

# Cumberland FA

YOUR GAME, YOUR COUNTY FA...

## FRED CONWAY CUMBERLAND CUP FINAL 2023-24



**Tuesday 23 April 2024**

**Workington AFC**

**v**

**Carlisle United FC**



**ENGLAND  
FOOTBALL**



# Cumberland FA

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## County Cups

### A Message from the Chair of Cumberland FA

On behalf of the Cumberland Football Association, I would like to welcome you to the 2023/24 Fred Conway Cumberland Cup final.

This is my first season in the role as Chair, and the County Cup Finals are the pinnacle of the season. As Ben Snowdon, CEO, mentioned in his notes last year, and as another season passes, it would be remiss of us to further remember our late Chair, Fred Conway, who passed away just over a year ago. We all know just how much the Cumberland Cup Final meant to Fred, having dedicated a large part of his life to the various aspects of the grassroots game.

I would also like to pay tribute to John Rogerson, who stepped into the shoes of Chair, following the untimely loss of Fred. Steering the ship of the Cumberland Football Association following this, was never going to be an easy task, as we were left to pick up the pieces. However, John, with his experience, friendliness, and passion for the game (of course mentioning the walking football, which John is an instrumental figurehead in), he was able to lead us in one of our most challenging times as an organisation. John stepped aside as Chair formally at our AGM this year, but I would like to take this opportunity to pay tribute to his work and dedication to our beautiful game.

Congratulations to Workington AFC and Carlisle United F.C, our two highest ranked teams in the county. I think it would be fair to say, that following last season's tremendous promotion successes, that this season has been a challenge for both teams. However, there are bragging rights and the Cumberland County Cup at stake this evening, the chance to take home some silverware and give the fans something to celebrate. I wish both teams the best of luck in the final, and the very best of luck for the 2025 season. A special and warm welcome to members of the Piatak Family, who are experiencing the Cumberland Cup Final for the first time.

.....Continued.....



### **Season 2023-24**

#### **Chair**

Adam Pattison

#### **Senior INED and Interim Board Safeguarding Champion**

Jackie Rudd

#### **Directors**

John Rogerson

Steve Poole

Ian Parker

Nigel Davidson

Ben Snowdon

#### **Honorary Members**

Fred Dandy, Andrew  
Jenkins, Albert Murphy,  
John Taylor, Geoff Turrell,  
Jack Williamson, Tommy  
Jackson, Brian Taylor

#### **Chief Executive & FA Representative**

Ben Snowdon

Cumberland Football  
Association Limited  
Registered Office:  
Unit 3 & 4, Tithe House,  
Station Street,  
Cockermouth, Cumbria  
CA13 9QW

To the third team on the field of play, the match officials, Scott Henry, Paul Stephenson, Michael Studholme and Callum Black, congratulations on your appointment, and best of luck for today's game. Scott achieved a mid-season promotion to Step 1, which was a fantastic achievement, and now operates as an Assistant Referee on the National League.

As an active match official myself, I know only too well how special these appointments are. They are earned on merit, performance, and availability throughout the season. Very best of luck for the game and for the next season!

A special mention to our hosts today Workington AFC for providing first class hospitality to our teams, match officials and spectators. Our thanks to you all for looking after us, and for hosting the Fred Conway Cumberland Cup Final. A huge thank you your volunteers for their unwavering support to your club throughout the season. Clubs and communities are run on these unsung heroes, who make the match day experience possible, and without them too, this wouldn't be the game that we love.

Finally, I just wanted to say, that Football is for us all. We all have a part to play in the beautiful game to make this an enjoyable experience for all involved. Irrespective of the result today, please make sure that we show the respect that the game deserves.

Adam Pattison  
Chair, Cumberland FA



*Cumberland FA would like to  
give a huge Thank You to our  
host's Workington AFC for  
today's Fred Conway  
Cumberland Cup Final!*

