

Suffolk FA Cups' History



Suffolk FA Premier Cup

1958-59 Bury Town 2 - 1 Long Melford
1959-60 Bury Town 3 - 1 Sudbury Town (after 0-0 draw)
1960-61 Bury Town 5 - 3 Long Melford
1961-62 Bury Town 4 - 2 Lowestoft Town (after 1-1 draw)
1962-63 Stowmarket 2 - 0 Lowestoft Town
1963-64 Bury Town 3 - 0 Lowestoft Town (after 2-2 draw)
1964-65 Bury Town 4 - 1 Lowestoft Town
1965-66 Bury Town 2 - 1 Haverhill Rovers
1966-67 Lowestoft Town 3 - 0 Stowmarket
1967-68 Ipswich Town 4 - 1 Bury Town
1968-69 Ipswich Town 5 - 0 Lowestoft Town
1969-70 Ipswich Town 6 - 1 Sudbury Town
1970-71 Bury Town 1 - 0 Sudbury Town (after 0-0 draw)
1971-72 Lowestoft Town 3 - 1 Bury Town
1972-73 Sudbury Town 4 - 0 Bury Town
1973-74 Sudbury Town 5 - 4 Lowestoft Town (on aggregate)
1974-75 Lowestoft Town 3 - 2 Newmarket Town (on aggregate)
1975-76 Sudbury Town 3 - 1 Lowestoft Town (on aggregate)
1976-77 Stowmarket 5 - 4 Sudbury Town (on aggregate)
1977-78 Bury Town 5 - 1 Lowestoft Town (on aggregate)
1978-79 Lowestoft Town 5 - 2 Sudbury Town (on aggregate)
1979-80 Lowestoft Town 2 - 0 Sudbury Town (on aggregate)
1980-81 Sudbury Town 6 - 3 Felixstowe Town (on aggregate)
1981-82 Sudbury Town 2 - 1 Bury Town
1982-83 Sudbury Town 3 - 1 Lowestoft Town (aet)
1983-84 Brantham Athletic 2 - 0 Lowestoft Town
1984-85 Sudbury Town 3 - 1 Lowestoft Town
1985-86 Stowmarket Town 1 - 0 Lowestoft Town
1986-87 Sudbury Town 2 - 1 Felixstowe Town
1987-88 Sudbury Town 3 - 1 Newmarket Town
1988-89 Sudbury Town 3 - 1 Bury Town
1989-90 Sudbury Town 4 - 2 Bury Town
1990-91 Stowmarket Town 3 - 2 Haverhill Rovers
1991-92 Sudbury Town 1 - 0 Stowmarket Town
1992-93 Sudbury Town 2 - 1 Brantham Athletic
1993-94 Newmarket Town 2 - 1 Sudbury Town
1994-95 Newmarket Town 1 - 0 Felixstowe Town (after 1-1 draw)
1995-96 Bury Town 0 - 0 Woodbridge Town (5-4 on pens)
1996-97 Newmarket Town 1 - 0 Stowmarket Town (after 0-0 draw)
1997-98 Sudbury Wanderers 5 - 2 Lowestoft Town (after 0-0 draw)
1998-99 Newmarket Town 1 - 0 Sudbury Town (aet)
1999-00 Lowestoft Town 1 - 0 Mildenhall Town
2000-01 Lowestoft Town 4 - 3 AFC Sudbury
2001-02 AFC Sudbury 3 - 1 Felixstowe & Walton United

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**DEVELOPING
GROWING AND
SUPPORTING
YOUR GAME**

2002-03 AFC Sudbury 1 - 0 Mildenhall Town
2003-04 AFC Sudbury 4 - 0 Bury Town 95
2004-05 Lowestoft Town 4 - 3 Bury Town
2005-06 Lowestoft Town 3 - 2 Leiston (aet)
2006-07 Ipswich Town 8 - 0 Leiston
2007-08 Needham Market 0 - 0 Leiston (5-4 on pens)
2008-09 Lowestoft Town 3 - 2 Needham Market
2009-10 Ipswich Town 4 - 1 Needham Market
2010-11 Bury Town 2 - 0 Needham Market
2011-12 Lowestoft Town 4 - 2 Bury Town
2012-13 Bury Town 2 - 0 Lowestoft Town
2013-14 Bury Town 4 - 1 Felixstowe & Walton United
2014-15 Lowestoft Town 2 - 1 Whitton United
2015-16 Lowestoft Town 3 - 1 Leiston
2016-17 Needham Market 3 - 2 Lowestoft Town
2017-18 Leiston 3 - 0 Bury Town
2018-19 Leiston 3 - 2 Felixstowe & Walton United
2019-20 Needham Market 4 - 3 Lowestoft Town (on aggregate)
2020-21 Cancelled due to Covid
2021-22 Needham Market 0 - 0 Leiston (5-4 on pens)
2022-23 Needham Market 3 - 3 Stowmarket Town (6-5 on pens)
2023-24 Needham Market 2 - 0 Felixstowe & Walton United

Suffolk FA Senior Cup

1885-86 Woodbridge 3 - 1 Ipswich Town (after 2-2, 0-0 draws)
1886-87 Ipswich Town 2 - 1 Ipswich School
1887-88 Long Melford 1 - 0 Woodbridge (after 2-2 draw)
1888-89 Ipswich Town 4 - 0 Newmarket
1889-90 Ipswich Town 4 - 1 Long Melford
1890-91 Framlingham College 4 - 0 Stowmarket
1891-92 Beccles College 5 - 1 Leiston
1892-93 Beccles Caxton 2 - 0 Framlingham College
1893-94 Framlingham College 3 - 1 Ipswich Middle School (Past & Present)
1894-95 Long Melford 2 - 1 Saxmundham
1895-96 Ipswich Town 2 - 0 Beccles Caxton
1896-97 Beccles Caxton 1 - 0 Leiston
1897-98 Beccles Caxton 2 - 0 Kirkley
1898-99 Beccles Caxton 2 - 1 Kirkley (after 0-0, 2-2 draws)
1899-00 Ipswich Town 5 - 1 Beccles College
1900-01 Kirkley 3 - 0 Ipswich Town
1901-02 Kirkley 6 - 0 Haverhill Rovers
1902-03 Lowestoft 2 - 0 Kirkley
1903-04 Ipswich Town 3 - 2 Leiston
1904-05 Ipswich Town 2 - 0 Lowestoft Rovers
1905-06 Ipswich Town 6 - 1 Haverhill Rovers
1906-07 Ipswich Town 2 - 1 Bury Town
1907-08 Ipswich Town 3 - 0 Bury Alexandra
1908-09 Long Melford 1 - 0 Bury Town (after 2-2 draw)
1909-10 Cambridge Town 3 - 0 Stowmarket (after 0-0 draw)
1910-11 Suffolk District Asylum (Melton) 1 - 0 Bury Town (after 2-2 draw)
1911-12 Ipswich Town 2 - 1 Haverhill Rovers
1912-13 Ipswich Town 2 - 1 All Saints United
1913-14 Ipswich Town 3 - 0 Ipswich YMCA (after 1-1 draw)
1920-21 Long Melford 1 - 0 Bury Town
1921-22 Beccles Town 3 - 2 Ipswich GER (after draw)

