

# Cumberland FA

YOUR GAME, YOUR COUNTY FA...

**SUNDAY CUP FINAL**  
**2023-24**

*Cumberland  
Football Association  
Sunday Cup  
Competition*

**Sunday 5 May 2024**

**Parkside FC**

**v**

**Northside FC**



**ENGLAND  
FOOTBALL**



# Cumberland FA

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## County Cups

### A Message from the Chair of Cumberland FA

**On behalf of the Cumberland Football Association, I would like to welcome you to the 2023-24 Sunday County Cup Final.**

This is my first season in the role as Chair, and the County Cup finals are the pinnacle of the season. As Ben Snowdon, CEO, mentioned in his notes last year, and as another season passes, it would be remiss of us to further remember our late Chair, Fred Conway, who passed away just over a year ago. We all know just how much the County Cup's meant to Fred, having dedicated a large part of his life to the various aspects of the grassroots game.

I would also like to pay tribute to John Rogerson, who stepped in to the shoes of Chair, following the untimely loss of Fred. Steering the ship of the Cumberland Football Association following this, was never going to be an easy task, as we were left to pick up the pieces. However, John, with his experience, friendliness, and passion for the game (of course mentioning the walking football, which John is an instrumental figurehead in), he was able to lead us in one of our most challenging times as an organisation. John stepped aside as Chair formally at our AGM this year, but I would like to take this opportunity to pay tribute to his work and dedication to our beautiful game.

Congratulations to Parkside FC and Northside FC who both compete in the newly formed West Cumberland Sunday League. With Northside FC lifting the League Trophy and Parkside FC finishing runners up, both the clubs have also already tasted silverware in respective cup competitions this season. This is the first Sunday County Cup Final, whereby two teams from West Cumbria have competed in the final in 17 years. Following challenging ties in the quarter finals and semi-finals for both sides, we wish them all the very best in today's final.

A special mention to the coaches, volunteers and parents for their unwavering dedication to grassroots football throughout the season, and I hope you enjoy the game. The game would not be possible without your support, hard work, and I thank you for all your sacrifices you have made over the season.

.....Continued.....



### **Season 2023-24**

#### **Chair**

Adam Pattison

#### **Senior INED and Interim Board Safeguarding Champion**

Jackie Rudd

#### **Directors**

John Rogerson

Steve Poole

Ian Parker

Nigel Davidson

Ben Snowdon

#### **Honorary Members**

Fred Dandy, Andrew

Jenkins, Albert Murphy,

John Taylor, Geoff Turrell,

Jack Williamson, Tommy

Jackson, Brian Taylor

#### **Chief Executive & FA Representative**

Ben Snowdon

Cumberland Football

Association Limited

Registered Office:

Unit 3 & 4, Tithe House,

Station Street,

Cockermouth, Cumbria

CA13 9QW

To the third team on the field of play, the match officials, Paul Stephenson, Cameron Sealby, Austen Davidson and Ian Milburn congratulations on your appointment, and best of luck for today's game. As an active match official myself, I know only too well how special these appointments are. They are earned on merit, performance, and availability throughout the season. Very best of luck for the game and for the next season!

**A special mention to our hosts today Workington AFC for providing first class hospitality to our teams, match officials and spectators.** Our thanks to you all for looking after us, and for hosting the Sunday County Cup Final. A huge thank you to your volunteers for their unwavering support to your club throughout the season. Clubs and communities are run on these unsung heroes, who make the match day experience possible, and without them too, this wouldn't be the game that we love.

Finally, I just wanted to say, that Football is for us all. We all have a part to play in the beautiful game to make this an enjoyable experience for all involved. **Irrespective of the result today, please make sure that we show the respect that the game deserves.**

Adam Pattison

Chair, Cumberland FA

**NO ALCOHOL, PYROTECHNICS OR FLARES are allowed to be brought into the ground and in line with FA regulations action will be taken against Club's if this occurs at the Final.**