*Workington AFC will be hosting all  
3 Senior Finals this season!*





# Cumberland FA Cup Finals

## Season 2023-24



DATE	COMPETITION / VENUE	FIXTURE	OFFICIALS
Sunday 24 March	<b>Under 16 Girls County Cup</b> Workington AFC	<b>Carlisle Lionesses - 2</b> Whitehaven AFC Juniors U16 – 1	Referee: Adam Sowden Assistant Referees: Benjamin Carini & Jacob Moore 4th Official: Lillias Hodgson
Sunday 24 March	<b>Under 16 County Cup</b> Penrith AFC	Whitehaven AFC Yellow – 2 <b>Workington Juniors Blacks - 4</b>	Referee: Leigh Musgrave Assistant Referees: Aaron Roberts & Rowan Johnstone 4th Official: David Colombi
Wednesday 1 May 7:00pm	<b>Women's Cup</b> Workington AFC	Workington Reds Ladies v Penrith AFC Ladies	Referee: Craig Bennison Assistant Referees: Christian Ndubuisi & Claire Hebdige 4th Official: Ryan Dougan
Sunday 5 May 11:00am	<b>Sunday Cup</b> Workington AFC	Parkside v Northside	Referee: Paul Stephenson Assistant Referees: Cameron Sealby & Austen Davidson 4th Official: Ian Millburn
Friday 10 May 6:30pm	<b>Under 18 County Cup</b> Penrith AFC	Workington Juniors U17 Whites v Whitehaven AFC Juniors U18	Referee: Trevor Bethwaite Assistant Referees: Ben Whitfield & Sarah-Jayne Smith 4th Official: Graham Young
Saturday 11 May 11:00 am	<b>Under 12 County Cup</b> Keswick FC	Crusaders U12 Blue v Workington Juniors U12 Reds	Referee: Ben McDermott Assistant Referees: Matthew McClean & Jak Little 4th Official: Thomas Doswell
Saturday 11 May 2:00pm	<b>Under 14 County Cup</b> Keswick FC	Stanwix Juniors U14 FC v Windscale Juniors U14 Blues	Referee: Thomas Doswell Assistant Referees: Matthew McClean & Jak Little 4th Official: Scott Taylor
Sunday 12 May 11:00am	<b>Under 12 Girls County Cup</b> Keswick FC	Whitehaven AFC U11 Girls v Stanwix U12 Girls FC	Referee: Josie Wright Assistant Referees: Lillias Hodgson 7 Izzy Scott-Lamont 4th Official: Jade Taylor
Sunday 12 May 2:00pm	<b>Under 14 Girls County Cup</b> Keswick FC	Silloth Juniors U13 Girls v Unisun Athletic Juniors U14 Girls	Referee: Jade Taylor Assistant Referees: Lillias Hodgson 7 Izzy Scott-Lamont 4th Official: Josie Wright



## TODAY'S MATCH OFFICIALS

FRED CONWAY CUMBERLAND CUP	
Referee	Scott Henry
Assistant Referee	Paul Stephenson
	Michael Studholme
Fourth Official	Callum Black

Workington AFC will be aiming to hold onto the Fred Conway Cumberland Cup Trophy which they won emphatically last season beating Penrith AFC 9-1. We are expecting a much closer score line in the 2023-24 Final which brings together the two highest ranked Clubs in Cumberland.

**Between tonight's Finalists, Workington AFC have won the competition 27 times (15 as Workington AFC and 12 as Workington) with Carlisle United on 26 wins.**

This will be the 11<sup>th</sup> Cumberland Cup Final meeting between Workington AFC and Carlisle United since the competition began in 1885-86; with Workington AFC crowned Champions 7 times and Carlisle United FC 3 times.

Workington AFC lifted the trophy in 2006-07, 1999-2000, 1936-37, 1934-35, 1909-10 and 1906-7 while during these meetings Carlisle United FC were crowned Champions in 1929-30, 1923-24, 1908-09.

**Borough Park, the home of Workington AFC last hosted the Cumberland Cup Final in 2005-06 when Workington AFC defeated Carlisle City 1-0 thanks to a goal from Broadley.**

Since 2006-07 the Final has been held at Brunton Park, home of Carlisle United FC.

The History of the Cumberland Cup has been documented in a fantastic book written by Barry Hoggarth documenting the competition from 1886 to 2019.

**No alcohol or pyrotechnics or flares are allowed and in line with FA regulations action will be taken against Club's if this occurs at the Final.**

# Mr Fred Conway

**It is coming up to 18 months since the death of Fred and this is now the second final since the competition was named in his honour.**

Whilst it makes no sense, in all honesty reflecting back, the shock of his sudden passing seems like it was only yesterday, but at the same time it feels like it has been a lot longer than 18 months.

Don't get me wrong there have been a number of occasions during this time when him not being here has probably saved me an expletive based rant about something within the grassroots game that he, shall we say didn't quite like or agree with.

However, there have been so many more times when I would give anything for the door to my office to fly open and for a profanity laced exchange to occur.

It has understandably taken individuals and the County FA time to try and process the loss of Fred. However, more than anyone, he would want to ensure that life and more specifically the County FA and the grassroots game, which he devoted his life too, continued without him.