1922-23 Lowestoft 2 - 0 Stowmarket
1923-24 Lowestoft Town 3 - 1 Beccles Town (after 3-3 draw)
1924-25 Kirkley 1 - 0 Brantham Athletic
1925-26 Lowestoft Town 2 - 1 Martlesham RAF
1926-27 Brantham Athletic 3 - 0 Lowestoft Town
1927-28 Ipswich Town 2 - 0 HMS Ganges
1928-29 Ipswich Town 5 - 0 Woodbridge Town
1929-30 Ipswich Town 6 - 0 Sudbury Town
1930-31 Stowmarket 3 - 1 Sudbury Town
1931-32 Lowestoft Town 3 - 2 Stowmarket
1932-33 Stowmarket 5 - 2 Kirkley
1933-34 Stowmarket 3 - 0 Bury Town
1934-35 Newmarket Town 3 - 1 Kirkley
1935-36 Lowestoft Town 4 - 1 Ipswich Town
1936-37 Bury Town 2 - 0 Sudbury Town
1937-38 Bury Town 3 - 1 Ipswich Town Reserves
1938-39 Bury Town 4 - 0 Mildenhall RAF
1945-46 Bury Town 4 - 2 Newmarket (on aggregate)
1946-47 Lowestoft Town 3 - 0 Bungay Town
1947-48 Lowestoft Town 3 - 1 Whitton United
1948-49 Lowestoft Town 5 - 0 Leiston
1949-50 Bungay Town 2 - 0 Lowestoft Town
1950-51 Stowmarket 2 - 0 Sudbury Town
1951-52 Stowmarket 4 - 1 Bury Town (after 2-2 draw)
1952-53 Long Melford 1 - 0 Sudbury Town (after 1-1 draw)
1953-54 Long Melford 2 - 0 Sudbury
1954-55 Long Melford 2 - 0 Ipswich Town A
1955-56 Lowestoft Town 2 - 1 Long Melford
1956-57 Sudbury Town 3 - 1 Bury Town
1957-58 Stowmarket 2 - 0 Newmarket Town
1958-59 Whitton United 3 - 0 Bungay Town
1959-60 Brantham Athletic 3 - 2 Christchurch Athletic (after 1-1 draw)
1960-61 Bungay Town 1 - 0 Orwell Works (after 4-4 draw)
1961-62 Stowmarket 2 - 0 Brantham Athletic
1962-63 Whitton United 3 - 0 Bungay Town
1963-64 Grundisburgh 3 - 1 Felixstowe Town (after 1-1 draw)
1964-65 Stowmarket 4 - 0 Orwell Works Athletic
1965-66 Oulton Broad 2 - 1 Leiston (after 1-1 draw)
1966-67 Felixstowe Town 3 - 2 Oulton Broad
1967-68 ICI (Paints) 4 - 0 Electric Supply
1968-69 Hadleigh United 3 - 2 Westerfield United
1969-70 Waterside Works 1 - 0 Long Melford
1970-71 Crane (Ipswich) Sports 3 - 1 Needham Market
1971-72 Hadleigh United 1 - 0 ICI (Paints)
1972-73 Heath Row 3 - 2 Birds Eye (Lowestoft)
1973-74 Crane Sports 1 - 0 Heath Row of Rushmere YAC
1974-75 Felixstowe Town 3 - 2 Nicholians Locomotive
1975-76 Brantham Athletic 2 - 1 Hadleigh United
1976-77 Nicholians Locomotive 2 - 1 Hadleigh United
1977-78 Woodbridge Town 2 - 1 Crane Sports
1978-79 Ransomes 3 - 0 Sudbury Wanderers
1979-80 Nicholians Locomotive 3 - 2 Needham Market (after 0-0 draw)
1980-81 Ransomes 1 - 0 Westerfield
1981-82 Crane Sports 1 - 0 Wickham Market
1982-83 Hadleigh United 4 - 1 Crane Sports
1983-84 Crane Sports 2 - 1 Ipswich United
1984-85 Bury Town Reserves 1 - 0 Westerfield United

1985-86 Westerfield United 4 - 1 Leiston
1986-87 Sudbury Town Reserves 3 - 0 Ipswich United
1987-88 Grundisburgh 2 - 0 Haughley United
1988-89 Cornard United 1 - 0 Sudbury Wanderers
1989-90 Needham Market 1 - 0 Grundisburgh
1990-91 Sudbury Wanderers 5 - 1 BT Research
1991-92 Whitton United 2 - 0 Long Melford
1992-93 Woodbridge Town 5 - 3 Stonham Aspal
1993-94 Woodbridge Town 4 - 0 Saxmundham Sports
1994-95 Grundisburgh 2 - 0 Whitton United
1995-96 Grundisburgh 3 - 0 Framlingham Town
1996-97 Haverhill Rovers 4 - 1 Ipswich Wanderers
1997-98 Grundisburgh 2 - 1 Stonham Aspal
1998-99 Walton United 1 - 0 Needham Market
1999-00 Grundisburgh 3 - 1 Needham Market
2000-01 Kirkley 3 - 1 Ipswich Athletic
2001-02 Kirkley 4 - 3 Haverhill Rovers (aet)
2002-03 Long Melford 5 - 0 Stanton
2003-04 Hadleigh United 2 - 2 Long Melford (7-6 on pens)
2004-05 Needham Market 2 - 1 Walsham-le-Willows
2005-06 Walsham le Willows 4 - 3 Capel Plough (aet)
2006-07 Stowmarket Town 2 - 1 Grundisburgh
2007-08 Grundisburgh 3 - 2 Hadleigh United
2008-09 Beccles Town 1 - 0 Crane Sports
2009-10 Team Bury 2 - 0 Capel Plough
2010-11 Whitton United 1 - 0 Lakenheath
2011-12 Whitton United 2 - 1 Long Melford
2012-13 Ipswich Wanderers 1 - 1 Whitton United (3-2 on pens)
2013-14 Whitton United 1 - 0 Ipswich Wanderers
2014-15 Lakenheath 7 - 0 Ipswich Valley Rangers
2015-16 Waveney 3 - 2 Haughley United
2016-17 Achilles 2 - 1 Crane Sports
2017-18 Woodbridge Town 3 - 0 Bungay Town
2018-19 Achilles 4 - 3 Cornard United
2019-20 Ipswich Wanderers 1 - 0 Coplestonians
2020-21 Lakenheath 2 - 0 Bildeston Rangers
2021-22 Ipswich Wanderers 1 - 0 Leiston Reserves
2022-23 Framlingham Town 2 - 0 AFC Sudbury Reserves
2023-24 Trimley Red Devils 2 - 0 Leiston U23s

Senior Cup presented by The FA

1907-08 Kirkley 2 - 0 Lowestoft Town
1908-09 Kirkley 4 - 0 Orwell Works
1909-10 Lowestoft Town 2 - 0 Orwell Works
1910-11 Orwell Works 3 - 1 Kirkley
1911-12 Morton (Lowestoft)
1912-13 Leiston Town 3 - 0 Bury United
1913-14 Lowestoft Town 3 - 1 Leiston
1919-20 Beccles Town 5 - 1 Haverhill Rovers

Suffolk FA Senior Reserve Cup

2006-07 Felixstowe & Walton United 5 - 1 Southwold Town
2007-08 Haverhill Rovers 1 - 0 Ipswich Wanderers

