

TheFA  **FUTSAL.**



An introduction to Futsal
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What are we going to do?



- Be introduced to the rules of the game
- Start to understand the benefits of the game
- Play a game of Futsal
- How Can we Use Futsal?

▪ Montage dvd.



**What is your
experience ?**



What is Futsal....a 20 second message ?

Court based game played on a hard surface.

5v5 with unlimited rolling substitutions

Played with a ball that has less bounce than a regular football

Played with Hockey size goals

Played with simple rules, (no offside , no over head height rule
players can go anywhere on the court)

It is fast and tactical, with lots of passing, shooting and Goals !



Futsal World Rankings, 12th May 2014



Brazil 1

(Football 4)

Spain 2

(Football 1)



Italy 3

(Football 9)

Russia 4

(Football 18)



Argentina 5

(Football 7)

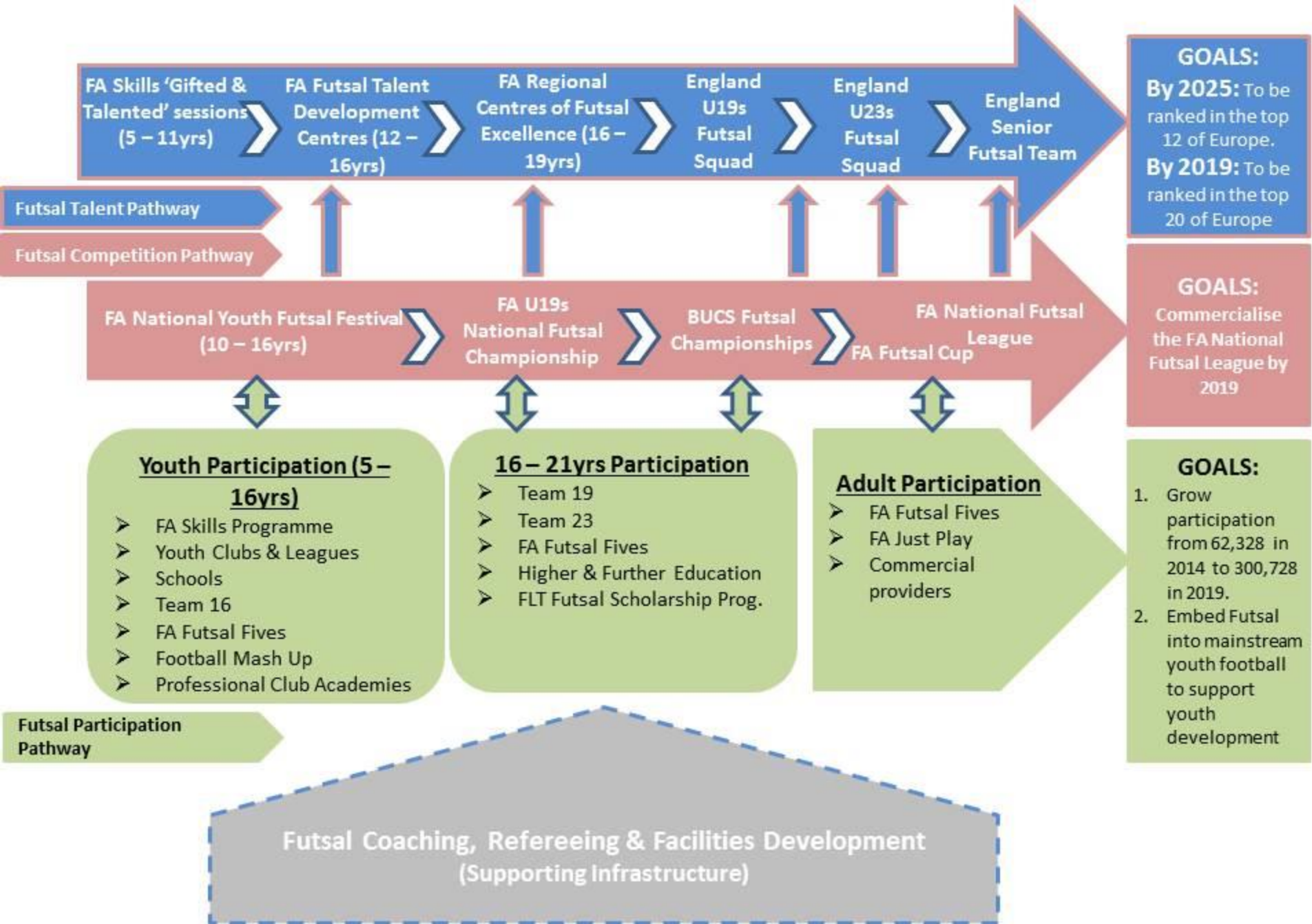
Portugal 6

(Football 3)



» But we are not Brazil or Spain !





5-A-SIDE

futsal

5-A-SIDE

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Q1. What is the largest size ball used?

Size 5

Size 4 (weighted)

Q2. What is the size of the goalpost?

1.2m (height) x 3.6m (width)

2m (height) x 3m (width)

