

SAMPLE RISK ASSESSMENT

CORONAVIRUS / COVID 19 RISK ASSESSMENT

As a facility provider, you should complete **YOUR OWN** COVID-19 risk assessment.

We have provided an example risk assessment below, which is for illustrative purposes only, and includes some examples of things to consider. Consider how this will apply to each aspect of your operation and identify the controls you require to meet Government guidance regarding health, social distancing and hygiene.

The Lincolnshire FA would like to thank those clubs and individuals that submitted documents and allowed them to be shared. Those documents have been used in the production of the suite of good practice guidelines'

WHAT ARE THE HAZARDS? <i>(Risk consequences)</i>	WHO MIGHT BE HARMED	Rating Before	CONTROL MEASURES	ADDITIONAL CONTROLS	Rating After	Action by	
						Who	Date
Spread of COVID-19	<ul style="list-style-type: none"> - Players - Coaches - Spectators - Members 	High	<p>PROMPTING GOOD HYGIENE:</p> <ul style="list-style-type: none"> • All players to bring own hand sanitizer clearly labelled with name and kept in own designated area. • Regular intervals in coaching for use of hand sanitizer • Club to provide additional handsanitizer around entry and exits to venue • Provide hygiene standard promotional posters and signage • Disposable paper towels at hand wash stations/facilities • All players to bring own drink clearly labelled with name and kept in own designated area • Spitting, Chewing Gum, Squirting of drinks are all prohibited. Instances will be treated as a break of rules and individuals may be removed from the session/club • Club guidance to members regarding washing, showering, cleaning of clothing and equipment (boots, shinguards) • Club promotes the “catch it, bin it, kill it” approach to hygiene measure <p>KEEP FACILITIES AND EQUIPMENT CLEAN:</p> <ul style="list-style-type: none"> • Identify high contact touch points for regular cleaning e.g. Toilets, Door handles • FACILITY PROVIDOR OR CLUB to ensure regular cleaning and waste disposal in line with LTCA risk 	<p>Provide guidance to all coaches and members on new protocols and the importance of good hygiene</p> <p>Every coach to provide a copy of the COVID-19 Plan to parents/players before first session of restart and to re-enforce guidance throughout the required period</p>	Low	<p>Core Committee</p> <p>Coaches</p> <p>Welfare Officers</p> <p>Parents/Carers</p> <p>Players</p> <p>FACILITY PROVIDOR</p>	

