

# Developing Attacking Play – In Possession (12-16)



Jackie Bushell – CCD



# Learning Outcomes

**By the end of the session coaches should be able to plan sessions that allow players to .....**

- Recognise Possession is about passing; but isn't only about passing
- Recognise opportunities to receive to turn or to play forward
- Progressive and penetrative play is an effective method for opening up compact defences and eliminating opposition players from the game. Through accurate, intelligent and creative play the ball can be moved between and beyond the opposition to create goal scoring opportunities



# IN POSSESSION PHILOSOPHY STATEMENT

ENGLAND TEAMS AIM TO  
**INTELLIGENTLY DOMINATE**  
**POSSESSION** SELECTING THE  
RIGHT MOMENTS TO PROGRESS  
THE PLAY AND PENETRATE THE  
OPPOSITION.



# IN POSSESSION MODEL

The fluid nature of the game means each aspect of possession is closely linked. Similarly, possession may be lost at any stage prompting a transition to the defensive philosophy.

Importantly, the goalkeeper is included in all aspects of the playing philosophy both in and out of possession. England goalkeepers are viewed as part of the team, and not apart from the outfield players.



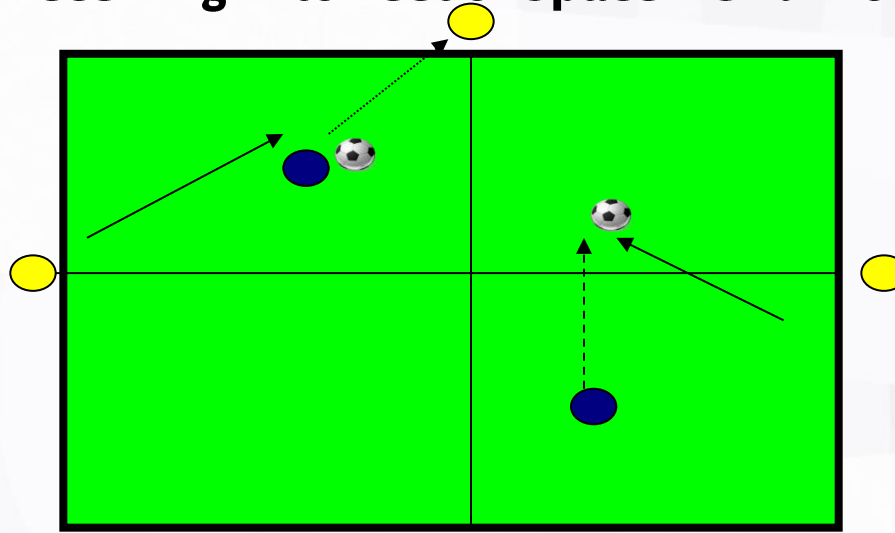
# Task

For the aspect of possession (*Counter Attack, Retaining and Building, Progressing and Penetrating, Creating and Scoring*) on your table discuss:

- What are the key principles?
  - What does this look like with your team?
- (Bring these outside with you)



# Receiving into Feet or Space – Grid Work



**6 players. Receive from outside, play to free player.**

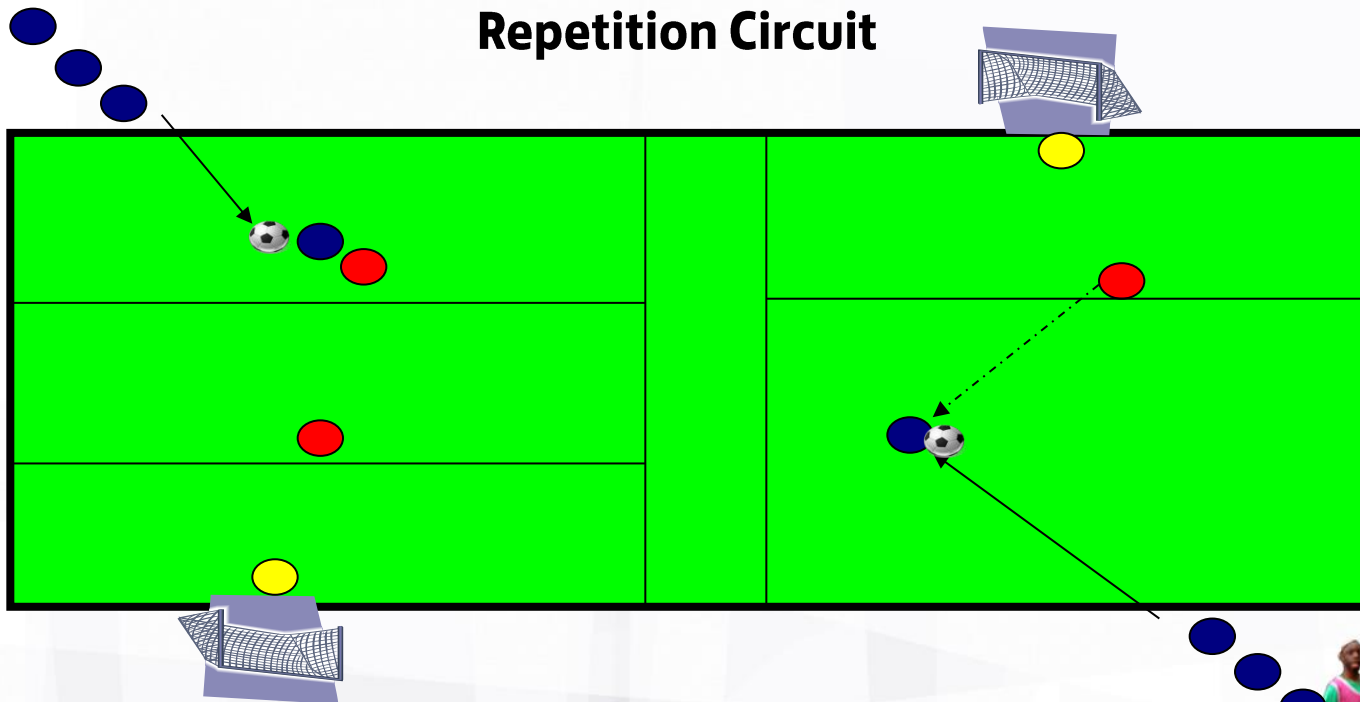
- **Add challenge for players to take first touch into a different square from the one they received in.**
- **Add challenge for players to do as above but not touch into same square as partner**
- **Play 1 vs. 1, defender has ball to dribble to slow them down and players score points for receiving and playing out successfully. Challenge servers to either play into blues feet or space in a different square dependent upon situation**
- **Play 2 vs. 2 with goals and two support players**



