



4WORK
PRIMARY CUP

FINAL



FC Viking vs Northwold FC

SATURDAY 22ND MARCH – KO 2PM

VENUE: HARROD SPORT ARENA

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David Galer MD
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CHAIRMAN'S INTRODUCTION

As Chairman of the Norfolk County Football Association, it gives me great pleasure to welcome you all to Harrod Sport Arena for our 2025 Cup Final Series. This afternoon is the first of our fourteen County Cup Finals as we host the 4Work Primary Cup Final.

The first of the two sides competing for the trophy is this afternoon's home side F.C Viking. They currently compete in the Central & South Norfolk League Division two. Their opponents are Northwold, who also compete in the Central & South Norfolk League, Division two. The last time these two sides met was in the Stephen Boddy Primary League Cup earlier in the season where Northwold ran out 4-1 winners.

F.C Viking have made their way through to this evening's final with a variety of wins including a nine-goal thriller against UEA F.C in the third round, two penalty shoot-out victories, as well as a comprehensive 4-0 win against Poringland Wanderers FC in the semi-final. Their league form sees them sitting 4th in the table.

Northwold have had a more straightforward route through to the final, scoring 33 goals in 5 games.

They currently sit 5th in the table, one place behind F.C Viking, with 3 games in hand.

The third team on show for today's spectacle will of course be the match officials. They, like the teams have also earned the right to be here, and I would like to extend my congratulations to them on their selection. I wish them every success in what I hope will be a memorable occasion for all involved.

Finally, a thank you to all our Board, Ex-Council and Youth Council members who are present together with staff from HQ and our FDCs for their hard work coming together to stage our fourteen 2025 County Cup Finals. Also, a massive thank you to 4Work for their continued support in sponsoring our Primary Cup competition.

*All information correct at time of writing.



Michael Banham
Norfolk County FA Chairman

THE NORFOLK PRIMARY CUP

The Norfolk Primary Cup is the third oldest Norfolk FA County Cup active today and is the lowest ranked of the four competitions available to open aged Saturday teams. It is competed for by teams that compete at Division two or below of the Norfolk Regional Leagues.

This gives the Primary Cup a bit of a unique twist, as the winners are usually promoted and therefore enter the Norfolk Junior Cup the year after. As such most clubs only get the chance to feature in a Primary Cup Final one or twice in their history. Over the competition's 91-year history, there have only been a handful of clubs that have reached three Primary Cup Finals. Yaxham are the only club to feature in four Primary Cup Finals, winning two and losing two, most recently in the 2003/04 season, beating Dickleburgh 5-2 (AET).

The record winners of the competition are Dereham Taverners, who managed to claim the record in three successive seasons, beating The Woottons 2-1 in 2015, Marham Wanderers 5-0 in 2016 and Castle Acre Swifts Reserves 2-1 in 2017. The following two years then saw Gayton United Reserves and Celt Rangers

play in back-to-back finals, each winning one.

Last season's final finished 1-1 after 90 minutes between Swaffham Town A & Hockering. With the game at deadlock the game went to penalties. In the shootout it was Hockering who came out on top, winning 4-2 and lifting the 4Work Primary Cup.

This year was the 93rd year of the Norfolk Primary Cup and we began the season back in September with forty-eight teams entering. The first two rounds are split into an East and a West section.

Last year's winners Hockering FC gained promotion which subsequently meant they would no longer compete at Primary Cup level. Unfortunately, after a successful season last year, the first team folded shortly after the start of the season. Despite this, the reserve side continued to fly the flag for the club in this competition, narrowly beating Sporle Athletic FC on penalties in the first round. The second round saw last season's runners up, Swaffham A, win convincingly away to KLSC FC A, netting 6 times and conceding 1. However, their cup journey was cut short losing out on penalties to Wymondham Wanderers in the 3rd round.

THE NORFOLK PRIMARY CUP

The quarter-final stages unfortunately saw Clenchwarton Reserves and Wymondham Wanderers removed from the competition due to playing an ineligible player, after winning their games. This meant Poringland Wanderers and Necton made their way to the semi-finals instead, facing FC Viking and Northwold FC.