2008-09 Lowestoft Town 2 - 1 Grundisburgh
 2009-10 Lowestoft Town 3 - 2 Haverhill Rovers
 2010-11 Haverhill Rovers 2 - 1 AFC Sudbury
 2011-12 Kirkley & Pakefield 2 - 1 Brantham Athletic
 2012-13 AFC Sudbury 4 - 3 Kirkley & Pakefield
 2013-14 Walsham-le-Willows 3 - 1 Whitton United
 2014-15 Hadleigh United 4 - 4 Crane Sports (4-2 on pens)
 2015-16 Brantham Athletic 2 - 1 Haverhill Rovers
 2016-17 Stowmarket Town 2 - 1 Woodbridge Town
 2017-18 Felixstowe & Walton United 2 - 0 Stowmarket Town
 2018-19 Walsham-le-Willows 3 - 0 Stowmarket Town
 2019-20 Woodbridge Town 2 - 1 Beccles Town
 2020-21 Woodbridge Town 2 - 1 Beccles Town
 2021-22 Walsham-le-Willows 1 - 0 Stowmarket Town
 2022-23 Hadleigh United 1 - 0 Beccles Town
 2023-24 Stowmarket Town 1 - 1 Beccles Town (5-4 on pens)

Suffolk FA Junior Cup

1889-90 Ipswich Town Reserves 4 - 1 Leiston (after 2-2 draw)
 1890-91 Halesworth 4 - 3 Haverhill Town
 1891-92 Bungay Chaucer Press 4 - 1 Brantham Athletic
 1892-93 Landguard Ford 2 - 0 Bury Alexandra
 1893-94 Kirkley 2 - 1 Haverhill Town
 1894-95 Leiston 2 - 0 Sudbury
 1895-96 Beccles Red Star 5 - 0 Brantham Athletic Reserves
 1896-97 Woodbridge Old St Mary's 1 - 0 Ipswich St Matthew's
 1897-98 Kirkley Res 4 - 1 Long Melford Reserves (after 1-1 draw)
 1898-99 *Brantham Athletic 3 - 2 Lowestoft Reserves
 (*Following a protest, a replay, resulting in a draw, and the Association ruled that each club should hold the cup for six months)
 1899-00 Mildenhall 4 - 1 Southwold RA Volunteers
 1900-01 Lowestoft Town Reserves 4 - 0 Newmarket Town (after 2-2 draw)
 1901-02 Haverhill Rovers Reserves 2 - 0 Orford & District (after 0-0 draw)
 1902-03 Lowestoft IOGT 3 - 0 Ipswich Town Reserves
 1903-04 Southwold 4 - 1 Trinity Old Boys (Ipswich) (after 2-2 draw)
 1904-05 Orwell Works 2 - 1 Newmarket (after 1-1 draw)
 1905-06 Halesworth Town 2 - 0 Newmarket
 1906-07 Ipswich Town Reserves 4 - 0 Stowmarket
 1907-08 Stowmarket 5 - 1 Westbourne Mills
 1908-09 Woodbridge 2 - 1 RFA (Ipswich) (after 1-1 draw)
 1909-10 Orford 2 - 0 Lavenham
 1910-11 Sudbury Brigade Utd 3 - 1 Newmarket Town Reserves
 1911-12 All Saints United (Ipswich)
 1913-14 Stoke Athletic 2 - 0 Egerton Amateurs
 1920-21 St Mary Elms Old Boys (Ipswich) 2 - 0 Beccles Town Reserves
 1921-22 Egerton Amateurs 2 - 1 Bramford
 1922-23 Lowestoft Town Reserves 2 - 0 West End Athletic (Ipswich)
 1923-24 Halesworth Town 3 - 0 Exning United
 1924-25 Leiston St Margarets 5 - 0 Haverhill Rovers Reserves
 1925-26 Woodbridge Town 4 - 2 Southwold Town
 1926-27 Newmarket Town Reserves 2 - 1 Beccles Caxton
 1927-28 Brantham Athletic Reserves 4 - 3 Bungay Town
 1928-29 United Services (Lowestoft) 3 - 1 Ipswich Town Reserves (after 1-1, 1-1 draws)
 1929-30 Old Nactonians 2 - 1 Beccles Caxton
 1930-31 Exning United beat Bungay after a draw 3-3

1931-32 Melton St Andrew's 1 - 0 Lowestoft Town Reserves
1932-33 Kirkley Reserves 2 - 1 Lowestoft St Margaret's
1933-34 Eastern Counties United Reserves 1 - 0 Ipswich Town Reserves
1934-35 Eastern Counties United Reserves 2 - 1 Atlas Works (Ipswich)
1935-36 Eastern Counties United Reserves 2 - 1 Needham Market
1936-37 Lakenheath 1 - 0 Life Brigade OB (after 1-1 draw)
1937-38 Mildenhall RAF 8 - 0 Wickham Market
1938-39 Beccles Town 5 - 0 Old Grammarians
1945-46 Brooke Marine 4 - 0 Bradfield St George
1946-47 Lowestoft Town Reserves 4 - 0 Haverhill Rovers Reserves
1947-48 Lowestoft Town Reserves 6 - 2 Lowestoft Corinthians
1948-49 Leiston St Margarets 4 - 3 Brandon Town (after 2-2 draw)
1949-50 Lowestoft Town Reserves 1 - 0 Grundisburgh
1950-51 Bury East Athletic
1951-52 Town Street, Brandon 3 - 0 Lowestoft CWS
1952-53 Landseer Youth Club 4 - 2 Bradfield St George
1953-54 Lowestoft CWS 2 - 1 Stanton
1954-55 Brandon Town 4 - 2 Beck Row
1955-56 Grundisburgh 2 - 0 Lowestoft Town Reserves
1956-57 Beccles Caxton 8 - 0 Debenham and District
1957-58 Beccles Caxton 8 - 0 Corton
1958-59 Beaconsfield 4 - 2 Wetheringsett
1959-60 Castle Hill Youth Club 3 - 1 Haughley United
1960-61 Southwold Town 4 - 0 Westerfield United
1961-62 RAF Honington 3 - 2 Finningham
1962-63 Oulton Broad 2 - 0 Halesworth Town
1963-64 Finningham 2 - 1 Melton United
1964-65 Finningham 4 - 3 Southwold Town
1965-66 Finningham 5 - 2 Wortham
1966-67 Brandon Town 3 - 2 Wetheringsett
1967-68 Finningham 4 - 0 Halesworth Town
1968-69 Finningham 4 - 0 Elmswell
1969-70 Old Lowestoftians 5 - 3 Finningham
1970-71 Woodbridge Town 2 - 1 Lake Lothing
1971-72 Lake Lothing 4 - 2 St Edmunds RCYC
1972-73 St Edmunds RCYC 4 - 3 Carlton Colville
1973-74 Murrayside 2 - 1 Walsham-le-Willows
1974-75 Lakenheath 3 - 2 Wenhaston United
1975-76 Alan Road 3 - 2 Elmswell
1976-77 St Edmunds RCYC 1 - 0 Haughley United
1977-78 St Edmunds RCYC 4 - 1 Alan Road (after 2-2 draw)
1978-79 Murrayside 4 - 1 Coplestonians
1979-80 St Edmunds RCYC 2 - 0 Haughley United Reserves
1980-81 Brandon Town 4 - 0 Haughley United Reserves
1981-82 Post Office Research 2 - 0 Ransomes Reserves (after 1-1, 2-2 draws)
1982-83 Leiston 2 - 0 Southwold
1983-84 Leiston 1 - 0 Barrow
1984-85 Needham Market 1 - 0 Cornard United
1985-86 Ashlea 2 - 1 Fonnereau Athletic
1986-87 Woodbridge Town 4 - 1 Elmswell
1987-88 Walsham-le-Willows 5 - 0 Westerfield United Reserves
1988-89 Walsham-le-Willows 1 - 0 Halesworth Town
1989-90 Walsham-le-Willows 2 - 1 Leiston St Margarets
1990-91 Saxmundham Sports 1 - 0 Beccles Caxton
1991-92 Newbury United 4 - 3 Willis Corroon
1992-93 Newbury United 2 - 0 Ipswich Athletic
1993-94 Stanton 2 - 0 Ipswich Athletic