**Due to licensing laws, Alcohol will be served from 12 noon.**





# Cumberland FA Cup Finals

## Season 2023-24



DATE	COMPETITION / VENUE	FIXTURE	OFFICIALS
Sunday 24 March	<b>Under 16 Girls County Cup</b> <b>Workington AFC</b>	<b>Carlisle Lionesses - 2</b> Whitehaven AFC Juniors U16 – 1	Referee: Adam Sowden Assistant Referees: Benjamin Carini & Jacob Moore 4th Official: Lillias Hodgson
Sunday 24 March	<b>Under 16 County Cup</b> <b>Penrith AFC</b>	Whitehaven AFC Yellow – 2 <b>Workington Juniors Blacks - 4</b>	Referee: Leigh Musgrave Assistant Referees: Aaron Roberts & Rowan Johnstone 4th Official: David Colombi
Tuesday 23 April 7:00pm	<b>Fred Conway Cumberland Cup</b> <b>Workington AFC</b>	<b>Workington AFC – 1</b> Carlisle United FC - 0	Referee: Scott Henry Assistant Referees: Paul Stephenson & Michael Studholme 4th Official: Callum Black
Sunday 1 May 7:00pm	<b>Women's Cup</b> <b>Workington AFC</b>	Workington Reds Ladies - 1 <b>Penrith AFC Ladies - 2</b>	Referee: Craig Bennison Assistant Referees: Christian Ndubuisi & Claire Hebdige 4th Official: Ryan Dougan
Friday 10 May 6:30pm	<b>Under 18 County Cup</b> <b>Penrith AFC</b>	Workington Juniors U17 Whites v Whitehaven AFC Juniors U18	Referee: Trevor Bethwaite Assistant Referees: Ben Whitfield & Sarah-Jayne Smith 4th Official: Graham Young
Saturday 11 May 11:00 am	<b>Under 12 County Cup</b> <b>Keswick FC</b>	Crusaders U12 Blue v Workington Juniors U12 Reds	Referee: Ben McDermott Assistant Referees: Matthew McClean & Jak Little 4th Official: Thomas Doswell
Saturday 11 May 2:00pm	<b>Under 14 County Cup</b> <b>Keswick FC</b>	Stanwix Juniors U14 FC v Windscale Juniors U14 Blues	Referee: Thomas Doswell Assistant Referees: Matthew McClean & Jak Little 4th Official: Scott Taylor
Sunday 12 May 11:00am	<b>Under 12 Girls County Cup</b> <b>Keswick FC</b>	Whitehaven AFC U11 Girls v Stanwix U12 Girls FC	Referee: Josie Wright Assistant Referees: Lillias Hodgson & Izzy Scott-Lamont 4th Official: Jade Taylor
Sunday 12 May 2:00pm	<b>Under 14 Girls County Cup</b> <b>Keswick FC</b>	Silloth Juniors U13 Girls v Unisun Athletic JFC U14 Girls	Referee: Jade Taylor Assistant Referees: Lillias Hodgson & Izzy Scott-Lamont 4th Official: Josie Wright



## TODAY'S MATCH OFFICIALS

SUNDAY COUNTY CUP	
Referee	Paul Stephenson
Assistant Referee	Cameron Sealby
	Austen Davidson
Fourth Official	Ian Millburn

In their first season, **Parkside FC** have reached the Cumberland FA Sunday Cup Final setting up a West v West Final for the first time in 17 years and have finished runners up in the West Cumberland Sunday League, Premier Division.

This will be the fifth meeting between the two teams this season, with both sides winning two apiece with 15 goals scored.

### Previous Meetings:

League – Parkside FC 1 – 2 **Northside FC** / Northside FC 1 – 2 **Parkside FC**

Cup – **Parkside FC** 5 – 2 Northside FC / **Northside FC** 2 – 0 Parkside FC

**Northside FC** make their second appearance in the Sunday Cup Final, losing to Inter Pirelli on penalties in 2019-20.

Northside FC have this week been crowned West Cumberland Sunday League, Premier Division Champions in its inaugural season!



*Cumberland FA would like to give a huge Thank You to our host's Workington AFC for today's Sunday Cup Final!*

*Workington AFC will be hosting all Senior Finals this season!*

# Mr Fred Conway

**It is coming up to 18 months since the death of Fred and the recent Cumberland Cup Final was the second since the competition was named in his honour.**

Whilst it makes no sense, in all honesty reflecting back, the shock of his sudden passing seems like it was only yesterday, but at the same time it feels like it has been a lot longer than 18 months.

Don't get me wrong there have been a number of occasions during this time when him not being here has probably saved me an expletive based rant about something within the grassroots game that he, shall we say didn't quite like or agree with.

However, there have been so many more times when I would give anything for the door to my office to fly open and for a profanity laced exchange to occur.

It has understandably taken individuals and the County FA time to try and process the loss of Fred. However, more than anyone, he would want to ensure that life and more specifically the County FA and the grassroots game, which he devoted his life too, continued without him.

