

ROLE PROFILE – ETC PHYSIOTHERAPIST/SPORTS THERAPIST

KNOWING & DOING THE JOB

This section describes the job's purpose, the outputs expected and what people in the job spend time doing

Purpose: <ul style="list-style-type: none"> • Appropriate first response and ongoing care to is delivered to players in the ETC. • Players experience a safe, secure, and supportive environment. • Be an advocate and guardian of the women's game 	
Outputs: Medical Delivery & Supervision <ul style="list-style-type: none"> • There is appropriate medical supervision for ETC players in all sessions and events • Injury time is minimised • ETC players receive high quality injury prevention, diagnosis, treatment, and rehabilitation • FA ETC criteria regarding physiotherapy / sports therapy provision is adhered to • All medical records meet the standards set by the Chartered Society of Physiotherapy, The Society of Sports Therapists, and the General Medical Council, as applicable 	Outputs: Multi-disciplinary Working & Being Part of the ETC Culture <ul style="list-style-type: none"> • Players experiencing trauma related to injury and its wider impact feel supported • Strong relationships exist between coaching staff and Physiotherapists / Sports therapists. • A common language exists for describing player performance and attributes
<ul style="list-style-type: none"> • Liaise with coaching staff regarding players' injury status and availability • Be in attend training sessions (and any matches) throughout the season • Assess and manage injuries and illnesses to ETC Players • Provide treatment and rehabilitation to players • Design and deliver individual injury prevention programmes • Deliver or oversee treatment for players needing ongoing rehabilitation through the off season • Keep records which meet the standard required by The FA and the appropriate professional bodies • Conduct medical screening of trialists • Manage referrals for ETC players to relevant persons • Communicate with parents/carers in the event of physiotherapy / sports therapy queries, generally, and specifically to their children. • Ensure the ETC manager is aware of rules and best practice for adequate physiotherapy / sports therapy provision (e.g., access, equipment, insurance) and ETC processes allow adherence to these guidelines • Ensure treatment areas are kept clean and tidy, identify any health and safety risks and pass these on to appropriate members of the team 	<ul style="list-style-type: none"> • Advise and direct other staff on the needs of players. Attend case management meetings and provide professional opinion /input • Educate coaches on the physiotherapy / sports therapy provision, and how to help players get the best from it • In conjunction with colleagues, design an ETC site emergency action plan • Provide support based on each individual player's needs; treat the person as well as the injury. • Operate within professional boundaries, and follow agreed processes relating to referrals to other colleagues / agencies. • Work with the ETC's Safeguarding Manager to ensure that the wellbeing and welfare of all players and staff is always an operational priority • Pay attention to own physical and mental health; be seen assomebody who 'walks the talk' of good physical and emotional health habits. • Assist the ETC team with administrative activities such as injury audits

Outputs: Self Development <ul style="list-style-type: none"> • Time is dedicated to personal and professional development
<ul style="list-style-type: none"> • Seek feedback from others, and reflect on personal behaviour and performance to identify areas for improvement • Keep abreast of current research and evidence-based practice in the physiotherapy/sports therapy field with a focus on sports-related injury and rehabilitation research. Practitioners should undertake CPD in line with their professional body guidelines • Keep professional qualification up to date and active by completing the relevant number of CPD points as stipulated by their awarding body. Attend CPD events and undertake CPD activities in line with identified development themes • Create and maintain a personalised Development Action Plan (DAP), taking input and feedback from a variety of sources • Be aware of current performance research and insight to support programme and coaching development • Work with an advisor or mentor from outside the ETC

BEING PREPARED FOR THE JOB

This section describes the knowledge, experiences, and qualifications that clubs typically expect of applicants and the characteristics they need to demonstrate to do the job well.

PERSONAL CHARACTERISTICS:

Motivation: <ul style="list-style-type: none"> • The motivations that tend to make a person a good fit to this job 	Resilience: <ul style="list-style-type: none"> • The skills and characteristics that allow successful jobholders to manage the stressful elements of the job 	Interpersonal Skills: <ul style="list-style-type: none"> • The interpersonal skills successful job holders show 	Thinking skills: <ul style="list-style-type: none"> • How successful job holders deal with information and make decisions
<ul style="list-style-type: none"> • Demonstrates curiosity to learn and develop. • Motivated to take a role in creating a positive performance culture • Enjoys seeing players progress, recover from injury and develop as athletes. • Takes pride in delivering high quality work • Enjoys sharing knowledge, and developing people & their professional capability • Is willing to commit to work evenings, weekends, and public holidays. Is willing to commit time as a mentee during evenings, weekends, and public holidays. 	<ul style="list-style-type: none"> • Is willing / able to flex and change with the demands of the situation • Has strategies for self-management and maintaining work-life balance • Can manage arousal levels in the moment. E.g., maintains awareness of body language, energy state, & verbal comms, and can amend in the moment if required • Is able to 'let go' and acknowledge decisions will be made that they cannot control 	<ul style="list-style-type: none"> • Is a good listener • Is approachable to players, staff, coaches, parents/carers • Has strong communication skills; uses understandable language that's relatable to different age groups • Earns trust by being respectful, supportive, and transparent. • Shows an interest and genuine care about player needs. Treats players as humans by providing personalised support and communication • Asks good questions to challenge people to think for themselves • Can communicate difficult decisions with firmness and compassion 	<ul style="list-style-type: none"> • Highly organised, able to plan & organise to meet deadlines • Makes evidence-based decisions based on a range of inputs (e.g., datapoints from own and MDT colleagues' departments) • Is creative and inventive in managing a finite budget. • Considers the impact of decisions • Is open to feedback and other peoples' ideas

EXPERIENCE & KNOWLEDGE

<p>Experience & knowledge</p> <ul style="list-style-type: none"> • The postholder is likely to have experience from some of the following:
<ul style="list-style-type: none"> • Experience of working in sports medicine • Knowledge of anti-doping regulations • Has an up to date understanding of Child Protection and Safeguarding procedures

QUALIFICATION AND MEMBERSHIP

Essential Qualifications and Membership	Desirable Qualifications and Membership
<ul style="list-style-type: none"> • The postholder is typically required to hold the following qualifications and professional memberships 	<ul style="list-style-type: none"> • The postholder might hold the following additional qualifications and memberships
<ul style="list-style-type: none"> • Physiotherapists: <ul style="list-style-type: none"> ○ Chartered physiotherapist and registered member of the Health Care Professions Council (HCPC) ○ Have appropriate medical indemnity to treat/advise ETC players ○ Have an up-to-date full Advanced Emergency Aid qualification; this should be at least the Level 4 ITMMIF (guidance) • Sports Therapists <ul style="list-style-type: none"> ○ Full membership of the Society of Sports Therapy ○ Have appropriate medical indemnity to treat/advise ETC players ○ An up-to-date full Advanced Emergency Aid qualification; this should be at least the Level 4 ITMMIF (guidance) • FA Level 1 Introduction to First Aid in Football (IFAiF) or FA Emergency First Aid. (acquired before starting role) • FA Safeguarding Children • FA DBS 	<ul style="list-style-type: none"> • Physiotherapist: <ul style="list-style-type: none"> ○ Member of Chartered Society of Physiotherapy • UKAD Clean Sport Advisor • Engages in professional development, for example: <ul style="list-style-type: none"> ○ Physical Development of Youth Female Players (growth and maturation, female athlete physiology & menstrual cycle) ○ Player support (e.g. - Talented Athlete Lifestyle Support) ○ Coaching & mentoring qualification (e.g., EMCC)