1994-95 Wenhaston United 2 - 1 Stonham Aspal Reserves
1995-96 Haughley United Reserves 2 - 1 Ipswich Athletic
1996-97 Cavendish 3 - 1 Bungay Town
1997-98 Tuddenham Rovers 3 - 2 Thurston
1998-99 Tuddenham Rovers 4 - 3 Corton (aet)
1999-00 Tuddenham Rovers 5 - 3 Cockfield
2000-01 Bramford United 4 - 2 Westerfield United (aet)
2001-02 Westerfield United 1 - 0 Framlingham Town
2002-03 Cockfield United 2 - 1 Framlingham Town
2003-04 Hearts of Oak 3 - 1 Hadleigh United Reserves
2004-05 Leiston St Margarets 0 - 0 Southwold Town (6-5 on pens)
2005-06 AFC Sudbury Reserves 1 - 0 Stowupland
2006-07 Stonham Aspal 3 - 0 Hundon
2007-08 Old Newton United 2 - 1 Cockfield United
2008-09 Achilles 5 - 2 Old Newton United (aet)
2009-10 Bacton United 89 2 - 1 Sudbury Athletic
2010-11 Glemsford & Cavendish United 3 - 1 Leiston St Margarets
2011-12 Westerfield United 2 - 1 Bartons
2012-13 Oulton Broad 2 - 2 Waveney (4-2 on pens)
2013-14 Oulton Broad 2 - 1 Claydon
2014-15 Ipswich Athletic 1 - 0 Benhall St Mary
2015-16 AFC Hoxne 2 - 0 Henley Athletic
2016-17 Bacton United 3 - 2 Oulton Broad (aet)
2017-18 AFC Kesgrave 3 - 2 Trimley Red Devils
2018 -19 Bildeston Rangers 4 - 2 Bacton United 89
2019-20 Halesworth Town 6 - 4 Sudbury Sports
2020-21 Stowupland Falcons 2 - 1 Mutford & Wrentham
2021-22 Stowupland Falcons 1 - 0 Mutford & Wrentham
2022-23 AFC Kesgrave 3 - 1 Mutford & Wrentham
2023-24 Thurston 3 - 1 Woolverstone United

Junior Cup presented by The FA

1907-08 IOGT Lowestoft 2 - 0 Brantham Athletic
1908-09 Leiston Reserves 4 - 0 Haverhill Old Independent Institute
1909-10 HMS Ganges 2 - 0 Lowestoft Town Reserves
1910-11 Thetford
1911-12 Leiston Alexandra 4 - 2 Leiston Reserves (aet, after 1-1 draw)
1912-13 Ipswich RHA
1913-14 Brantham Athletic 4 - 0 Lowestoft Town Reserves
1919-20 Brantham Athletic 2 - 0 Lowestoft Labour

Suffolk FA Primary Cup

1933-34 Stoke Comrades 4 - 1 St Clements United
1934-35 Priory Works, Eastern Counties III
1935-36 Eastern Counties III 4 - 3 Newton Green
1936-37 Newton Green 3 - 1 Lovewell Road OB
1937-38 Bury St Andrews 3 - 2 Reydon
1938-39 Whitton United 2 - 1 Crists Cable
1946-47 Rattlesden 2 - 1 Rickinghall
1947-48 Stanton 5 - 1 Somerleyton
1948-49 Wortham 6 - 2 Great Blakenham
1949-50 Eriswell 4 - 3 Brandon
1950-51 Exning Reserves 2 - 0 Old Newton

1951-52 Woolpit
1952-53 Wickham Market
1953-54 Lowestoft Electrical Apparatus 3 - 1 Barrow
1954-55 Benhall St Mary's 4 - 3 Orford
1955-56 Christchurch 5 - 1 Rattlesden
1956-57 Beaconsfield 5 - 3 Wetheringsett
1957-58 Elmswell 6 - 2 Nicholians
1958-59 Priory Heath YC 6 - 0 Rougham Wanderers
1959-60 Richards Ironworks 4 - 0 Rushmere Athletic
1960-61 Fornham & Hengrave 1 - 0 Finningham United
1961-62 Fornham St Martin 3 - 2 Bramford Road OB
1962-63 Bildeston Rangers 2 - 1 Wetheringsett
1963-64 Ixworth 4 - 2 Thurston
1964-65 Bildeston Rangers 6 - 1 Raydon & Shelley
1965-66 Barrow 2 - 1 Fonnereau Athletic
1966-67 Westgate Brewery 3 - 2 Bradfield St George
1967-68 Woodbridge Athletic 3 - 1 Foxhall Works
1968-69 St Edmunds RCYC 2 - 2 Nicholians
1969-70 Lake Lothing 4 - 3 Mildenhall Reserves
1970-71 Tattingstone United 3 - 2 Carlton Colville
1971-72 Haughley Youth 2 - 1 Copdock
1972-73 Murrayside 5 - 3 Wickham Market
1973-74 Springfield 1 - 0 Centa
1974-75 Wickham Market 2 - 1 Carlton Colville Reserves
1975-76 Caribbean 3 - 2 Carlton Colville Reserves
1976-77 Bildeston Rangers 5 - 1 Ipswich Exiles (after 2-2 draw)
1977-78 South Suffolk Old Boys 3 - 2 Stoke United
1978-79 Bildeston Rangers 3 - 0 Ipswich Exiles
1979-80 Waveney Wanderers 2 - 0 Cavendish
1980-81 Covenanters 3 - 1 Halesworth Town Reserves
1981-82 Halesworth Town Reserves 1 - 0 Wortham
1982-83 Waveney Wanderers 4 - 2 Bramford United
1983-84 Smock 2 - 1 Needham Market A
1984-85 Cavendish 3 - 2 East Bergholt (aet)
1985-86 Hundon 3 - 0 Stonham Aspal Reserves
1986-87 Thomas Eldred 3 - 0 Whitton United
1987-88 Kesgrave Bell 6 - 0 Whatfield
1988-89 East Anglian Customs 2 - 1 Whitton A
1989-90 Cue Plas 4 - 3 Fisons
1990-91 Tacket Street BBOB 2 - 1 Sudbury Athletic Reserves
1991-92 Lakenheath Reserves 5 - 2 Saracens
1992-93 Lakenheath Reserves 2 - 0 Wanderers Social
1993-94 Ixworth 3 - 2 Tacket Street BBOB
1994-95 Murray Rangers 3 - 1 Tuddenham Rovers (after 0-0 draw)
1995-96 Rushmere Athletic 3 - 1 Eye Games Centre
1996-97 Orwell Athletic 3 - 1 Stowupland
1997-98 Bucklesham 4 - 0 Kitchener United
1998-99 Bacton United 3 - 2 Salvation Army (after 1-1 draw)
1999-00 Saracens 2 - 1 Somersham
2000-01 Martlesham Athletic 98 6 - 4 Albion Mills (aet)
2001-02 AFC Hoxne 3 - 1 Dennington United (aet)
2002-03 Bury Town 95 Reserves 2 - 0 Claydon
2003-04 Coplestonians Reserves 2 - 1 Peasenhall United
2004-05 Needham Market 'A' 1 - 1 Somersham (4-3 on pens)
2005-06 Newmarket White Lion 3 - 1 Bildeston Rangers
2006-07 Stowmarket Stag 2 - 0 Priors Inn
2007-08 Bungay Town Reserves 4 - 2 Old Newton United Reserves

