

**Tuesday 7th May 2024**  
**The Abbey Stadium**



**GREATER  
MANCHESTER  
FOOTBALL**



**Manchester FA Girls U16s Cup**

**FINAL 2024**

**AFC Urmston Meadowside V Crompton FC**

# WELCOME FROM MANCHESTER FA



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FOOTBALL**

Manchester Football Association would like to welcome everyone to tonight's Girls U16s Cup Final.

We welcome two strong footballing sides that have all had successful seasons in Manchester FA Competitions.

We look forward to what should be an exciting game ahead and a memorable final for all involved!

**On behalf of Manchester FA, good luck to each of tonight's teams!**



@Manchester\_FA



@Manchester\_FA



Manchester Football Association



Manchester FA



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ENGLAND  
FOOTBALL



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# THE MANCHESTER FA GIRLS U16S CUP



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Manchester FA provides County Cup competitions for teams and players aged U12s through to U18s.

These competitions offer both male and female players the opportunity to pit their skills against teams from across Greater Manchester, most of whom they wouldn't meet otherwise.



2023 Winners: Brendon Bees

## AIMEE COOK - FOOTBALL SERVICES OFFICER

The County Cup schedule is well underway as we move on to another final of a busy period of County Cup action. On behalf of Manchester FA, I offer a very warm welcome to spectators, teams and match officials to this evening's U16's Cup Final.



We welcome two good teams for this evening's final and with that, we predict this final to provide an entertaining evening for all.

I would like to thank everyone involved in making this final happen, including Abbey Hey FC for hosting this competition at the Abbey Stadium.

Finally, I would like to wish both teams the best of luck.



# MEET THE MATCH OFFICIALS



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It's important not to forget the 'third team' taking to the pitch for tonight's match, the officials!



**SYDENY EDEN**

**REFEREE**



**ADANZE UZUDIMMA**

**ASSISTANT REFEREE**



**ADORA YAU**

**ASSISTANT REFEREE**



**MADISON ASTBURY**

**FOURTH OFFICIAL**

Just as with the Clubs, being involved in a Cup Final is a special occasion and a significant achievement that's earned from countless solid performances throughout the season. Each of the match officials appointed to the game honed their skills in the grassroots leagues across Greater Manchester.



# THERE'S NO SPACE FOR HATE IN OUR GAME.

ABUSE WILL NOT BE TOLERATED.  
DISCRIMINATION WILL BE PUNISHED.

ENOUGH IS ENOUGH



LOVE FOOTBALL. PROTECT THE GAME

# VIEW FROM THE DUGOUT



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## Mark Clements, AFC Urmston Meadowside, Manager:

“ This season has been difficult for a number of reasons for the Tigresses. Unprecedented levels of rain have prevented us, and most other teams without the luxury of 3/4G, from gaining any form of consistency. This has been a real problem for us and has resulted in us losing games when we’ve hoped to pick up points but beating teams when we’ve expected to struggle.

Our girls have improved year-on-year but so has the quality of the SMGFL with an influx of sides this year making the Championship a very tough division. Every game has been a challenge with all teams capable of beating each other on their day which is exactly what you want.

With a number a games to play we hope we can finish respectably around mid-table. The County Cup has proved a nice distraction from the league for us and we’ve fortunately been able to put in performances that have seen us progress to the final.

In what is our last season together we’re just glad to have made a cup final and hope to produce performance we can be proud of and that at least tests a very strong Crompton side. ”



## Mike Lennon and Jonathan Bond, Crompton FC Galaxy Managers:

“ The Galaxy girls play in the highly competitive South Manchester Girls U16’s Premier League which arguably has some of the strongest U16’s teams in the Northwest.

For various reasons the number of teams is reduced this year and alongside the awful weather we have seen the season has been stop start and unfortunately hasn’t really ever got going.

Despite this the girls are fighting it out and will finish in the top 3 which will represent another really strong season.

Having saw off a strong Irlam Juniors side on penalties in the semi-final and as two-time winners and holders of the County Cup, the Galaxy Girls are determined to do everything they can to retain it and make it three in a row. That would really be some achievement if the girls can lift the trophy tonight. Whatever happens today, the Galaxy Girls are a credit to both Crompton FC, the SMGL and the wider grassroots football community and I know the girls will do themselves proud.

Big congratulations also to our opponents, Urmston Meadowside who have made the final and I’m sure will do their followers proud tonight.

Good luck girls. ”



# UPCOMING MFA COUNTY CUP FINALS



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## ~~U18 YOUTH CUP FINAL DAY~~

~~Sunday 28th April at FC United of Manchester~~

## ~~WOMENS CHALLENGE CUP~~

~~Wednesday 1st May at Rochdale AFC~~

## GIRLS YOUTH CUP FINAL DAY

Saturday 11th May at Avro FC

## BOYS YOUTH CUP FINAL DAY

Sunday 12th May at Avro FC

ALL GAMES LIVE ON





# MEET THE TEAMS



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## AFC URMSTON MEADOWSIDE



Urmston Meadowside Football Club was founded in 1977 and was originally known as Meadowside Athletic taking its name from its original base at the Meadows in Urmston.