Q3. Is there a head-height restriction?

Yes

No

Q4. How is the outline of the pitch /
court decided?

Play to a wall....sometimes

Play to a boundary

Q5. Who is allowed in the penalty area?

Goalkeeper only

Anyone

Q6. When can players substitute in a
game?

On the referee...

Anytime

Other futsal rules to note...

- **Kick-ins**
- **4 second rule**
- **GK restrictions**
- **Accumulated fouls**
- **5 metres**
- **Timeouts**



Comparison between Futsal and Mini football

Liverpool John Moores University

Match Format

Number of Players

Age group

Duration

Length of Field of Play

Width of Field of Play

Height of Goalposts

Width of Goalposts

Size of Football

Weight of Football

Rebound Resilience

Offside Rule Applied

Futsal

5 v 5

Under 10

2 x 15 minutes

30 metres

17 metres

2 metres

3 metres

2

465g

10-15%

No

Mini-football

5 v 5

Under 10

2 x 15 minutes

35 metres

20 metres

1.8 metres

3.6 metres

4

445g

42-48%

No

Individual Technique or Action

Average Frequency per Game in Futsal

Control	131.7
Dribble	38.6
Run with Ball	25.8
Turn with Ball	23.3
Fake/feint	16.3
Interception	68.0
Tackle	39.3
Successful Attempt at Goal	46.3
Unsuccessful Attempt at Goal	15.2
Goals	16.0