2008-09 Redgrave Rangers 1 - 0 Salvation Army
 2009-10 Somersham 3 - 2 Glemsford
 2010-11 Benhall St Mary 2 - 1 Great Blakenham
 2011-12 Cedars Park 2 - 1 AFC Crowley
 2012-13 Red Lodge 3 - 1 Cedars Park
 2013-14 Adhara 4 - 4 Witnesham Wasps (aet, 5-4 on pens)
 2014-15 Barham Athletic 2 - 1 Bures United
 2015-16 Stage Event Security 2 - 0 Tacket Street Boys' Brigade Old Boys
 2016-17 Bures United 2 - 1 AFC Yourshirts
 2017-18 Bures United 2 - 0 AFC Yourshirts
 2018-19 AFC Sudbury A 4 - 2 Old Newton United Reserves
 2019-20 Melton United 4 - 3 Elmswell
 2020-21 Bramford United 7 - 2 Laxfield
 2021-22 Bardwell Sports 4 - 0 Kesgrave Kestrels
 2022-23 Coddensham Athletic 2 - 2 Gipping Gnats (4-3 on pens)
 2023-24 Redgrave Rangers 2 - 0 Cavendish

Suffolk FA Sunday Cup

1972-73 Stowmarket Athletic 2 - 1 Betabake Anglia
 1973-74 Parkside (Ipswich) 1 - 0 Lavenham Angels
 1974-75 Parkside (Ipswich) 2 - 0 Ipswich & East Suffolk CC
 1975-76 Kitchener Taverners 1 - 0 Bloomfield Engineering
 1976-77 Norton United 4 - 2 Bloomfield Engineering
 1977-78 Bloomfield Engineering 2 - 0 Magpies
 1978-79 Magpies 3 - 2 Stowmarket Athletic
 1979-80 Christy United 2 - 1 Thurleston YC
 1980-81 Magpies 2 - 0 John Player
 1981-82 Newmarket Valley 3 - 2 Christy United
 1982-83 Stowmarket WT Athletic 5 - 0 Heathfield
 1983-84 Heathfield 3 - 1 Capel Plough
 1984-85 Melton YCOB 1 - 0 John Player
 1985-86 John Player 5 - 0 Heathfield
 1986-87 John Player 1 - 0 Brantham Colts
 1987-88 Alderman Athletic 2 - 1 Stowmarket Vandals
 1988-89 Alderman Athletic 3 - 2 Oxborrows
 1989-90 Heathfield 3 - 1 Alderman Athletic
 1990-91 Stow Vandals 2 - 0 Heathfield
 1991-92 Heathfield 4 - 0 St Clements
 1992-93 Heathfield 3 - 2 St Clements
 1993-94 Stow Vandals 1 - 0 Lake Lothing
 1994-95 Heathfield 4 - 1 Charsfield
 1995-96 Heathfields 2 - 1 Electric Supply
 1996-97 Blooming Fuchsia 4 - 3 AFC Railway
 1997-98 Rampant Horse 3 - 1 Onehouse
 1998-99 St Clements 1 - 0 Mellis (after 1-1 draw)
 1999-00 AFC Railway 5 - 4 Charsfield
 2000-01 Great Eastern 2 - 1 Silver Star Thistle
 2001-02 Notleys 1882 2 - 0 St Clements
 2002-03 Carlton Red House 4 - 1 St Clements
 2003-04 Bardwell Wasps 1 - 0 Mellis
 2004-05 Notleys 1882 4 - 3 Greengage
 2005-06 Tudor Rose 3 - 0 Notleys 1882
 2006-07 Bardwell Wasps 1 - 0 Redgrave Rangers
 2007-08 Bardwell Wasps 2 - 2 Premier Pool Thistle (5-4 on pens)

2008-09 Wortham Dolphin United 6 - 0 Pot Black Club
 2009-10 Mount Pleasant 2 - 1 Ipswich Thistle
 2010-11 Ipswich Thistle 3 - 0 The Bushel
 2011-12 Belstead Arms 2 - 1 AFC Star 2009
 2012-13 Redgrave Rangers 2 - 1 Exning United (aet)
 2013-14 Gym United 6 - 4 Kitchener Taverners
 2014-15 Gym United 4 - 2 Yourshirts
 2015-16 Tostock 2 - 1 AFC Chelmondiston
 2016-17 AFC Chelmondiston 3 - 3 Mellis (aet, 7-6 on pens)
 2017-18 Kitchener Taverners 4 - 1 Mellis
 2018-19 Gym United 1 - 0 Tostock Pirates
 2019-20 Gym United 2 - 2 Brandon Town Community (4-3 on pens)
 2020-21 Kitchener Taverners 2 - 0 AFC Bergholt
 2021-22 Kitchener Taverners 3 - 1 Moreton Hall Youth Ferals
 2022-23 Moreton Hall Youth Ferals 1 - 0 Mellis
 2023-24 Kitchener Taverners 2 - 1 Moreton Hall Youth Ferals

Suffolk FA Sunday Shield

1966-67 AF Knights 5 - 2 GPO Ipswich (on aggregate)
 1967-68 Burtons 1 - 0 Belstead
 1968-69 Priors United 3 - 2 Lavenham Angels
 1969-70 Pakenham United 2 - 1 Priors United
 1970-71 Lavenham Angels 3 - 2 Juggernauts (after 0-0, 1-1 draws)
 1971-72 Alderman Athletic 3 - 1 Christy United
 1972-73 Alderman Athletic 1 - 0 Priors United
 1973-74 Clarence Lodge 1 - 0 Pakenham United
 1974-75 Norton United 4 - 0 Pakenham United (after 2-2 draw)
 1975-76 Bellevue 1 - 0 Priors United
 1976-77 Priors United 3 - 0 Norton United Reserves
 1977-78 Coplestonians 2 - 1 Priors United
 1978-79 Barrow 3 - 1 Stowmarket Athletic Reserves
 1979-80 Pakenham United 3 - 1 Falcons
 1980-81 Barrow 4 - 1 Stowmarket Athletic Reserves
 1981-82 Rickinghall Gunners 4 - 2 Ipswich District Hospitals
 1982-83 Rickinghall Gunners 2 - 1 Laxfield United
 1983-84 Parkside 1 - 0 Debenham
 1984-85 Gt Barton 1 - 0 Wickham Market
 1985-86 Hermes 3 - 2 Ipswich Telephone Engineers
 1986-87 Duke of York 3 - 2 Blandford
 1987-88 Duke of York 3 - 1 RAF Wattisham
 1988-89 Crown (Lowestoft) 2 - 1 RSSC Dales
 1989-90 Felixstowe Trades and Labour 2 - 1 HMP Cutters
 1990-91 Tuddenham Rovers 4 - 3 Albion Mills
 1991-92 Lowestoft Pot Black 5 - 1 Newmarket Five Bells
 1992-93 Jewson 2 - 1 Duke of York
 1993-94 Gunton OB 4 - 0 British Sugar
 1994-95 Dickerson 2 - 1 Lord Nelson Thistle Reserves
 1995-96 Rampant Horse Reserves 2 - 1 Blakenham Chequers
 1996-97 Haverhill Mount P 1 - 0 Felixstowe T & LC
 1997-98 Ipswich Hospitals 4 - 3 CJ's Nightclub
 1998-99 Leiston Athletic 2 - 0 Bungay Angels
 1999-00 Dickerson 3 - 1 The Dales
 2000-01 Stradbroke Exiles 2 - 1 Hadleigh Goldstar
 2001-02 Bartram Beccles 2 - 1 Kesgrave Athletic