And, whilst I know he would not be happy with everything in the game at the moment, I hope and think that he would know that the influence he has had on the staff, board and wider grassroots football community, means that his desire to place the best interests of the game, and more specifically the interest of the game in Cumberland above anything else, continues to drive our shared passion and direction.

**The All Blacks Rugby Union team speak about being a good ancestor by planting trees that you'll never see, this follows the philosophy that we are all standing on the shoulders of giants and must take responsibility in playing our part in making a better future.**

They also receive a small black book when joining the team, which details on each page the jersey's of the All Black teams from the 1905 originals, right up to the modern day. These pages are layered with meaning. They remind you of the legacy you are about to step into.

**I think, in a way, this is why Fred loved this competition so much. It reminded him of the huge characters that have gone before him and their influence upon the principles, values, standards, and overall character of Cumberland FA.**

The next few pages of this book are left blank in order for you to write your legacy, or as the author James Kerr states within his fantastic book, Legacy, that, "It's time to make your mark. Your contribution. It's time to leave a legacy. Your legacy. It's your time."

**Tonight, the final of the Fred Conway Cumberland Cup will not only give us all a chance to reflect on Fred's impact, but to also ask ourselves what legacy will we leave to future generations.....**



**Words by Ben Snowdon**



## CUMBERLAND FA & BRITISH HEART FOUNDATION

Cumberland FA have teamed up with the British Heart Foundation to raise awareness of their fantastic work and promote the potentially lifesaving RevivR training across the Cumberland grassroots football community, as well as help raise vital funds for their groundbreaking research.

The partnership has been ongoing throughout the 2023-24 season.

The partnership has meant Cumberland FA has shared information throughout the season to support the understanding of health information linked to the heart as well as provide opportunities for Clubs, Teams, Match Officials and Individuals to get involved in fundraising and coordinate the grassroots football community into action.

As part of the partnership, Cumberland Clubs who are at the hub of their communities have the opportunity to get involved by selling pin badges or housing collection boxes within their club houses (*"Buy a drink for a loved one"* donations) and / or become a hub for BHF charity shop donations collection.

These are just two ideas where there are potentially huge gains for the BHF with little additional work from the Club's themselves. In the midst of the cost-of-living crisis we're keen to offer our support to this vital charity without over burdening our Clubs. **If everyone can do a little, it can go a long way!**

Email [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) for your Club to get involved!

#CUMBERLANDRESTARTAHEART #RESTARTAHEART  
#SAVEADONATEADOMINATE!



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**We're delighted to announce our new small-sided goal partnership, which benefits Cumberland Clubs and Players**

Through our brand-new partnership with [BazookaGoal](https://www.bazookagoal.co.uk), Cumberland FA affiliated members (Clubs and Leagues) will be eligible to receive a **20% discount** on all BazookaGoal products!

BazookaGoal is a new generation solid frame pop up goal. It is ideal for skills training and is used by clubs and academies all over Europe.

## First Aid Supplies for Grassroots Football at Discount Prices





## REFEREE ARMBAND INITIATIVE

The armbands act as a visual reminder to Coaches, Players and Spectators that the Match Official is New to Refereeing or a Child.

Ben Snowdon, Cumberland FA CEO commented on what the armband initiative brings to Cumberland Football:

“The armbands were devised as part of our commitment to Safeguarding. They act as a visual reminder to coaches, players and spectators that the individual wearing them are new to refereeing, have less experience and, like everyone else learning something new, will make mistakes.

**They support the FA Respect programme and our responsibility to creating the safe and positive environment that in turn leads to an enjoyable experience for all.”**



## RESPECT NEEDS YOU



**The FA's Respect Programme is based on a collective responsibility to promote what is good about football and deal with anything that diminishes the nation's favourite game.**

**Whether you're a Referee, a Player, a Coach, a Parent, a Spectator or a Club or League Official we all have a responsibility to create a fair, safe and enjoyable environment in which children can play football.**

**For more information visit**  
**<https://www.EnglandFootball.com/explore/inclusive-football/Respect>**

# **TEAM NEWS**

**The Route to the Final**

**Coach / Manager**

**Squad**

**A Short History**

**Team Photo**

# CUMBERLAND CUP FINALIST

2023 / 24

**WORKINGTON AFC**



## Route to the Final

Round One	<b>WORKINGTON AFC</b>	1 – 0	Gosforth FC
Round Two	Dearham United	0 – 5	<b>WORKINGTON AFC</b>
Q/Final	<b>WORKINGTON AFC</b>	3 - 0	Unisun Athletic
Semi Final	Maryport Athletic	0 – 3	<b>WORKINGTON AFC</b>