And, whilst I know he would not be happy with everything in the game at the moment, I hope and think that he would know that the influence he has had on the staff, board and wider grassroots football community, means that his desire to place the best interests of the game, and more specifically the interest of the game in Cumberland above anything else, continues to drive our shared passion and direction.

**The All Blacks Rugby Union team speak about being a good ancestor by planting trees that you'll never see, this follows the philosophy that we are all standing on the shoulders of giants and must take responsibility in playing our part in making a better future.**

They also receive a small black book when joining the team, which details on each page the jersey's of the All Black teams from the 1905 originals, right up to the modern day. These pages are layered with meaning. They remind you of the legacy you are about to step into.

**I think, in a way, this is why Fred loved the competition so much. It reminded him of the huge characters that have gone before him and their influence upon the principles, values, standards, and overall character of Cumberland FA.**

The next few pages of this book are left blank in order for you to write your legacy, or as the author James Kerr states within his fantastic book, Legacy, that, "It's time to make your mark. Your contribution. It's time to leave a legacy. Your legacy. It's your time."

**Last week, the final of the Fred Conway Cumberland Cup not only give us all a chance to reflect on Fred's impact, but to also ask ourselves what legacy will we leave to future generations.....**



**Words by Ben Snowdon**



## CUMBERLAND FA & BRITISH HEART FOUNDATION

Cumberland FA have teamed up with the British Heart Foundation to raise awareness of their fantastic work and promote the potentially lifesaving RevivR training across the Cumberland grassroots football community, as well as help raise vital funds for their groundbreaking research.

The partnership has been ongoing throughout the 2023-24 season.

The partnership has meant Cumberland FA has shared information throughout the season to support the understanding of health information linked to the heart as well as provide opportunities for Clubs, Teams, Match Officials and Individuals to get involved in fundraising and coordinate the grassroots football community into action.

As part of the partnership, Cumberland Clubs who are at the hub of their communities have the opportunity to get involved by selling pin badges or housing collection boxes within their club houses (*"Buy a drink for a loved one"* donations) and / or become a hub for BHF charity shop donations collection.

These are just two ideas where there are potentially huge gains for the BHF with little additional work from the Club's themselves. In the midst of the cost-of-living crisis we're keen to offer our support to this vital charity without over burdening our Clubs. **If everyone can do a little, it can go a long way!**

Email [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) for your Club to get involved!

#CUMBERLANDRESTARTAHEART #RESTARTAHEART  
#SAVEADONATEADONATE



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British Heart  
Foundation



LADIES



Proud to Support the  
British Heart Foundation  
with the 50 for 50 Campaign



U9 Whites



REDS LADIES



British Heart  
Foundation



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**DISCOUNTED PRICES ON  
SMALL-SIDED FOOTBALL GOALS**

**ORDER HERE**

**We're delighted to announce our new small-sided goal partnership, which benefits  
Cumberland Clubs and Players**

Through our brand-new partnership with [BazookaGoal](https://www.bazookagoal.co.uk/), Cumberland FA affiliated members (Clubs and Leagues) will be eligible to receive **a 20% discount** on all BazookaGoal products!

BazookaGoal is a new generation solid frame pop up goal. It is ideal for skills training and is used by clubs and academies all over Europe.

## First Aid Supplies for Grassroots Football at Discount Prices





## REFEREE ARMBAND INITIATIVE

The armbands act as a visual reminder to Coaches, Players and Spectators that the Match Official is New to Refereeing or a Child.

Ben Snowdon, Cumberland FA CEO commented on what the armband initiative brings to Cumberland Football:

“The armbands were devised as part of our commitment to Safeguarding. They act as a visual reminder to coaches, players and spectators that the individual wearing them are new to refereeing, have less experience and, like everyone else learning something new, will make mistakes.