2002-03 Stowmarket Eclipse 4 - 3 Kesgrave Athletic
 2003-04 Exning United 2 - 0 Silver Star Thistle Reserves
 2004-05 Stow Excelsior 1 - 1 Ferryboat (4-3 on pens)
 2005-06 Kelsale Social Club 6 - 0 Factory Arms
 2006-07 Exning United 2 - 1 Martlesham Old Boys
 2007-08 Capel Plough 1 - 0 Lings Honda
 2008-09 Atec 2 - 1 Norbridge
 2009-10 Factory Arms Old Boys 4 - 1 Rickinghall
 2010-11 Chantry Blues 3 - 1 FC Brookhayes
 2011-12 Kirby Street Conservative Club 2 - 1 Kelsale (aet)
 2012-13 Bungay Town 3 - 2 Birdbrook Plough
 2013-14 Bungay Town 3 - 0 Carlton United
 2014-15 Pauls 1 - 0 Elite 405
 2015-16 Mellis 1 - 1 Holbrook Swan (aet, 4-2 on pens)
 2016-17 Leiston Orient 3 - 0 Rushmere Lions
 2017-18 Ipswich Thistle 3 - 2 Raydon Ravens
 2018-19 Fusilier 5 - 0 Holbrook Swan
 2019-20 Haverhill & Hove Albion 5 - 1 Rushmere & Diamonds
 2020-21 Hardy 6 - 0 Gainsborough United
 2021-22 Leiston Orient 4 - 1 Laxfield United
 2022-23 Bacton United 89 2 - 0 Rushmere & Diamonds
 2023-24 Thetford Wanderers 6 - 1 Bury Bowl

Suffolk FA Sunday Trophy

1988-89 Woolpit Wolves 1 - 0 Felsham and Gedding
 1989-90 Waveney Youths 2 - 1 Felsham Six Bells
 1990-91 Clapgate Lane CC 2 - 1 Felsham Six Bells
 1991-92 Tollgate Rovers 6 - 1 Abbots Wanderers
 1992-93 Gunton OB 1 - 0 Hare and Hounds
 1993-94 Hawstead 1 - 0 Bures United
 1994-95 Oxford Arms 3 - 1 Blakenham Chequers Reserves
 1995-96 Seaton Rovers 2 -1 Rampant Horse A
 1996-97 Ipswich Sports 5 - 0 Hadleigh Otto C
 1997-98 Burnt Hill Rangers 4 - 3 Glemsford Cock
 1998-99 Horringer SC 1 - 0 Low Chinese SC
 1999-00 Chantry Grasshoppers 4 - 1 Locomotive
 2000-01 Waveney Gunners 4 - 1 Rattlesden
 2001-02 Harrod UK 2 - 2 Maypole 88 (aet, 8-7 on pens)
 2002-03 Jane Walker 2 - 0 Long Melford Working Men's Club
 2003-04 Stow Excelsior 2 - 0 Volunteer
 2004-05 Oak Tavern 2 - 2 Bramford United Old Boys (3-2 on pens)
 2005-06 Rougham Lions 1 -1 Harbour (4-2 on pens)
 2006-07 Athletic Morton Hall 5 - 3 Old Newton Raiders (aet)
 2007-08 Red Herring 6 - 0 405
 2008-09 Rickinghall 2 - 0 Ixworth
 2009-10 HSF 4 - 2 Skyline (aet)
 2010-11 Claydon Greyhound 2 - 1 Felixstowe Dolphins
 2011-12 Cockfield United 3 - 2 Redgrave Rangers
 2012-13 Felixstowe Rangers 2 - 1 Falcons
 2013-14 Falcons 4 - 3 Melford Valley
 2014-15 Bungay Town 3 - 2 CFC Bury
 2015-16 Cheveley 2 - 1 Snape
 2016-17 Haverhill Borough 5 - 4 Lavenham (aet)
 2017-18 Bardwell Sports 3 - 2 FC Monarchs
 2018-19 Lavenham 6 - 0 Haverhill & Hove Albion

2019-20 Hardy 4 - 3 Thrasher United
2020-21 Wamil Wasps 2 - 0 Stoke By Clare
2021-22 Bacton United 89 3 - 0 AFC Claydon
2022-23 Taverners 2 - 2 AFC Dragonfly (3-1 on pens)
2023-24 Gardeners Arms 4 - 0 Barton Mills

Suffolk FA Veterans' Cup

2008-09 Kirkley & Pakefield 4 - 3 Bungay Town
2009-10 Kirkley & Pakefield 5 - 2 Stowupland Falcons (aet)
2010-11 Stowupland Falcons 2 - 1 Kirkley & Pakefield
2011-12 Leiston 3 - 2 Whitton United
2012-13 Leiston 3 - 0 Capel Plough
2013-14 Haverhill Rovers 2 - 1 Capel Plough
2014-15 Bury Town 1 - 0 Woodbridge Town
2015-16 Bury Town 1 - 1 Woodbridge Town (aet, 5-3 on pens)
2016-17 Woodbridge Town 1 - 0 Bury Town
2017-18 Woodbridge Town 4 - 1 AFC Hoxne
2018-19 Whitton United 4 - 1 Woodbridge Town
2019-20 Whitton United 3 - 0 Woodbridge Town
2020-21 Whitton United 5 - 0 Woodbridge Town
2021-22 Whitton United 10 - 0 Lowestoft Town
2022-23 Woodbridge Town 8 - 1 Haverhill Rovers
2023-24 Ransomes Sports 5 - 1 Whitton Colts

Ipswich Inter-Firm Cup

2008-09 Ipswich Postals 2 - 1 Ipswich Area Police
2009-10 Churchill 3 - 0 Ipswich Postals
2010-11 ITFC Charitable Trust Staff 5 - 2 Suffolk Police

Suffolk FA Under-18 Cup/Sunday Cup

2012-13 Needham Market 2 - 1 Ipswich Wanderers
2013-14 Cornard United 2 - 1 Needham Market
2014-15 Haverhill Rovers 4 - 0 Woodbridge Town
2015-16 Woodbridge Town 2 - 0 Walsham-le-Willows
2016-17 Woodbridge Town 4 - 0 Framlingham Town
2017-18 Ipswich Wanderers 3 - 1 Woodbridge Town
2018-19 Bacton United 89 2 - 1 Bury Town Saints
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Brantham Athletic 5 - 1 Trimley Red Devils
2023-24 Redgrave Rangers 4 - 0 Long Melford

Suffolk FA Under-18 Youth Midweek Cup

2014-15 Woodbridge Town Youth 4 - 0 Newmarket Town
2015-16 AFC Sudbury 4 - 1 Stowmarket Town

2016-17 AFC Sudbury 5 - 2 Walsham-le-Willows
2017-18 AFC Sudbury 3 - 1 Bury Town
2018-19 AFC Sudbury 4 - 1 Walsham-le-Willows
2019-20 Not completed due to Covid
2020-21 AFC Sudbury 7 - 1 Leiston
2021-22 AFC Sudbury 3 - 2 Ipswich Town
2022-23 AFC Sudbury 5 - 1 Needham Market
2023-24 Haverhill Rovers 3 - 2 Bury Town

Suffolk FA Under-16 Youth Cup

2014-15 Woodbridge Town Youth 6 - 1 Ipswich Exiles Youth
2014-15 Woodbridge Town Youth 2 - 1 Whitton United Youth
2014-15 Woodbridge Town Youth 4 - 2 Kirkley & Pakefield Aces
2015-16 Woodbridge Town 3 - 0 Bures United
2016-17 AFC Sudbury 2 - 0 Bury Town
2017-18 Walsham-le-Willows 1 - 0 Needham Market
2018-19 Needham Market 4 - 3 AFC Sudbury
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Needham Market 3 - 2 Haverhill Rovers
2023-24 AFC Sudbury Yellow 3 - 1 Haverhill Rovers