**MANAGER | Danny Grainger**

**ASSISTANT MANAGERS | Conor Tinnion | Jamie Devitt | Billy Redden**

**TONIGHT'S SQUAD WILL BE CHOSEN FROM THE FOLLOWING PLAYERS:**



**Jim Atkinson**  
**Danny Eccles**  
**Greg McCaragher**  
**Finlay Wallbank**  
**Sam Smith**  
**Aidy Roxburgh**  
**Zak Walker**  
**Bobby Carroll**  
**Ceirán Casson**  
**Conor Tinnion**  
**Scott Allison**  
**Steven Rigg**  
**David Symington (captain)**  
**Lewis Reilly**  
**Callum Bell**  
**Sam Christian**





Formed in 1884 and re-formed in 1921, Workington AFC have been Cumberland Champions 27 times and runners up 12 times.

Following last season's promotion Workington AFC have already guaranteed their place in the Northern Premier League, Premier Division for next season with one fixture remaining.

In Danny Grainger's penultimate game for Workington AFC, he will be aiming to retain the Trophy they won emphatically in last year's Final!

Workington AFC's route to the Final saw them play Cumberland County League opposition in each Round.

Aran Fitzpatrick, Jake Allan and Sam Hetherington have spent the last few months playing for Reds but could feature for their parent club, Carlisle United, in this evening's Final!

Workington last played Carlisle United in the final back in 2007 and emerged 2-1 winners after extra time at Brunton Park. They last met each other in a Borough Park final in 2000 with Reds coming out on top, 2-0.

# CUMBERLAND CUP FINALIST

2023 / 24

**CARLISLE UNITED FC**



## Route to the Final

Round One	Carlisle City	1 – 1 2 - 4 PENS	<b>CARLISLE UNITED FC</b>
Round Two	Aspatria	1 - 4	<b>CARLISLE UNITED FC</b>
Quarter Final	Penrith AFC	1 - 4	<b>CARLISLE UNITED FC</b>
Semi Final	<b>CARLISLE UNITED FC</b>	13 - 0	Whitehaven Miners Social

**MANAGER | Gavin Skelton**

**ASSISTANT MANAGER | Mark Birch**

## TONIGHT'S SQUAD WILL BE CHOSEN FROM THE FOLLOWING PLAYERS:

Tomas Holy	Jack Robinson	Jacob Barry
Fin Back	Max Kilsby	Will Maddison
Jack Armer	Dylan McGeouch	James Walsh
Sam Lavelle	Jon Mellish	Josh O'Brien
Paul Huntington	Kai Nugent	Sam Hetherington
Jordan Gibson	Sean Maguire	Jake Allan
Callum Guy	Jokull Andresson	Romeo Park
Georgie Kelly	Ben Barclay	Aran Fitzpatrick
Alfie McCalmont	Jack Diamond	Robbie Swinburn
Dan Butterworth	Josh Kayode	Dan Hopper
Terry Ablade	Josh Emmanuel	Freddie O'Donoghue
Gabriel Breeze	Harrison Neal	Mason Fleming
Taylor Charters	Luke Armstrong	Thomas Randall
Jayden Harris	Josh Vela	James Murray
Corey Whelan	Anton Dudik	Trent Chapman
Jack Ellis	Harry Lewis	Bobby Skinner
		Will Nicholson







Carlisle United's origins can be traced back to 17 May 1904 and the annual meeting of Shaddongate United when members of the club voted to change their name to Carlisle United.

In 1905, they joined the Lancashire Combination and four years later moved to Brunton Park. From 1910 they competed in the North Eastern League, winning the title in 1922. In 1928, Carlisle United replaced Durham City in the Football League.

Carlisle's first fixture on 25 August 1928 saw a 3-2 victory at Accrington Stanley. A week later they overcame Hartlepool 8-0. This is still the record victory although equalled in 1952 when Scunthorpe were also beaten 8-0.

In 1962, Carlisle clinched promotion for the first time in their history. This proved to be a false dawn and twelve months later United returned to Division Four. Early in 1963, Alan Ashman was appointed manager and the following year Carlisle were promoted again. A record 113 goals were scored and with 39, Hugh McIlmoyle became the country's top scorer.