Average Frequency per Game in Mini-football

111.2
26.7
21.0
15.7
7.7
51.3
32.5
33.3
12.6
10.2

Comparison between Futsal and Mini football

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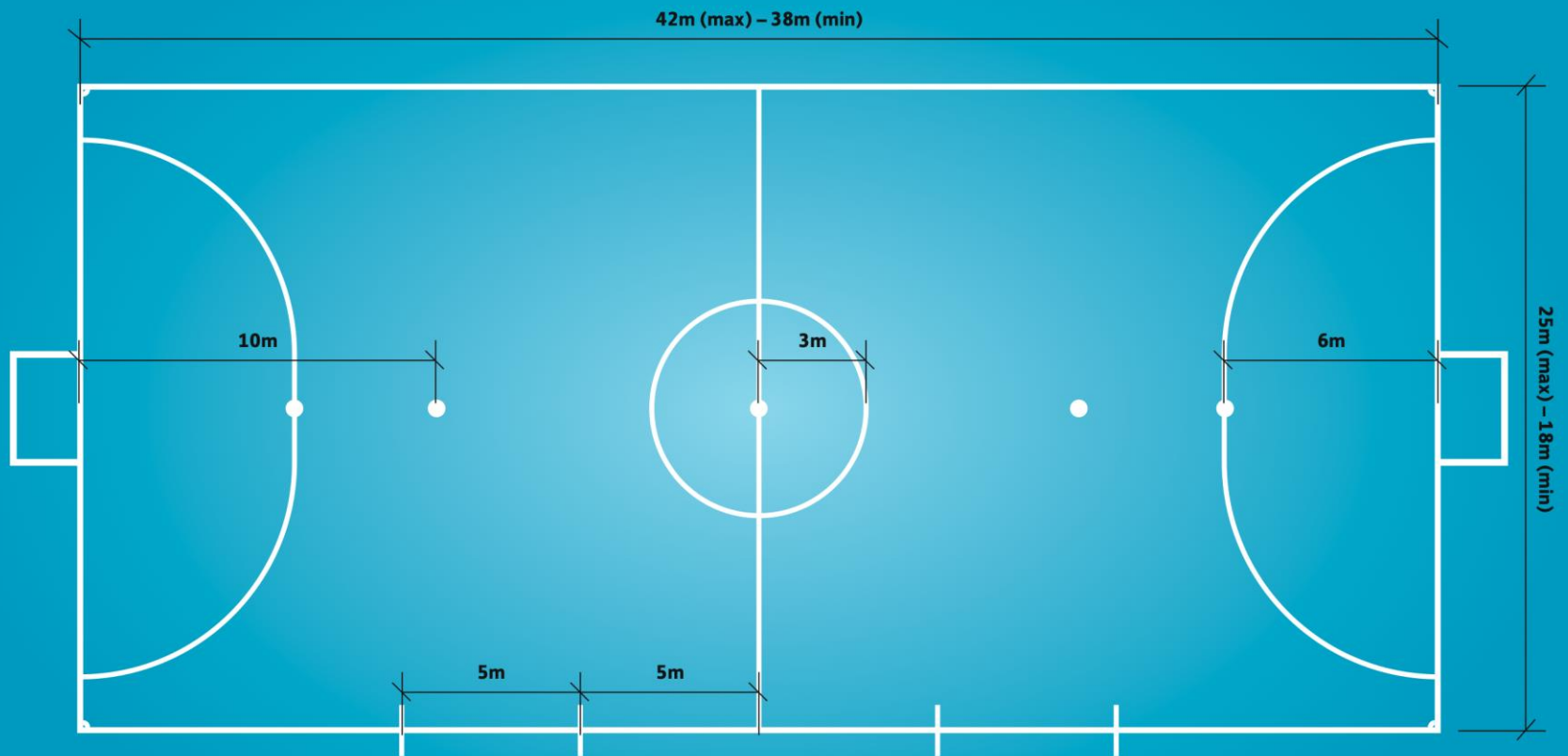
Type of Pass/Set Play