Suffolk FA Under-16 Youth Plate

2022-23 Long Melford Colts 3 - 1 Moreton Hall Youth
2023-24 Waveney Tigers 7 - 1 Kirkley & Pakefield Royals

Suffolk FA Minor Under-15 Cup

1924-25 Woodbridge Town Reserves
1925-26 Lad's Club (Ipswich)
1926-27 Whitton
1927-28 Oulton United
1928-29 Stoke Institute
1929-30 Ditchingham Old Boys
1930-31 HMS Ganges Boys
1931-32 Tudor Sports
1932-33 Lowestoft Athletic
1933-34 HMS Ganges Boys beat Lovewell Road OB
1934-35 Exning United Reserves 4 - 1 Ipswich Lads' Club
1935-36 Ipswich Lads' Club 2 - 0 Lovewell Road OB
1936-37 HMS Ganges Boys 5 - 0 Hadleigh Juniors
1937-38 Lovewell Road OB Reserves 2 - 1 Brantham III
1938-39 HMS Ganges Lads 6 - 0 Bungay Juniors
1946-47 HMS Ganges Lads 2 - 0 Brandon Recreation III
1947-48 Beccles Minors 8 - 2 Bury East End Reserves

1948-49 Beccles Minors
1949-50 Newmarket Minors
1950-51 Newmarket Minors
1951-52 Technical Institute (Lowestoft) 6 - 2 Priory Athletic
1952-53 HMS Ganges Lads 4 - 2 Achilles Minors
1953-54 Christchurch Athletic 4 - 1 Leiston Minors
1954-55 Leiston Minors 2 - 1 Ipswich Lads Club
1955-56 Melton United Minors 3 - 2 Stowmarket SMSOB
1956-57 Ashlea Boys 7 - 1 Waterside Works Minors
1957-58 Rushmere Athletic 1 - 0 Beyton School OB
1958-59 Leiston III 3 - 2 Nacton Road YC
1959-60 Bury Town 3 - 0 Leiston
1960-61 Bury Town 3 - 1 Ipswich Wanderers
1961-62 Bury Town 4 - 2 Bungay Town
1962-63 Whitton United 4 - 1 Lowestoft Corinthians
1963-64 Whitton United 6 - 0 Achilles
1964-65 Whitton 3 - 2 Bungay Town
1965-66 Whitton 1 - 0 Orwell Works Athletic
1966-67 Whitton 1 - 0 Newmarket Town (after 2-2 draw)
1967-68 Whitton 3 - 0 Sudbury Town
1968-69 Lowestoft Town 5 - 0 Bungay Town
1969-70 Lakenheath 3 - 2 Lowestoft Town
1970-71 Murrayside 2 - 0 Nicholians
1971-72 Nicholians 7 - 0 Leiston
1972-73 Cranes Sport 2 - 0 Elmswell
1973-74 Springfield 3 - 1 Leiston
1974-75 Nicholians Locomotive 2 - 1 Sudbury Town
1979-80 New Park Rangers 6 - 2 Stow Falcons
1980-81 Grosvenor 3 - 0 Beccles Youth (aet)
1981-82 Northbury Youths 4 - 2 Stow Falcons
1982-83 Bramford Youths 5 - 3 Leiston Youths
1983-84 Barrow Youths 2 - 1 Westbourne (aet)
1984-85 Whitton United Youths 3 - 0 Haughley United Youths
1985-86 Jewson Juniors 7 - 1 Cheveley Magpies
1986-87 Waveney Youths 2 - 1 FC Grasshoppers (86)
1987-88 St Johns (Youth) 2 - 1 Stowmarket Falcons
1988-89 Ipswich Exiles 3 - 1 Waveney Youths
1989-90 Beccles Youth 3 - 1 Waveney Youths (after 2-2 draw)
1990-91 St Johns (Youth) 2 - 1 Whitton Utd
1991-92 Achilles (Youth) 4 - 2 Stow Falcons
1992-93 Sudbury Wanderers 5 - 1 Needham Phoenix
1993-94 Haverhill Echo 4 - 0 St Johns Youth
1994-95 Burnt Hill Rangers 1 - 0 St Johns Youth
1995-96 Ipswich Warriors Youth 2 - 0 Waveney Youth (after 0-0 draw)
1996-97 Newmarket Food G 2 - 0 Sudbury Wanderers
1997-98 Mutford United Youth 4 - 0 Kesgrave Kestrels Youth
1998-99 Sicklesmere 2 - 0 Whitton Sports
1999-00 St Johns Youth 3 - 1 Hollies Youth
2000-01 St Johns Youth 2 - 1 East Bergholt United Youth
2001-02 St Johns Youth 3 - 0 Shotley Rangers
2002-03 Woodbridge Town Youth 3 - 2 Ransomes Sports Youth
2003-04 Trimley Red Devils 3 - 1 Phoenix Colts
2004-05 Moreton Hall Youth 3 - 1 Trimley Red Devils
2005-06 Stowmarket Town Youth 4 - 1 Chantry Grasshoppers Youth
2006-07 Cornard Dynamos 2 - 1 Bourne Vale Hawks
2007-08 Cornard United Youth 6 - 0 Cockfield United Youth
2008-09 East Bergholt United Juniors 2 - 0 Woodbridge Town Youth

2009-10 Ransomes Sports Youth 3 - 2 Haverhill Rovers Boys
2010-11 Grundisburgh Youth 2 - 0 Trimley Red Devils Youth
2011-12 Woodbridge Town Youth 4 - 0 Bury Town Youth
2012-13 Woodbridge Town Youth 1 - 0 Bury Town Youth
2013-14 Woodbridge Town Youth 3 - 2 Kirkley & Pakefield Aces
2014-15 Woodbridge Town Youth 6 - 0 Kirkley & Pakefield Gunners
2015-16 Needham Market 2 - 1 Haverhill Rovers
2016-17 Felixstowe & Walton United 5 - 0 Ransomes Sports
2017-18 AFC Sudbury 2 - 0 Whitton United
2018-19 AFC Sudbury 5 - 4 Needham Market
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Haverhill Rovers 1 - 0 Bury Town
2023-24 AFC Sudbury Blue 3 - 2 AFC Sudbury Yellow

Suffolk FA Under-15 Youth Plate

2022-23 Haverhill Rovers White 1 - 1 Moreton Hall Youth (5-4 on pens)
2023-24 Bury Town Community Rams 1 - 1 Needham Market Phoenix (5-4 on pens)

Suffolk FA Under-14 Cup

2014-15 Needham Market Youth 4 - 1 Haverhill Rovers (aet)
2015-16 Felixstowe & Walton United 4 - 2 Haverhill Rovers
2016-17 Whitton United 2 - 1 AFC Sudbury
2017-18 Walsham-le-Willows 3 - 2 AFC Sudbury
2018-19 Needham Market 1 - 0 AFC Sudbury
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Sudbury Yellow 1 - 1 Sudbury Blue (8-7 on pens)
2023-24 Bury Town Community 2 - 1 Needham Market

Suffolk FA Under-14 Youth Plate

2022-23 Moreton Hall Youth 2 - 1 Beccles Town Hornets
2023-24 Kesgrave Kestrels 2 - 1 Maritime

Suffolk FA Under-13 Cup

2005-06 Woodbridge Town Youth 2 - 1 Moreton Hall Youth (aet)
2006-07 Stowmarket Town Youth 2 - 1 St John's Youth
2007-08 St John's Youth 2 - 1 Ransomes Sports Youth