United were promoted to the First Division (now the Premier League) for the 1974/75 season and this remains as their only ever appearance in the top flight. In the words of Bill Shankly, it was 'the greatest feat in the history of the game'.

A club steeped in history and drama – none less so than with one of football's iconic moments when keeper Jimmy Glass scored with the last kick of the season in May 1999 – it spent one season out of the Football League, but won promotion back from the Conference at the first attempt in season 2004/05.

A proud Football League Trophy history saw them make a record sixth appearance in the final at Wembley in 2011 where they secured their second success by lifting the trophy with a 1-0 victory over Brentford.





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Formed in 2011, the Adult **Ability Counts League** offers regular playing opportunities to disabled players aged 16 and over. The Junior section began the monthly fixture programme in 2019 following some fantastic work from the local Club network offering youth players the opportunity to play regularly.

We're delighted to welcome onboard Komatsu this year to support the Leagues which have been renamed '**The Komatsu Ability Counts League**'

Fixtures are held once a month between March and October, with teams from across Cumberland taking part at a central venue.

The Adult Komatsu Ability Counts League initial seeding event took place last month with the first League fixture event taking place on Tuesday 14 May.

The Junior Komatsu Ability Counts League has begun with U8s, U12s and U16s taking part in the opening festival in Penrith last month – with another event this Sunday!

**KOMATSU**  
Creating value together



**Ability  
Counts  
League**



# THE ANDREA BUGGY WOMEN'S LEAGUE

Every  
life  
matters...

Supported by Every Life Matters, Cumbria



The 9 v 9 midweek league is played from April to September offering regular playing opportunities for girls and women aged 16 and over across the County.

For 2024 there are 12 teams playing weekly with almost 200 female players enjoying the format of the game.

It's open to all ages (16+) with many players returning to the game or starting their football journey in the League.

ENGLAND FOOTBALL  
LEARNING

## Stepping over the sidelines

Building confidence across historically underrepresented groups to take the step into coaching.

- Addressing pre-conceived ideas of what it means to be a coach.
- Highlighting key attributes and everyday skills that are transferable to coaching.
- Signposting towards next steps and potential opportunities.



The 'Stepping over the Sidelines' workshop will be delivered across the county to support the recruitment of new female volunteers and coaches into the grassroots game.

Two dates have been arranged this summer – visit our website for details and to register.



ENGLAND  
FOOTBALL

## Women's Over 35's Football

### TURN UP & PLAY EVENTS

Sunday 14 April 2024  
Lakes College, WORKINGTON | 2–3:30pm

Sunday 21 April 2024  
Penrith AFC, PENRITH | 10:30am – 12

Sunday 28 April 2024  
Harraby 3G, CARLISLE | 3 – 4:30pm

Sunday 12 May 2024  
Harraby 3G, CARLISLE | 3 – 4:30pm

Sunday 19 May 2024  
Lakes College, WORKINGTON | 11am – 12:30pm



MORE DETAILS  
& REGISTER →



SCAN ME

Contact

[Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) or call  
Helen on 01900 511800 for more information

## FOOTBALL FOR WOMEN AGED OVER 35

Cumberland FA have delivered 15 FREE taster sessions giving women aged 35 and over an opportunity to come along in a friendly and fun environment to have a kick about since March 2023 with more than 100 women taking part across the county.

The sessions are a perfect way to get some exercise, have some laughs and meet new people. Women aged 35 and over are invited to come along and play – with any experience welcome.

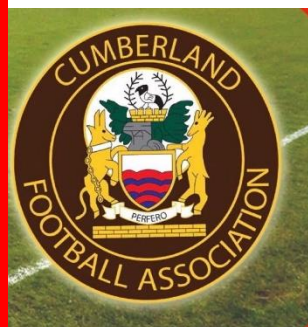
The events are played in a friendly atmosphere as we aim to increase the number of playing opportunities for this age group.



The Cumbria Veterans League offers more than 500 Over 35's an opportunity to play weekly throughout the summer months.

The League operates in two sections keeping the mid-week fixtures local while the League Cup and Cumbria Veterans Trophy offers cross county ties.

Get in touch if you're interested in 'pulling your boots back on!' [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com)



# Cumbria Veterans League



## Cumberland FA Walking Football Programme 2024

### SEASON OPENER FESTIVAL TEAM ENTRIES

Carlisle United Blues  
Carlisle United Greens  
Cockermouth

Gretna Walking Football  
Millom Ironworks

WAFC Strollers

Workington St Joseph's Blue  
Workington St Joseph's Black

The **Cumberland FA Walking Football League** began across Cumberland in 2019 with players aged 50+ playing regular festival and league fixtures at central venues.