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		<p>assessment plan</p> <ul style="list-style-type: none"> • Coaches to clean and disinfect all equipment before and after each session • Players to be provided with their own ball and bib (Bib to take home after each session and wash themselves) • Guidance provided to players, parents/carers and coaches regarding cleaning of clothing and equipment e.g. Boots, Shin guards after each session • Sharing of equipment within a session to be minimised • Hand, Face or Head to equipment contact to be minimised the focus should be on kicking the ball. Goalkeepers should be given their own ball and avoid group shooting practices with a goalkeeper involved. • Any food products or snacks to be avoided handing out at sessions e.g. Birthday sweets <p>MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION:</p> <ul style="list-style-type: none"> • Provide signage so people can find their designated entry / exit point and area • Apply two metre markings to the toilet entrance • Single use / limited use toilet facilities • Coaching sessions set up with designated player area for individual items (drinks, clothing, hand sanitizer) • Players will adhere to 2m social distancing during breaks in play • Designated spectator area • Only 1 x parent or carer should accompany the child and remain at the session. Every child must have a responsible adult with them at every session. • Where possible parents/carers should not bring siblings or others to the session. • Parents / Carers will be expected to manage any situations where the child needs closer interaction e.g. Bib wearing, Shoelace tying, injury attention. • Posters to promote good social distancing guidelines • Spectators, parents and carers do not enter field of 	<p>A responsible person to check / clean toilet facilities between sessions</p> <p>Weekly check of club provided hand sanitizer</p> <p>Ongoing liaison with FACILITY PROVIDOR OR CLUB and engagement regarding cleaning and waste disposal</p> <p>Conduct dress rehearsal / dry run event (DATE CONDUCTED) and staggered return to training for squads</p> <p>Monitor effectiveness, especially at peak times</p>			
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			<p>play unless invited by a coach (for injury treatment)</p> <ul style="list-style-type: none"> • Coaching sessions to be staggered to avoid congestion at entry and exit points (car park) • Restriction on the number of groups at a session at any one time • Parents/Players/Carers encouraged to walk or cycle (not drive) where possible • At the end of the session players dismissed quickly and effectively to parent/carer • Parents/Carers and players encouraged not to linger around the venue and leave the session promptly • All extended communication with parents/carers and coaches to be conducted electronically <p>TRANSMISSION CONTROL (BUBBLES):</p> <ul style="list-style-type: none"> • A coach remains with the same group of players for all sessions and the same players remain grouped together. • Where children are of the same age group and same household or have returned to school and are within a bubble with teammates we recommend trying to replicate that bubble within the coaching environment where at all possible. <p>ATTENDENCE CONTROL / TRACING:</p> <ul style="list-style-type: none"> • Parents/Carers to confirm if they plan for their child to participate in competitive training and matches, additionally asking them that if not, when they change their stance to provide you with advance notification (1 week). • All coaches to retain attendance list and submit it to club secretary after each session – EMAIL ADDRESS • Club to retain the details of all CLUB NAME participants and match officials at training sessions and matches for 21 days to support NHS track and trace protocols • At matches, CLUB NAME coaches to check with the opposition coach that they are maintaining an attendance register to support NHS trace and trace protocols 				
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			<p>PERSONAL PROTECTIVE EQUIPMENT – MEDICAL GLOVES FACE COVERING / FACE MASK:</p> <ul style="list-style-type: none"> • PPE will be provided to coaches including (gloves, gowns, facemasks, aprons, and eye protection) • First aid should be handled in accordance with the FA's FIRST AID GUIDANCE FOR RETURNING TO OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL. <p>MODIFICATIONS IN MATCHES & TRAINING:</p> <ul style="list-style-type: none"> • Pre match handshakes should not happen • Team talks/huddles should not take place unless socially distanced and held outdoors, where possible • Warm ups/cool downs should always observe social distancing • At matches ensure you, other team staff and substitutes observe social distancing on touchlines/dug-outs • Social distancing to be observed when substitutions are made • Set plays – free kicks: coaches (and referees) should encourage players to get on with the game and not prolong set plays set-up, such as defensive walls • Set plays – corners: should be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time • Goal celebrations should be avoided • Interactions with referees and match assistants should observe social distancing • Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity. • Ensure social distancing during breaks in play e.g. half-time • Ensure water bottles are not shared 				
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			<ul style="list-style-type: none">• Balls to be disinfected during breaks in play when throw ins or handling has occurred• Avoid shouting when in close proximity to others• If a player is injured, a member of their household should assist unless a life- or limb-threatening injury necessitates compromising guidelines to provide emergency care <p>SUDDEN CARDIAC ARREST:</p> <ul style="list-style-type: none">• SCA is a recognised potential medical emergency that can occur in football, further complicated by cardiac involvement recognised as a complication of Covid-19• For details on how to deal with a SCA situation, see FIRST AID GUIDANCE FOR RETURNING TO OUTDOOR COMPETITIVE GRASSROOTS FOOTBALL FOR CLUBS AND COACHES, which can be found here.• An automatic external defibrillator (AED) is located in the equipment store.				
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Note: Should this risk assessment not suit the situation, either refer to originator or write additional control measures to satisfy requirement

Risk Assessment:	Coronavirus / COVID 19	
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I have read and understand the requirements of this risk assessment.

Name	Signature	Date

Chairman:		Signed:		Date prepared:		Review date:	Every 30 days or when new guidance is issued
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Health and Safety Coordinator:		Signed:		Date prepared:		Review date:	Every 30 days or when new guidance is issued
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