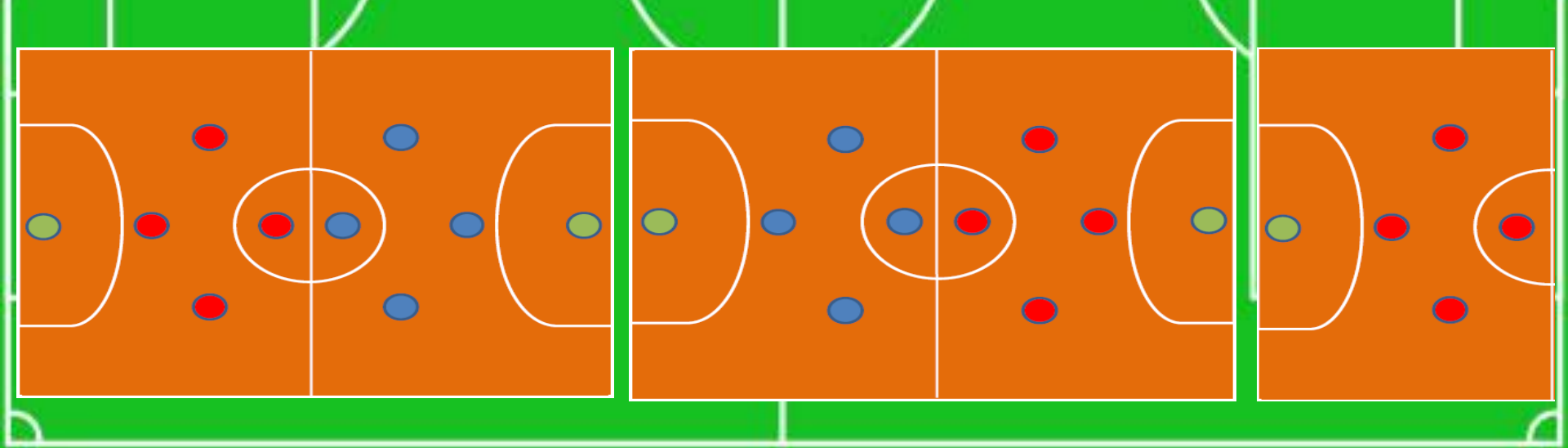
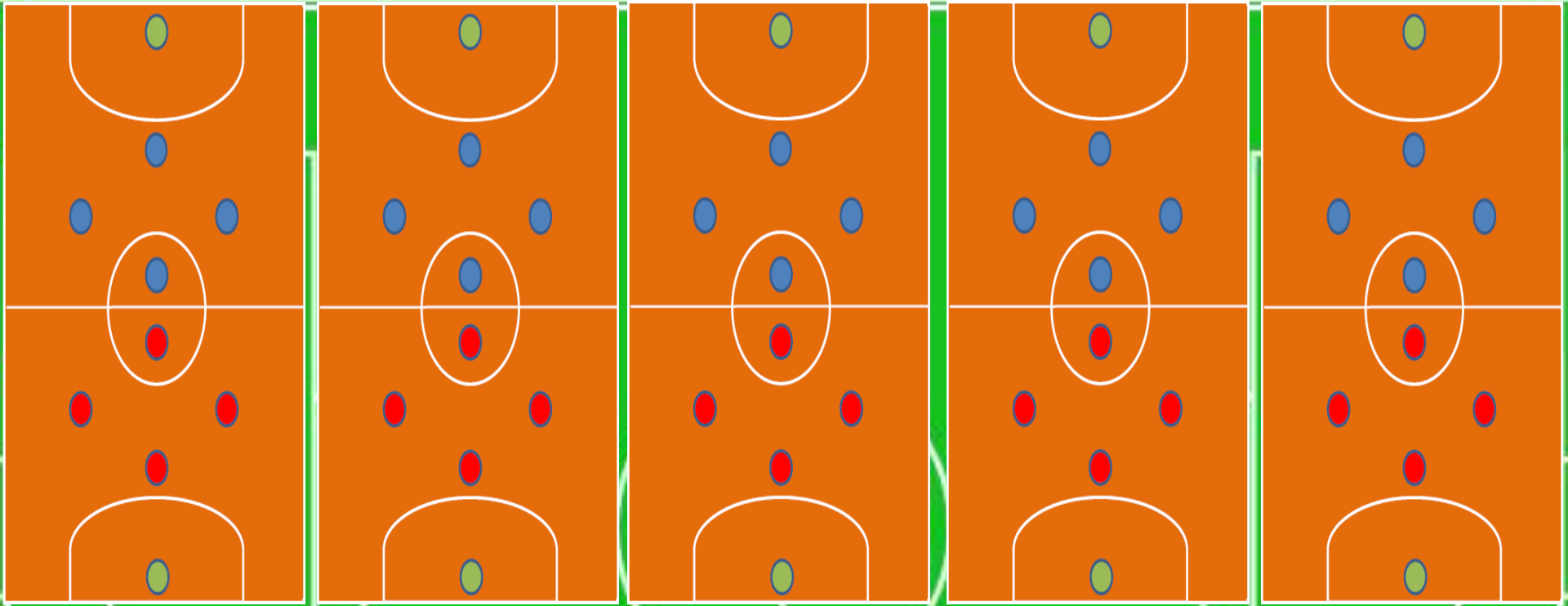
Average Frequency per Game in Futsal

