

27th October 2014

Observation and Interventions

Keith Webb RCDM east

Jamie Godbold RCDM 5-11 east

St Neots Town FC Hunts FA



OUTCOMES

- The importance of observation
- Where to look in a logical order
- Understanding of the Coaching Context
- Understanding of the different interventions styles



OBSERVATION

“YOU SEE BUT YOU DON’T OBSERVE”
Sherlock Holmes



OBSERVATION

- Observation is one of the most significant skills a coach must master. It allows a precise diagnosis which will produce better players
- Unfortunately, coaches rarely practice or improve their observation skills because they think observation 'just comes naturally'.
- Does every coach watching a skill performance see the same things?



OBSERVATION

Because there is so much going on in a game Coaches can fall into the trap of:-

“ Looking at everything and seeing nothing”

Research in observation has found that novice coaches see as much as advanced coaches.....



OBSERVATION

FINISHED FILES ARE THE RESULT
OF YEARS OF SCIENTIFIC
STUDY COMBINED WITH
THE EXPERIENCE OF YEARS...

Count the number of F's



OBSERVATION

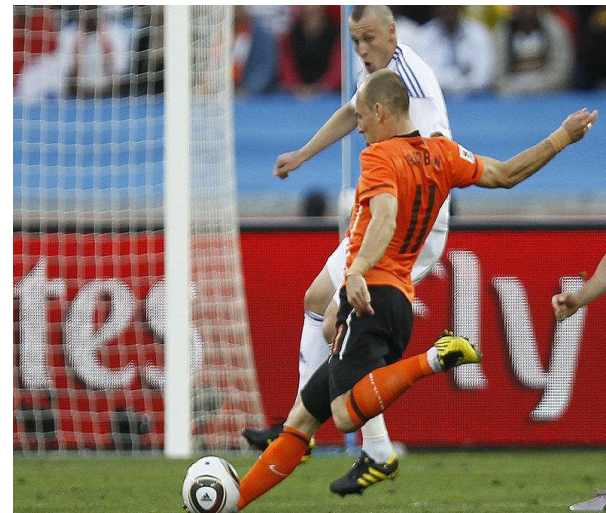
When we coach we use what is termed as:-

SPLIT-SCREEN PROCESS

what it is ?



What it should be?



Split screen process (cont.)

Many things can interfere with observation:-

- Brain Processes
- Pre-conceptions (Scotoma's)
- Beliefs



Observation

Observation is made easier if you use a systematic framework which will allow you to focus your observations on specifics.

- **BEFORE** What does the player do before he receives the ball? (movement)
- **DURING** What technique is or isn't performed correctly?
- **AFTER** What does the player do after he releases ball?



Observation

As well as **before, during & after** we can look at:-

- **ON** What is happening in the ball
- **AROUND** What is happening around the ball
- **AWAY** What is happening away from the ball



Things that effect feedback

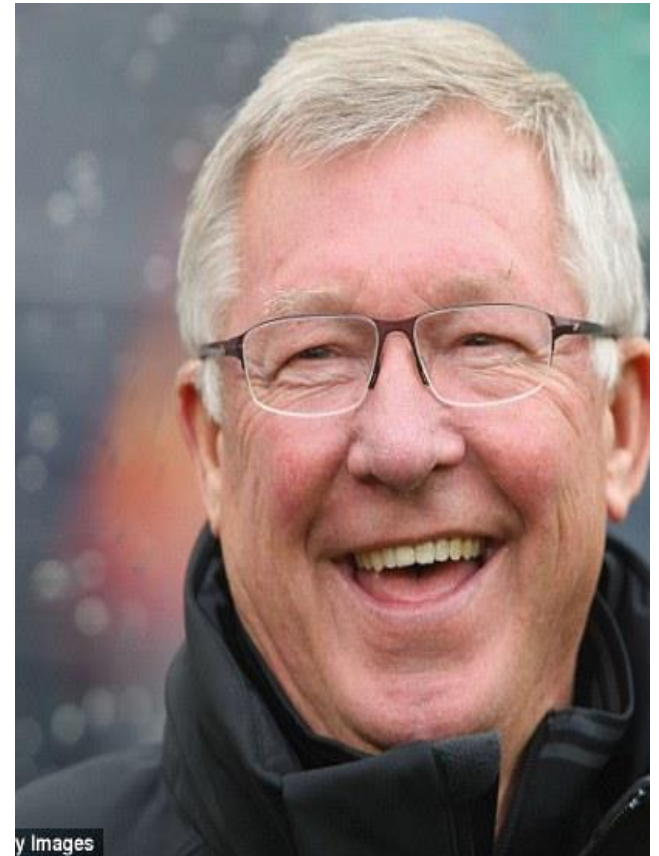
- Environment
- Experience
- Knowledge
- Understanding