Contact

[Ray.Sempill@CumberlandFA.com](mailto:Ray.Sempill@CumberlandFA.com)

for more details or 01900 511800

If you'd like to join a team or find out more email [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) or call Ray on 01900 511800



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# Every life matters...

## [www.every-life-matters.org.uk](http://www.every-life-matters.org.uk)

For a number of seasons, Cumberland FA have been working in partnership with Every Life Matters who promote suicide safer communities and provide bereavement support across Cumbria.

We're asking Cumberland Teams to help raise awareness of Every Life Matters, Cumbria amongst players and volunteers as well as having the open conversations which could ultimately support someone in need.

### Every Life Matters Training Courses

**FREE Bitesize Online Training**  
**Suicide Awareness**  
Learn more about suicide and what we can all do to help

- 1 Getting informed
- 2 Being Aware
- 3 Asking Directly
- 4 Listening Carefully
- 5 Building Support

**FREE 1 Hour Information session**  
**Supporting childrens mental health and wellbeing**  
**For Parents & Carers**

- 1 Mental Health
- 2 Self-harm
- 3 Suicide

**FREE Half Day Online Training**  
**Self-harm Alertness**

- 1 Getting informed
- 2 Cycle of self harm
- 3 Coping Strategies
- 4 Safe Plan

**FREE Half Day Online Training**  
**Emotional Resilience**  
Develop and enhance your own emotional literacy as a way to support others  
A Collaborating With People Training Module  
Delivered by:  
**Every life matters...**

**FREE Half Day Online Training**  
**Suicide First Aid**  
Understanding Suicide Interventions  
**For people living or working in South Cumbria**  
Delivered by:  
**Every life matters...**  
**Orange Button Training**

**FREE Half Day Online Training**  
**Suicide Alertness**

- 1 Getting informed
- 2 Being Aware
- 3 Asking Directly
- 4 Listening Carefully
- 5 Building Support
- 6 Checking in
- 7 Looking after Yourself

**Orange Button Training**

**FREE Two Hour Online Training**  
**Safety Planning**

- 1 My Reasons for Living
- 2 Making my Situation Safer
- 3 My Warning Signs
- 4 Lifting My Mood
- 5 My Emotional Support
- 6 My Distractions
- 7 Professional Support

**Orange Button Training**

**Orange Button Training**  
Healthier Lancashire & South Cumbria

All these courses are fully funded for people living or working in Cumbria (except Youth MHFA which is heavily subsidised) and can be booked via Eventbrite or For in-house sessions or other enquiries [training@every-life-matters.org.uk](mailto:training@every-life-matters.org.uk)

#### [Every Life Matters Training](http://www.every-life-matters.org.uk)

Almost £2000 has been raised by the grassroots football community across the county to support the local charity.

Find out more on how you can support your Club members and donate by clicking [HERE](#).

*Who encourages respect for  
players and supporters  
on your match days?*



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A free online course to help you play  
a more active role in football.

**CLICK TO FIND OUT MORE**



# What would you do if somebody's heart stopped?

Many of us will witness a  
cardiac arrest in our lifetime.  
Be ready for that day.

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for free with just your mobile  
and a cushion.

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RevivR™



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**In this season's competition, 120 goals have been scored on the way to the Final with 11 hatricks from scorers of 7 different teams throughout the rounds.**

**Round 1:** Travis Fyfe (Whitehaven AFC), Kingsley Grandison (Penrith AFC), Alfie Brunskill (Penrith AFC), Lewis Selkirk (Windscale AFC) and Lewis Jolly (Windscale AFC)

**Round 2:** Cain Pears (Workington AFC) and Aaron Collier (Alston Moor FC)

**Quarter Final:** Jamie Thursby (Whitehaven Miners)

**Semi Final:** Alfie McCalmont, Sean Maguire and Dan Butterworth (all Carlisle United FC)



# Cumberland FA

## County Cups

### TEAMS STATS

No.		Sub	Goal	No.		Sub	Goal

OFFICIALS	FRED CONWAY CUMBERLAND CUP
Referee	Scott Henry
Assistant Referee	Paul Stephenson
	Michael Studholme
Fourth Official	Callum Black

Visit us at [www.CumberlandFA.com](http://www.CumberlandFA.com)

Find us on Facebook [www.facebook.com/cumberlandfa](https://www.facebook.com/cumberlandfa)

Follow us on Twitter and Instagram @CumberlandFA