The Club started with just one junior team and as it began to grow changed its name to Urmston Meadowside. Locally, the Club is known as "Meds", a term commonly used by Club members and throughout other football clubs in the area.

The Club has grown from strength to strength and now has 78 teams from aged 5 through to youth and adults. There are over 1150 registered players and 200 coaches and volunteers running our teams and squads.

This includes a strong youth male/female/mixed and adult female/male section and also a mixed PAN Disability section.

## ROUTE TO THE FINAL

R1: Bye

QF: **AFC URMSTON MEADOWSIDE** 4-3 FC Bluestar

SF: Ashton Pumas 0-10 **AFC URMSTON MEADOWSIDE**



# MEET THE TEAMS



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## CROMPTON FC GALAXY



Crompton FC founded in 2017, now have 18 teams providing opportunities for over 200 players of all ages both boys and girls to play football up to Open Age Ladies.

The club plays its home games at Crompton Cricket Club in Shaw, Oldham.

## ROUTE TO THE FINAL

R1: Bye

QF: Avro 0-1 **CROMPTON FC**

SF: **CROMPTON** 2-2 Irlam (7-6) Penalties





"MY COACH DIDN'T ONLY  
BUILD ME AS A PLAYER  
— HE BUILT ME  
AS A PERSON."



"My ethos was —  
play with a smile  
on your face."

— David  
Marcus's Grassroots Coach



**COACHES. IT STARTS WITH YOU.**  
STAY POSITIVE. BE SUPPORTIVE. SHOW RESPECT.



**RESPECT**

LOVE FOOTBALL  
PROTECT THE GAME.





**HOMOPHOBIC  
CHANTING AND  
BEHAVIOUR**

**IT'S NOT OK.  
IF YOU HEAR IT, REPORT IT.**



FOOTBALL FOR EVERYONE

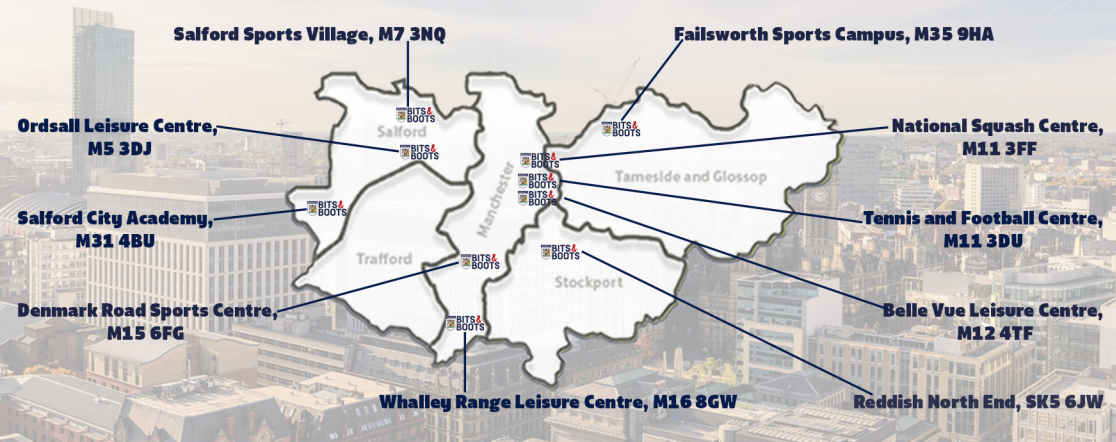
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# MANCHESTER FA BITS AND BOOTS



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**Manchester FA have launched a new club shop consisting of pre-loved items of kit (shirts, shorts, boots etc) that will be collected from donation points across the region and re-distributed to individuals and families.**

Manchester FA has partnered up with numerous organisations across Greater Manchester, to help those facing financial pressure remain in football. **Greater Manchester is home to some of the highest concentrations of poverty and deprivation in the country.** There are 620,000 people, out of a population of 2.8m, living below the poverty line in our city region.

Bits and Boots hopes to alleviate some of the pressures of the cost of living crisis and ensure people can continue to remain active in sport and improve the retention levels of people taking part in physical activity across Manchester. Kit/boots will be available online and at our pop shop within the season.

“Lots of us have unwanted and sometimes unused football kit/boots in our wardrobes and don’t know what to do with them, especially with children who grow out of kit and boots so quickly. We want to create a new initiative that helps those who need it the most during this cost of living crisis; as well as helping reduce carbon footprint by recycling unwanted clothing. We are committed in helping those who need it whilst also aiding our environment by charging a nominal fee for kit. We hope this will keep the project sustainable for the long term” - Manchester FA’s staff, Aimee Cook and Georgie Oliver.