**They support the FA Respect programme and our responsibility to creating the safe and positive environment that in turn leads to an enjoyable experience for all.”**



## RESPECT NEEDS YOU



**The FA's Respect Programme is based on a collective responsibility to promote what is good about football and deal with anything that diminishes the nation's favourite game.**

**Whether you're a Referee, a Player, a Coach, a Parent, a Spectator or a Club or League Official we all have a responsibility to create a fair, safe and enjoyable environment in which children can play football.**

**For more information visit**  
**<https://www.englishfootball.com/explore/inclusive-football/Respect>**

# **TEAM NEWS**

**The Route to the Final**

**Coach / Manager**

**Squad**

**A Short History**

**Team Photo**

# SUNDAY CUP FINALIST

2023 / 24

PARKSIDE FC



## Route to the Final

	<b>PARKSIDE FC</b>	H - W	Blue Bell FC
	Moresby Rangers	1 – 3	<b>PARKSIDE FC</b>
Q/Final	<b>PARKSIDE FC</b>	1-1 3-2 (AET)	Inter Pirelli
Semi Final	<b>PARKSIDE FC</b>	2 – 0	Jovial Sailor

**MANAGEMENT | Peter Little | Gareth McCarron | Daryl Fearon**

**FIRST AID | Dean McGonagle**

## TONIGHT'S SQUAD WILL BE CHOSEN FROM THE FOLLOWING PLAYERS:

Craig Devine  
Tom Sharp  
Marcus Atkinson  
Callum Jackman  
Owen Charlton  
Josh Charlton  
Reuben Butterworth  
Sean O'Neil  
Darren Johnston  
Gareth McCarron  
Jordan Little  
Jason Connery  
Thomas Ward  
Scott Davidson  
Jake Martin

Dan Williamson  
Ryan Gray  
Ryan Maguire  
Kieran Maguire  
Darren Little  
Kieran Tomlinson  
Adam Smith  
Ben McCarron  
Tom Mahone  
Luke Dunn  
Jay Weatherill  
Callum Birdsall  
Glen Meagan  
Gareth Evans  
Leigh Dunn





Parkside FC were formed in 2023 and have finished their first season as runners up in the West Cumberland Sunday League, Premier Division and have an appearance in the Cumberland FA Sunday League Final to look forward to!

Parkside FC won the Kenny Hailes Memorial Trophy defeating Thornhill FC in the Final in March, scoring 15 goals on their way to lifting the trophy!

Dean Fearon commented: *"These are the days you want involved with at the end of the season. May the best team win."*

# SUNDAY CUP FINALIST

2023 / 24

**NORTHSIDE FC**



## Route to the Final

Round 1	<b>NORTHSIDE FC</b>	9 - 0	<b>The Royal Oak FC</b>
Round 2	Sun Inn	1 – 6	<b>NORTHSIDE FC</b>
Quarter Final	Denton Holme	2-2 (3-4 AET)	<b>NORTHSIDE FC</b>
Semi Final	AFC Scotby	0-0 (3-4 PENS)	<b>NORTHSIDE FC</b>

**HEAD COACH | Jamie Moore**

**ASSISTANT COACHES | Michael Graham | Carl Glover**

## TONIGHT'S SQUAD WILL BE CHOSEN FROM THE FOLLOWING PLAYERS:

**Brodie Richardson**

**Chad Grisedale (captain)**

**Andrew Mitchell**

**Cain Pears**

**Tony Berwick**

**Jack Wilson**

**Jamie glover**

**Luke Davidson**

**Evan Stephenson**

**Harry Watson**

**Owen Birkett**

**Jamie Bramley**

**Nathan Nowak**

**Tommy Whitehead**

**Jaden Scott**

**Max Litt**

**Declan Graham**

**Callum killick**

**Byran Todd**

**Jack Nixon**

**Callum Doyle**

**Jay Connor**

**Kyle Graham**

**Antony Zajac**





Northside FC was formed by a group of friends from the Northside area in the early 2000's. This week they have been crowned inaugural West Cumberland Sunday League, Premier Division Champions following the amalgamation of the Workington & District Sunday League and the Egremont & District Sunday League.

Northside FC have won 9 Sunday Premier League Titles (8 Workington & District and 1 West Cumberland Sunday League), 8 President's Cups, 4 League Cups, 4 Divisional Cups and 2 Division 1 Titles.

Despite the trophies won during this time, this is only the second time the Club has reached the Final of the Cumberland FA Sunday Cup. The last time was in 2019-20 where they took Sunday Cup record breakers Inter Pirelli to penalties after it finished 1-1 after extra time.

With a number of younger players added to the squad, Jamie Moore commented *"The experience and youth combination we have has played a massive part this season; with that fearlessness from the youth but the experience to steady a ship when needed."*

***Special mention to everyone involved with the club getting us this far. Whether it be the lads who help with training, lads who are injured who can't play today, lads who have been part of the squad all season, the other half washing our kits on short notice and big thanks to the supporters who travel everywhere with us."***





Put it Top Bins.