# Receiving & Beating a Player



## Repetition Circuit

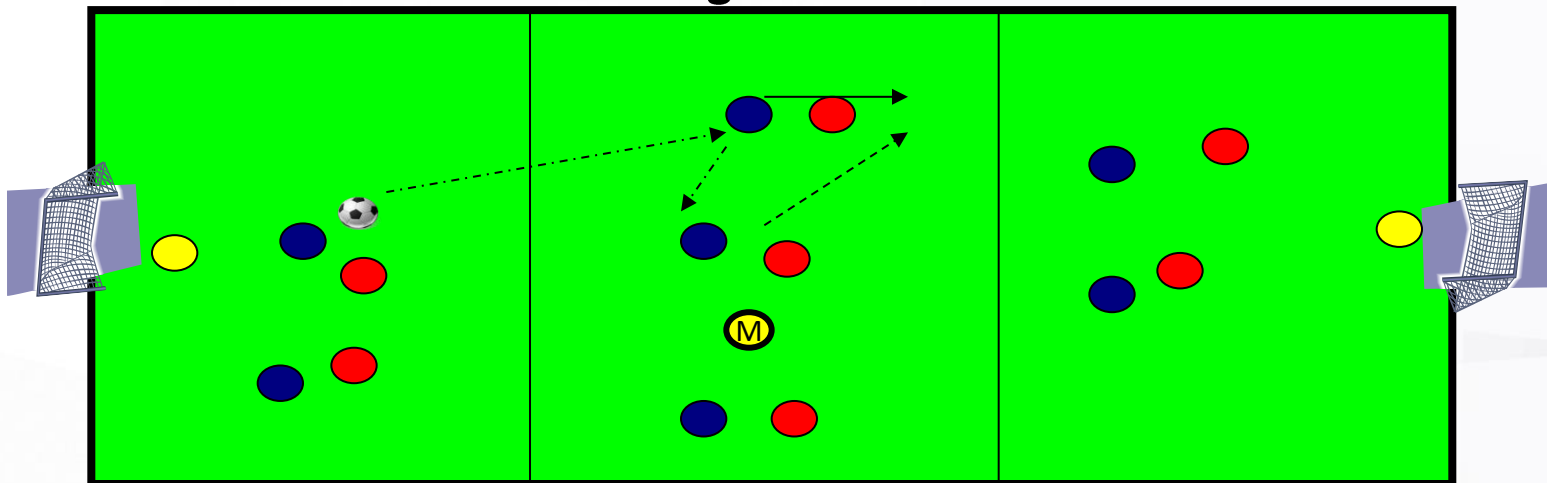


### Challenges

- One pitch – 1 vs. 1 and if beating the 1st defender, beat the 2<sup>nd</sup>
- Other pitch – 1 vs. 1 – defender exits their area once attacker has touched the ball



# Combining To Find Strikers From Midfield Through the Thirds



Through the Thirds – 7 vs. 7 + 1 overload & (GK's)

## Challenges:

- Play one-two, take or 'round the corner' to get ball into attacking area
- Use Yellow 'M' to aid this process





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# Questions/Post Course

- The Future Game – Practices linked to age group specifics
- [https://community.thefa.com/england\\_dna/](https://community.thefa.com/england_dna/)
- LCC events CFA web page
- International Journal of Sports Science & Coaching Volume 9 · Number 4 · 2014: *Temporal Analysis of Losing Possession of the Ball Leading to Conceding a Goal*



**FOR** over 150 years, we've said we're for the success of football irrespective of class or creed. And we'd like to update that by adding: regardless of gender, sexuality, ethnicity, ability or disability too. Football is a game for all. No matter how good you are. Or aren't. The FA has created leagues for the blind, deaf, amputees, wheelchair users and for those of us with cerebral palsy. We've made all the latest coaching ideas available online. We've introduced FA Girls' Football Week and created a competition open to everyone in the country. It's called The FA People's Cup because it's for the people. All of the people. We are building 100 3G pitches around the country. And on our website you can find the nearest team or pitch to you. So, if you want to take part, The FA can help you. Because, how can we be guardians of the national game, if we exclude anyone? The FA. Not just for the few. We are for

**ALL**