**If you need access to kit and boots, would like to refer someone or if you wish to get involved, please contact us at [support@manchesterfa.com](mailto:support@manchesterfa.com) with the subject Bits & Boots.**

# Veo Cam 3

**veo**

**Manchester FA members can benefit from £200 off their VEO camera purchase via our affiliate link which you can access through the VEO article on our website!**

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- Crisp Sound Quality
- Improved Strength & Durability



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@manchester\_fa



**New content has just dropped in The Grassroots Mental Health Vault!** Included in this are: ⚽ 2 new podcasts, ⚽ 4 new articles/infographics, ⚽ A new date for Mental Health First Aid Training

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# WD

## PHYSIOTHERAPY

### Sports & Neurological Rehabilitation

Welcome to WD Physiotherapy, a leading provider of expert physiotherapy and rehabilitation services for sports and neurological injuries, trusted by Manchester FA members.

Our commitment to excellence is reflected in our personalised care, advanced treatment techniques, and a compassionate, skilled team dedicated to your recovery journey. Specialising in bespoke rehabilitation programmes and home visits, we offer state-of-the-art solutions to guide you back to optimal health and well-being.

Our specialist offerings include:

- Sports injury rehab
- Expert care for Neurological conditions
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- Hospital avoidance strategies
- Comprehensive falls prevention programmes
- Specialised physiotherapy to enhance mobility and independence

Please feel free to contact us to discuss any questions or queries.

**WDPHYSIO.COM**  
**Will@wdphysio.co.uk**

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# REFEREE

# SAFEGUARDING AT MANCHESTER FA



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## **Colin Bridgford**

CEO & Senior Safeguarding Lead

[Colin.Bridgford@ManchesterFA.com](mailto:Colin.Bridgford@ManchesterFA.com)



## **Scott Dean**

Designated Safeguarding Officer

[Scott.Dean@ManchesterFA.com](mailto:Scott.Dean@ManchesterFA.com)



## **Will Blandemer**

Board Safeguarding Champion and  
Independent Chair of the Safeguarding  
Strategy Group



## **Paul Roots**

Football Services Manager & Deputy  
Senior Safeguarding Lead

[Paul.Roots@ManchesterFA.com](mailto:Paul.Roots@ManchesterFA.com)



## **Simon Dear**

Football Services Officer (Compliance) &  
Deputy Designated Safeguarding Officer

[Simon.Dear@ManchesterFA.com](mailto:Simon.Dear@ManchesterFA.com)



# USEFUL SAFEGUARDING CONTACTS



**GREATER MANCHESTER FOOTBALL**



## **POLICE (Immediate Threat)**

Tel: 999

## **POLICE (Non-Immediate Threat)**

Tel: 101

# NSPCC

## **NSPCC**

Tel: 0808 800 5000

# childline

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111

## **ChildLine**

Tel: 0800 1111



## **Child Exploitation & Online Protection**

[www.ceop.police.uk](http://www.ceop.police.uk)



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## **Manchester FA**

Tel: 0161 225 1966

For more information around keeping safe please visit the Safeguarding & Welfare page of our website.

[www.ManchesterFA.com](http://www.ManchesterFA.com)

# We welcome LGBT+ people in these facilities

## Football for everyone



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aromantic  
gender queer • ally  
agender  
lesbian • gay • bisexual • trans • non-binary • intersex  
asexual • pansexual • gender fluid • queer • questioning

**MANCHESTER FA**

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## AFC URMSTON MEADOWSIDE

**Colours:** Orange, Black, Black

**Goalkeeper:** Yellow

Jasmine Hodgson  
Olivia Roberts  
Molly Goddard  
Isabella Molloy  
Ella Booth  
Freya Dawson-Whittaker  
Sophie Preston  
Joy Morgan  
Amelia Dingwall  
Amelia Alldred  
Poppy Osborne  
Freya Clements  
Jackie Lowe  
Robyn Gray  
Ava Callister  
Evie McDermott  
Freya Benson  
Skye Walsh  
Nya Stewart



## CROMPTON FC GALAXY

**Colours:** Navy/Orange, Navy, Navy

**Goalkeeper :** Pink

Hannah Irving  
Jessica Winters  
Miley Griffin-Briggs  
Mia Bond  
Lexie Ingoe  
Poppy Walton  
Cienna Williams  
Holly Forder-Brown  
Lois Lennon  
Megan Doherty  
Lily Smith  
Izzy Hunt



Mark Clements  
Emma Callister  
Ian Mackinder  
Melanie White  
Scott Callister

**Manager**  
**Assistant Coach**  
**Assistant Coach**  
**Coach**  
**Coach**

Mike Lennon  
Jonathan Bond

**Manager**  
**Manager**

## MATCH OFFICIALS

**Referee:** Sydeny Eden  
**Assistant 2:** Madison Astbury

**Assistant 1:** Danze Uzudimma  
**4th Official:** Madison Astbury