2008-09 Trimley Red Devils Youth 6 - 2 Kirkley & Pakefield Youth
2009-10 Waveney Youth 4 - 0 Woodbridge Town Youth
2010-11 Ransomes Sports Youth 2 - 1 Woodbridge Town Youth
2014-15 Walsham-le-Willows Blue 6 - 0 Blundeston Magpies Youth
2015-16 Whitton United 3 - 2 Woodbridge Town
2016-17 AFC Sudbury 1 - 1 Woodbridge Town (aet, 5-4 on pens)
2017-18 AFC Sudbury 12 - 1 Bury Town
2018-19 AFC Sudbury 5 - 1 Whitton United
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Leiston 3 - 1 Bury Town
2023-24 Needham Market 3 - 1 Bury Town Community

Suffolk FA Under-13 Youth Plate

2022-23 Waveney Thundercats 7 - 1 Woodbridge Town
2023-24 Needham Market Phoenix Red 6 - 0 Kirkley & Pakefield Youth Cavaliers

Suffolk FA Under-12 Cup

2014-15 Woodbridge Town Youth 1 - 1 Bury Town Colts (4-3 on pens)
2015-16 Ipswich Valley Rangers 3 - 1 Walsham-le-Willows
2016-17 Lakenheath Youth 6 - 3 Cornard Dynamos Youth Blue
2017-18 Exning United 1 - 1 Kirkley & Pakefield Cobra (4-2 on pens)
2018-19 Ipswich Valley Rangers 1 - 1 Kirkley & Pakefield Royals (3-2 on pens)
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Moreton Hall Raiders 2 - 2 Ipswich Valley Rangers (4-3 on pens)
2023-24 Woodbridge Town Black 1 - 0 Wickham Market Navy

Suffolk FA Under-11 Cup

2012-13 Felixstowe & Walton United Youth Red 6 - 0 Brandon Town Youth
2013-14 Woodbridge Town Youth 8 - 0 Kirkley & Pakefield Youth Wildcats

Suffolk FA Women's Cup (Formerly the Norfolk & Suffolk FA Women's Cup)

1998-99 HP Needham Market Ladies 3 - 2 Norwich City Ladies
1999-00 City Racers 6 - 3 Stowmarket Ladies
2000-01 Stowmarket Ladies 8 - 0 Haverhill Rovers Ladies
2001-02 Stowmarket Ladies 4 - 0 Norwich City Racers
2002-03 Stowmarket Sophlogia 1 - 0 Norwich City Racers
2003-04 Stowmarket Sophtlogic 3 - 2 Norwich City Ladies

2004-05 Sophtlogic Ladies 1 - 0 Norwich City Canaries
2005-06 Ipswich Town Women 5 - 4 Norwich City Ladies (aet)
2006-07 Norwich City Ladies 2 - 2 Ipswich Town Women (4-3 on pens)
2007-08 Ipswich Town Women 3 - 0 Norwich City Ladies
2008-09 Norwich City Ladies 5 - 0 West Lynn Ladies
2009-10 Norwich City Ladies 1 - 0 Ipswich Town Women
2010-11 Ipswich Town Women 6 - 0 Haverhill Rovers Ladies
2012-13 Ipswich Town Women 6 - 1 Lowestoft Town Ladies
2013-14 AFC Sudbury Ladies 5 - 0 Brandon Town Ladies
2014-15 Ipswich Town Women 2 - 0 AFC Sudbury Ladies
2015-16 Ipswich Town Women 8 - 0 Kirkley & Pakefield Ladies
2016-17 Ipswich Town Women 5 - 0 Lowestoft Town Ladies
2017-18 Ipswich Town Women 5 - 1 AFC Sudbury Ladies
2018-19 Ipswich Town Women 8 - 0 Needham Market Women
2019-20 Ipswich Town Women 6 - 0 Brett Vale Women
2020-21 Ipswich Town Women 6 - 0 Needham Market Women
2021-22 AFC Sudbury Women 3 - 1 Needham Market Women
2022-23 Needham Market 6 - 0 Bungay Town
2023-24 AFC Sudbury 11 - 1 Stowupland Falcons

Suffolk FA Girls' Under-18 Cup

2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Not played

Suffolk FA Girls' Under-16 Cup

2008-09 Woodbridge Town Ladies Girls 4 - 2 Debenham LC Girls (after 1-1 draw)
2009-10 Brantham Athletic Youth Girls 8 - 3 Bury Town Youth Girls
2010-11 Waveney Girls 6 - 0 Haverhill Rovers Youth Girls
2015-16 Brandon Town Youth & Ladies 0 - 0 AFC Kesgrave Girls (aet, 3-2 on pens)
2016-17 Not played
2017-18 Kirkley & Pakefield Diamonds 2 - 0 Thurston
2018-19 Stowupland Falcons 2 - 1 Capel Plough
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Waveney Foxes 4 - 1 Stonham Aspal
2023-24 Ipswich Town Foundation W/O Coplestonians

Suffolk FA Girls' Under-15 Cup

2014-15 AFC Kesgrave Youth 5 - 0 Brandon Town Ladies
2016-17 Thurston 3 - 1 Kirkley & Pakefield Youth
2017-18 Stowupland Falcons 7 - 4 AFC Kesgrave
2018-19 Not played

2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Coplestonians 2 - 0 Saxmundham Sports
2023-24 Ipswich Valley Rangers 4 - 0 Debenham Youth

Suffolk FA Girls' Under-14 Cup

2008-09 Waveney Girls 5 - 2 Brandon Lassess (aet)
2009-10 Sizewell & Knodishall Youth Girls 4 - 1 Stowupland Falcons Youth Girls
2010-11 Bungay Town Youth Girls 2 - 2 Witnesham Wasps Youth Girls (3-2 on pens)
2015-16 Bury Town Youth Girls 1 - 0 Copleston Girls
2016-17 Waveney Lionesses 4 - 0 East Bergholt United
2017-18 Not played
2018-19 Ipswich Valley Rangers 3 - 0 Waveney
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Woodbridge Town 5 - 1 Ipswich Valley Rangers White
2023-24 Bury Town Community 5-5 Coplestonians (3-2 on pens)

Suffolk FA Girls' Under-13 Cup

2017-18 Ipswich Valley Rangers 2 - 0 Beccles Town 0
2018-19 Ipswich Valley Rangers 13 - 1 East Bergholt United
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Ipswich Valley Rangers 3 - 0 Coplestonians
2023-24 Waveney Lionesses 8 - 2 Debenham Youth

Suffolk FA Girls' Under-12 Cup

2013-14 Waveney Girls Vixens 5 - 0 Belstead United Girls
2014-15 Waveney Girls Lionesses 2 - 0 Swanton Herons Girls
2015-16 Bury Town Youth Girls 3 - 2 East Bergholt United Junior & Women's
2016-17 Beccles Town Youth 3 - 2 Ipswich Valley Rangers
2017-18 Waveney Cougars 5 - 1 Coplestonians
2018-19 Waveney 2 - 0 Haverhill Rovers
2019-20 Not completed due to Covid
2020-21 Cancelled due to Covid
2021-22 Cancelled due to Covid
2022-23 Kesgrave Kestrels 4 - 0 Kirkley & Pakefield Diamonds
2023-24 Kesgrave Kestrels 4 - 2 Waveney Lionesses

Suffolk FA Girls' Under-11 Cup

2012-13 Swanton Herons Girls 1 - 0 Ipswich Valley Rangers Girls 0