Observation

“As a coach I soon realised that
Observation is vital....
Coaching and watching is
Difficult”

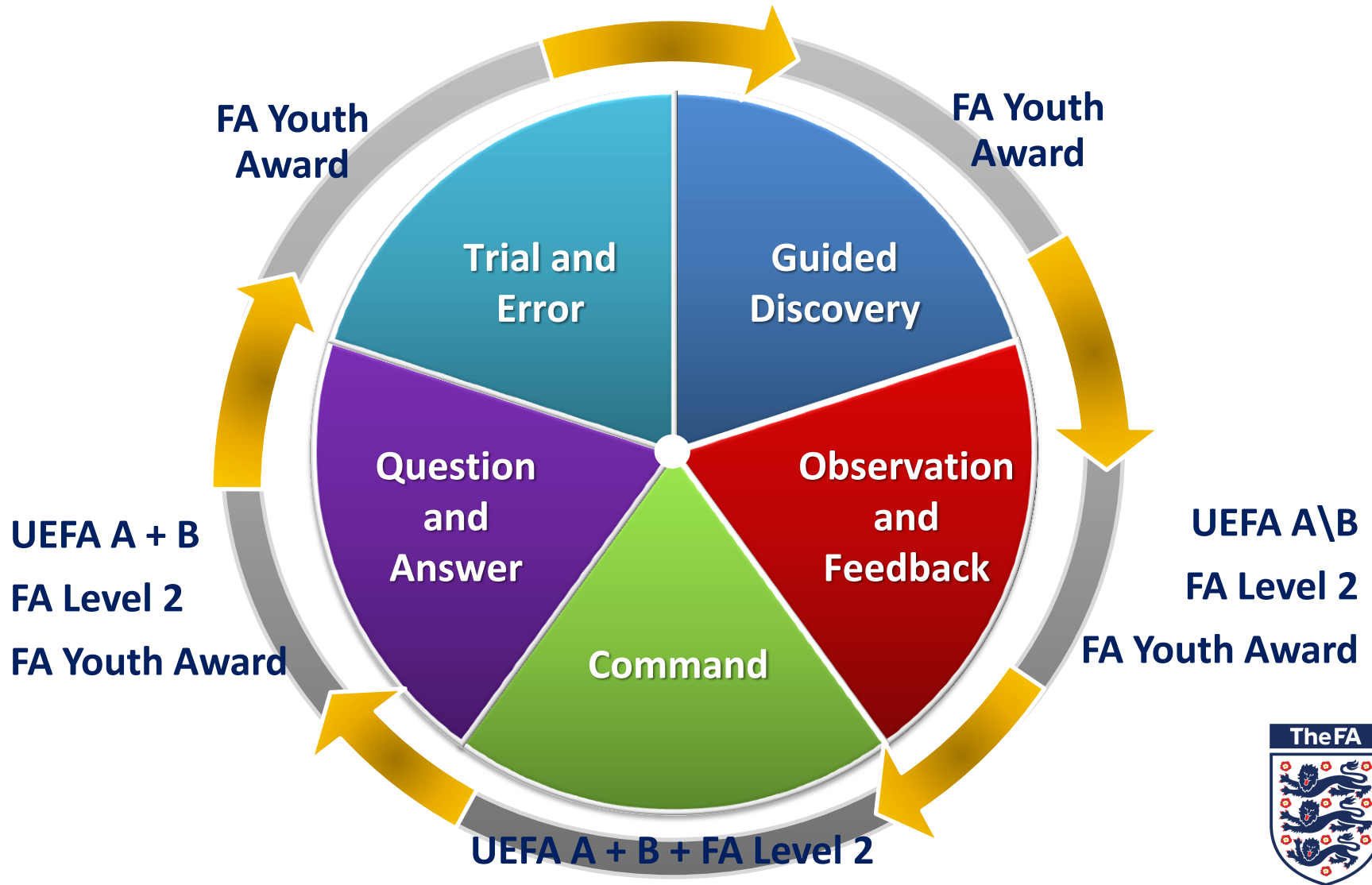
Sir Alex Ferguson



Coaching continuum

Coaching Methodology	Command	Question & Answer	Observation & Feedback	Guided Discovery	Trial & Error
Player/Coach Interventions	Coach tells and shows required solution	Coach leads with question to gain response from players	Coach and players observe	Coach asks a question or issues a challenge	Players and/or coach decide on the challenge
Example	"I want you to..."	"What do you think?"	"Let's watch this..."	"Can you show me...?"	"Try this for yourself..."
Description	Coach tells, explains and shows how to do something	Coach poses question and players offer verbal solution to the challenge	Coach and players observe and discuss feedback	Coach challenges and players offer visual demonstration of possible solution	Players are encouraged to find solutions with minimal support from coach

Communication and Coaching Intervention Wheel





TheFA.com