Average Frequency per Game in Mini-football

Short-ground Pass	137.7	97.2
Short-high Pass	10.5	24.5
Medium-ground Pass	16.2	14.5
Medium-high Pass	2.2	7.8
Long-ground Pass	1.5	1.8
Long-high Pass	0.3	1.8
Throw/kick-in	23.3	26.3
Corner	9.3	9.3
Free Kick	2.5	0.2
Penalty	0.3	0.0

The court





Time and space?

Better Players?

At the highest level ...a comparison... Football and Futsal....

Average number of Total shots and shots on target in the Champions League / Futsal Euro Finals

Barcelona	16.4	7.2
Real Madrid	18.1	7.4
Man City	17.6	6
Chelsea	14.8	5.5
Sporting Lisbon	33.5	29
Kairat	38	29
Barcelona	36.5	31
Dina Moskva	20.5	18

Futsal Euro finals and football league season 2014 / 15 OPTA and UEFA stats



At the highest level ...a comparison... Football and Futsal....

Total shots against in the Champions League / Futsal Euro Finals

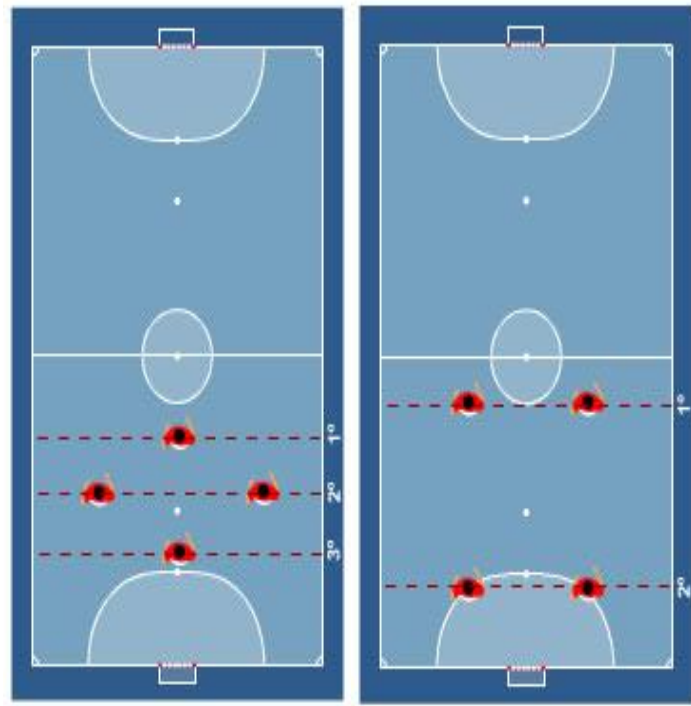
Barcelona	8
Real Madrid	11.9
Man City	10.2
Chelsea	14.8
Sporting Lisbon	20
Kairat	23
Barcelona	21
Dina Moskva	38

Futsal Euro finals and Football Champions League season 2014 / 15 OPTA and UEFA stats



So how does it fit for 11 v 11 ?

- Groupings of 4 all over the pitch



“IF you wait for

PER**F**ECT

CONDITIONS, you will

NEVER get

ANYTHING done”

ECC
11:4



Would you like more?

UEFA Master the Ball
PDF.. basic rules

FA Online Futsal Laws
of the game

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Playing Futsal – Getting Started



Would you like more?

Level 1 County FA

6 HOURS

**Level 2 Regional via
FA Education**

4 DAYS (2 + 2 over 2 months)

**UEFA B National
Course at SGP**

8 DAYS (1 per month x 8 months)

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Playing Futsal – Getting Started



**LET'S
PLAY!**





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