FC Viking ran out convincing winners against Poringland Wanderers, scoring 4 without reply and Northwold saw off Necton, winning 8-2, setting up this year's 4Work Norfolk Primary Cup Final, FC Viking vs Northwold FC.



4WORK PRIMARY CUP



FC VIKING

SQUAD INFORMATION

Rupert Appleton - Full Back

Rupert can play full back and locked out the wingers in the semi-final to earn the clean sheet.

Charlie Atkins - Centre Midfield

Full of energy and always willing to play the team game, his contribution is massively appreciated.

Greg Audus - Striker

With sixteen goals and seven assists in twenty-one games, Greg is more than pulling his weight in goal contributions.

Tom Bardwell-Doughty - Centre Midfield

Tom is in the form of his life currently, with 11 goals and 5 assists from midfield.

Dan Basson - Centre Midfield

Bass is limitless energy, the type of player to hunt the ball down from anywhere and win it back.

Sean Betts - Full Back

Quick, lots of energy and a great attitude, Betsy has earned his place in the final.

Jacob Braddon - Winger

He's in red-hot form with five goal contributions in his last five games.

Alex Burks - Centre Midfield

A. Vikings biggest aerial asset, Burksy puts it to use in both attacking and defensive areas.

Alfie Carver - Centre Back

Alfie has stepped up to the captaincy this season and his voice is heard on all corners of the pitch.

Kyle Copland - Full Back

Played in the first three rounds of the Primary Cup prior to injury.

Michael Hemming - Winger

Currently thirteen goals and six assists in nineteen games, Mikey is at the forefront of the attack.

Richard Hipkiss - Centre Back

Aerially combative, strong in the challenge and reads the game very well.

Lewis Mann - Winger

With four assists more than anyone else, Lewis can unlock a defence at will.

Logan Mann - Winger

Logan has been eased into the first team this season.

Luke Mann - Centre Back

Aerially combative, strong, reads the game well and likes to drive forward.

Rhys Medlar - Centre Back

The semi-final was his ninth overall clean sheet at the club so far this season.

Ryan Shadbolt - Striker

Usually the focal point of the attack, his numbers speak for themselves.

George Stringer - Centre Midfield

One of five centre midfielders, the most creative.

Ashton Taylor - Centre Forward

Using his pace to harass defenders, Ashton chases relentlessly.

Matt Tickle - Goalkeeper

Five clean sheets and saved four penalties in two Primary Cup shootouts - also scoring in both.

Ollie Warne - Centre Midfield

The engine. Ollie covers every blade of grass on the pitch.



FC VIKING SQUAD LIST

SQUAD

Goalkeepers

Matt **TICKLE**

Defenders

Rhys **MEDLAR**

Luke **MANN**

Richard **HIPKISS**

Kyle **COPLAND**

Alfie **CARVER**

Sean **BETTS**

Rupert **APPLETON**

Midfielders

Ollie **WARNE**

George **STRINGER**

Dan **BASSON**

Tom **BARDWELL-DOUGHTY**

Charlie **ATKINS**

Alex **BURKS**

Forwards

Ashton **TAYLOR**

Ryan **SHADBOLT**

Logan **MANN**

Lewis **MANN**

Michael **HEMMING**

Jacob **BRADDON**

Greg **AUDUS**

PLAYER TO WATCH

Michael **HEMMING**

Michael is coming of age this season. Whilst his stats for the club have always been good, tracking at a goal contribution per game is taking it to the next level. Mikey is a winger that has it all. Delivery, pace, directness and finishing, Mikey is the Vikings danger man. It's not just against the weaker league teams that he is stat-padding, he has scored in every Primary Cup game except the first round. Mikey is known for a wicked left foot which occasionally scores a freekick or two and he can also take corners from both sides.

MANAGEMENT TEAM

Manager **SCOTT WILKINSON**

Assistant Manager **BRADLEY SNADDON**



4WORK
PRIMARY CUP

NORTHWOLD FC

SQUAD INFORMATION

Freddie Young - Goalkeeper

The club's number 1 shot stopper. His idol is the chairman/backup GK.

Krzysztof Wasko - Left Back

Can't handle his drink, supermarket fanatic, saw snow for the first time last year. Solid full back.

James Dey - Centre Back

No regard for his body, throws himself into every tackle. Plays better hungover. Boomerang, retires every season then comes back.