KITLOCKER.COM

#UnlockYourIdentity

Formed in 2011, the Adult **Ability Counts League** offers regular playing opportunities to disabled players aged 16 and over. The Junior section began the monthly fixture programme in 2019 following some fantastic work from the local Club network offering youth players the opportunity to play regularly.

We're delighted to welcome onboard Komatsu this year to support the Leagues which have been renamed '**The Komatsu Ability Counts League**'

Fixtures are held once a month between March and October, with teams from across Cumberland taking part at a central venue.

The Adult Komatsu Ability Counts League initial seeding event took place last month with the first League fixture event taking place on Tuesday 14 May.

The Junior Komatsu Ability Counts League has begun with U8s, U12s and U16s taking part in the opening festival in Penrith last month – and this month we saw the most participants ever in #Event2 !

**KOMATSU**  
Creating value together



**Ability  
Counts  
League**



# THE ANDREA BUGGY WOMEN'S LEAGUE

Every  
life  
matters...

Supported by Every Life Matters, Cumbria



The 9 v 9 midweek league is played from April to September offering regular playing opportunities for girls and women aged 16 and over across the County.

For 2024 there are 12 teams playing weekly with almost 200 female players enjoying the format of the game.

It's open to all ages (16+) with many players returning to the game or starting their football journey in the League.

ENGLAND FOOTBALL  
LEARNING

## Stepping over the sidelines

Building confidence across historically underrepresented groups to take the step into coaching.

- Addressing pre-conceived ideas of what it means to be a coach.
- Highlighting key attributes and everyday skills that are transferable to coaching.
- Signposting towards next steps and potential opportunities.



The 'Stepping over the Sidelines' workshop will be delivered across the county to support the recruitment of new female volunteers and coaches into the grassroots game.

Two dates have been arranged this summer – visit our website for details and to register.



ENGLAND  
FOOTBALL

## Women's Over 35's Football

### TURN UP & PLAY EVENTS

Sunday 14 April 2024  
Lakes College, WORKINGTON | 2–3:30pm

Sunday 21 April 2024  
Penrith AFC, PENRITH | 10:30am – 12

Sunday 28 April 2024  
Harraby 3G, CARLISLE | 3 – 4:30pm

Sunday 12 May 2024  
Harraby 3G, CARLISLE | 3 – 4:30pm

Sunday 19 May 2024  
Lakes College, WORKINGTON | 11am – 12:30pm



MORE DETAILS  
& REGISTER

Contact

[Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) or call  
Helen on 01900 511800 for more information



SCAN ME

## FOOTBALL FOR WOMEN AGED OVER 35

Cumberland FA have delivered 15 FREE taster sessions giving women aged 35 and over an opportunity to come along in a friendly and fun environment to have a kick about since March 2023 with more than 100 women taking part across the county.

The sessions are a perfect way to get some exercise, have some laughs and meet new people. Women aged 35 and over are invited to come along and play – with any experience welcome.

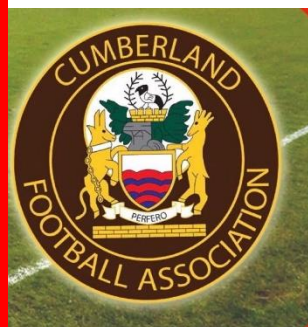
The events are played in a friendly atmosphere as we aim to increase the number of playing opportunities for this age group.



The Cumbria Veterans League offers more than 500 Over 35's an opportunity to play weekly throughout the summer months.

The League operates in two sections keeping the mid-week fixtures local while the League Cup and Cumbria Veterans Trophy offers cross county ties.

Get in touch if you're interested in 'pulling your boots back on!' [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com)



# Cumbria Veterans League



## Cumberland FA Walking Football Programme 2024

### SEASON OPENER FESTIVAL TEAM ENTRIES

Carlisle United Blues  
Carlisle United Greens  
Cockermouth

Gretna Walking Football  
Millom Ironworks

WAFC Strollers

Workington St Joseph's Blue  
Workington St Joseph's Black

The **Cumberland FA Walking Football League** began across Cumberland in 2019 with players aged 50+ playing regular festival and league fixtures at central venues.

Contact

[Ray.Sempill@CumberlandFA.com](mailto:Ray.Sempill@CumberlandFA.com)

for more details or 01900 511800

If you'd like to join a team or find out more email [Development@CumberlandFA.com](mailto:Development@CumberlandFA.com) or call Ray on 01900 511800



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VISIT **MHGOALS.COM** OR CALL **01502 711 298**





# Every life matters...

[www.every-life-matters.org.uk](http://www.every-life-matters.org.uk)

For a number of seasons, Cumberland FA have been working in partnership with Every Life Matters who promote suicide safer communities and provide bereavement support across Cumbria.

