Asking Directly4 Listening Carefully5 Building Support	<p>FREE 1 Hour Information session</p> <h4>Supporting childrens mental health and wellbeing</h4> <h4>For Parents & Carers</h4> <ul style="list-style-type: none">1 Mental Health2 Self-harm3 Suicide
<p>FREE Half Day Online Training</p> <h4>Self-harm Alertness</h4> <ul style="list-style-type: none">1 Getting informed2 Cycle of self harm3 Coping Strategies4 Safe Plan	<p>FREE Half Day Online Training</p> <h4>Emotional Resilience</h4> <p>Develop and enhance your own emotional literacy as a way to support others</p> <p>A Collaborating With People Training Module</p> <p>Delivered by:</p> <p>Every life matters...</p>
<p>FREE Half Day Online Training</p> <h4>Suicide First Aid</h4> <p>Understanding Suicide Interventions</p> <h4>For people living or working in South Cumbria</h4> <p>Delivered by:</p> <p>Every life matters...</p> <p>Orange Button Training</p>	<p>FREE Half Day Online Training</p> <h4>Suicide Alertness</h4> <ul style="list-style-type: none">1 Getting informed2 Being Aware3 Asking Directly4 Listening Carefully5 Building Support6 Checking-in7 Looking after Yourself <p>Orange Button Training</p>
<p>FREE Two Hour Online Training</p> <h4>Safety Planning</h4> <ul style="list-style-type: none">1 My Reasons for Living2 Making my Situation Safer3 My Warning Signs4 Lifting My Mood5 My Informal Support6 My Distractions7 Professional Support <p>Orange Button Training</p>	<h4>Orange Button Training</h4> <p>Healthier Lancashire & South Cumbria</p>

All these courses are fully funded for people living or working in Cumbria (except Youth MHFA which is heavily subsidised) and can be booked via:

[Every Life Matters Events | Eventbrite](#)

Almost £2000 has been raised by the grassroots football community across the county to support the local charity.

Find out more on how you can support your Club members and donate by clicking [HERE](#).

First Aid Supplies for Grassroots Football at Discount Prices



RECORD | ANALYSE | The Veo Camera enables football clubs, (big & small) to record & analyse their matches automatically!

With the football season drawing to a close our partners Veo Camera are already getting ready for next season!

Veo have launched a new lower cost subscription as well as offering £200* off the for Cumberland FA Affiliated Clubs



BOOK YOUR PLACE ON INTRODUCTION TO COACHING FOOTBALL

Complete the course online and
at your own pace

Gain confidence and build your
coaching skills

Create the best environments
for fun and inclusive football

Just scan the QR code
to get started:



Or visit: learn.Englandfootball.com



A free online course to help you play
a more active role in football.

[CLICK TO FIND OUT MORE](#)



Playmaker
BY ENGLAND FOOTBALL