Adam Jolly - Centre Back

9ft tall, has one career header to his name and it ended up with him in A and E.

Jordan Boulton - Right Back

Huge Pepa pig fan, angry, poor moustache, captain, on a diet of fish balls.

Lewis Coleman - Centre Defensive Midfield

Ropey trim, not quite as good as his brother, solid CM.

Mason Thorogood - Centre Midfield

Hamstrings like dental floss, set piece specialist, 70 mins max, chairman of MoM and Donkey awards.

Taylor Vickers - Centre Midfield

Big tackles, not as quick as his dad was, nearly as angry as Jord, goals galore.

George Sharpe - Left Wing

Probably took a wrong turn and missed the final, terrible sense of direction, failed geography, plays everywhere.

Ivo Sousa - Right Wing

1 beer limit, can't ride a bike, non-stop goals.

Daniel Jackson - Striker

Not a fan of charity, more cars than sins, comes off with a fat lip or black eye in most games.

Joe Coombs - Left or Right Wing

Long serving Wold player. Big personality in the changing room.

Ben Tricker - Right Back

Spent several weeks out with an injury early in the season but came back stronger.

Robbie Trainor - Left or Right Wing

Right place at the right time for a goal. Turned up in a suit once to infiltrate the vice captain's family meal. Customised shinnies.

Marcus Britnell - Centre Midfield

Marginally the best Britnell we have, no pace, shorts up to his arm pits, some good cup appearances this season.

Sam Shepherd - Left Wing

Plays once a month when his back is OK, plays anywhere, solid parkrun time.

Owen Miller - Left Back

Solid fullback when he's allowed time off of work. Spins like Antony with the same result.

Elliot Gibson - Centre Midfield or Striker

Best mullet in Norfolk, majority shareholder at Ice Nightclub, keen gardener.



NORTHWOLD FC SQUAD LIST

SQUAD

Goalkeepers

Freddie **YOUNG**

Defenders

Wasko **KRZYSZTOF**

James **DEY**

Adam **JOLLY**

Jordan **BOULTON**

Ben **TRICKER**

Owen **MILLER**

Midfielders

Lewis **COLEMAN**

Mason **THOROGOOD**

Taylor **VICKERS**

Marcus **BRITNELL**

Elliot **GIBSON**

Forwards

George **SHARPE**

Ivo **SOUSA**

Daniel **JACKSON**

Joe **COOMBS**

Robbie **TRAINOR**

Sam **SHEPHERD**

MANAGEMENT TEAM

Team Official **ROLPH LOUIS**

Team Official **SHAUN GRIGGS**

Team Official **LIAM BLOOM**

Team Official **JACK MAYES**

Team Official **ADEY**

Team Official **SCOOBY**





NORFOLK FA
INTERMEDIATE CUP

FINAL



**ATTLEBOROUGH TOWN FC RESERVES vs
DUSSINDALE & HELLESDON ROVERS FC 'A'**

Saturday 29 March 2025
Harrod Sport Arena, The FDC
2:00pm KO

REFEREE INFORMATION



REFEREE

Craig Guy

Age: 40

Referee Level: 5

Interesting Fact: Lowestoft cricket captain and James Paget hospital material's management and logistics operative.

Previous Cup Finals: Harrod Sport Women's Cup fourth official and Stuart Dracup Cup.



ASSISTANT REFEREE

Julian Driver

Age: 47

Referee Level: 6

Interesting Fact: I am a Truck Driver

Previous Cup Finals: This will be my first County Cup Final.



ASSISTANT REFEREE

Kevin Wingfield

Age: 46

Referee Level: 5

Interesting Fact: I am a Digital Project Manager.

Previous Cup Finals: I captained my team in two Norfolk Junior Cup finals at Carrow Road. This is my first opportunity to officiate in a County Cup final.



FOURTH OFFICIAL

Mark Riches

Age: 77

Referee Level: 5

Interesting Fact: CEO Airport Retail Consultancy. Began refereeing in Norfolk in 1988.

Previous Cup Finals: This will be the 7th final I have been involved in, 4 in the middle & 3 on the line.

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THE STANDARD**

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a positive game for all.



RESPECT



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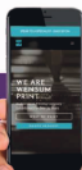
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