We're asking Cumberland Teams to help raise awareness of Every Life Matters, Cumbria amongst players and volunteers as well as having the open conversations which could ultimately support someone in need.

## Every Life Matters Training Courses

**FREE Bitesize Online Training**  
**Suicide Awareness**  
Learn more about suicide and what we can all do to help

- Getting informed
- Being Aware
- Asking Directly
- Listening Carefully
- Building Support

**FREE 1 Hour Information session**  
**Supporting childrens mental health and wellbeing**  
**For Parents & Carers**

- Mental Health
- Self-harm
- Suicide

**FREE Half Day Online Training**  
**Self-harm Alertness**

- Getting informed
- Cycle of self harm
- Coping Strategies
- Safe Plan

**FREE Half Day Online Training**  
**Emotional Resilience**  
Develop and enhance your own emotional literacy as a way to support others  
A Collaborating With People Training Module

Delivered by:  
**Every life matters...**

**FREE Half Day Online Training**  
**Suicide First Aid**  
Understanding Suicide Interventions  
**For people living or working in South Cumbria**

Delivered by:  
**Every life matters...**

**Orange Button Training**

**FREE Half Day Online Training**  
**Suicide Alertness**

- Getting informed
- Being Aware
- Asking Directly
- Listening Carefully
- Building Support
- Checking in
- Looking after Yourself

**Orange Button Training**

**FREE Two Hour Online Training**  
**Safety Planning**

- My Reasons for Living
- Making my Situation Safer
- My Warning Signs
- Lifting My Mood
- My Emotional Support
- My Distractions
- Professional Support

**Orange Button Training**

**Orange Button Training**  
Healthier Lancashire & South Cumbria

All these courses are fully funded for people living or working in Cumbria (except Youth MHFA which is heavily subsidised) and can be booked via Eventbrite or For in-house sessions or other enquiries [training@every-life-matters.org.uk](mailto:training@every-life-matters.org.uk)

### Every Life Matters Training

Almost £2000 has been raised by the grassroots football community across the county to support the local charity.

Find out more on how you can support your Club members and donate by clicking [HERE](#).

*Who encourages respect for  
players and supporters  
on your match days?*



## Veo Cam 3

**veo**

- ➞ HDR Video Quality
- ➞ 5G Streaming
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## RECORD | ANALYSE

The Veo Camera enables football clubs, (big & small) to record & analyse their matches automatically!

Cumberland FA Clubs, Coaches, Teams and Members are entitled to claim a £200 discount on the purchase of a Veo camera through our strategic partnership.



## BOOK YOUR PLACE ON INTRODUCTION TO COACHING FOOTBALL

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at your own pace

Gain confidence and build your  
coaching skills

Create the best environments  
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A free online course to help you play  
a more active role in football.

**CLICK TO FIND OUT MORE**



# What would you do if somebody's heart stopped?

Many of us will witness a  
cardiac arrest in our lifetime.  
Be ready for that day.

Learn CPR in 15 minutes  
for free with just your mobile  
and a cushion.

Scan the QR code or visit  
[bhf.org.uk/revivr](https://bhf.org.uk/revivr)

RevivR™



## RECORD BREAKERS

For the first time in five years, Inter Pirelli FC will not be contesting the Cumberland FA Sunday Cup Final.

Last season's win meant they became the first Cumberland Team to win 4 in a row overtaking the feat of Mirehouse AFC (2004 – 2005 – 2006).

The Carlisle based team won in 2018-19 (v Bransty Rangers), 2019-20 (v Northside), 2021-22 (v AFC Scotby) and 2022-23 (v AFC Scotby)



# Cumberland FA

## County Cups

### TEAMS STATS

No.		Sub	Goal	No.		Sub	Goal

OFFICIALS	FRED CONWAY CUMBERLAND CUP
Referee	Paul Stephenson
Assistant Referee	Cameron Sealby
	Austen Davidson
Fourth Official	Ian Millburn

Visit us at [www.CumberlandFA.com](http://www.CumberlandFA.com)

Find us on Facebook [www.facebook.com/cumberlandfa](https://www.facebook.com/cumberlandfa)

Follow us on Twitter and Instagram @CumberlandFA

