



MCDONALD'S SUFFOLK PRIMARY CUP FINAL



A THRIVING LOCAL GAME



GIPPING GNATS

VS



CODDENHAM ATHLETIC



DATE:

Thursday 11th May 2023



LOCATION:

Colchester United FC



KICK-OFF:

19:30

£2

Respect Code of Conduct

Spectators



ENGLAND
FOOTBALL

We all have a responsibility to promote high standards of behaviour in the game.

This club is supporting The FA's Respect programme to ensure football can be enjoyed in a safe, positive environment.

Play your part and observe The FA's Respect Code of Conduct for spectators

I will:

- Applaud effort and good play as well as success
- Always Respect the match officials' decision
- Remain outside the field of play and within the Designated Spectators' Area (where provided)
- Let the coach do their job and not confuse the players by telling them what to do
- Encourage the players to Respect the opposition, referee and match officials
- Avoid criticising a player for making a mistake - mistakes are part of learning
- Never engage in, or tolerate, offensive, insulting, or abusive language or behaviour

I understand that if I do not follow the Code, any/all of the following actions may be taken by my club, County FA or The FA:

I may be:

- Issued with a verbal warning from a club or league official
- Required to meet with the club committee
- Obligated to undertake an FA education course
- Obligated to leave the match venue by the club
- Requested by the club not to attend future games
- Suspended or have my club membership removed
- Required to leave the club along with any dependents

In addition

- The FA/County FA could impose a fine and/or suspension on the club



Building society with mutual respect



ENGLAND
FOOTBALL



On behalf of the Board, Council and staff of Suffolk FA I wish you a warm welcome to the McDonald's Suffolk Primary Cup Final here at Colchester United FC.

Once again, we thank all those involved with Colchester United FC for their enthusiasm and commitment to host tonight's final, one of five Suffolk County Cup Finals the club are staging this season, and providing a memorable evening for all involved – it is hugely appreciated. Please enjoy the facilities with respect and gratitude.

The road to this year's final has been as exciting as ever.

Both teams had narrow wins in the first round – Coddendam Athletic won 3-0 on penalties after a 1-1 draw at Spexhall Huntsman & Hounds, while Gipping Gnats beat Boxford Rovers 3-2.

In round two, Coddendam won 6-2 at West Row Gunners, while Gipping Gnats beat East Bergholt United 'A' 4-1.

Both kept clean sheets in the third round – Coddendam defeated Laxfield 4-0, and Gipping Gnats won 2-0 at Southwold Town.

Coddendam overcame Walsham-le-Willows 'A' 2-1 away and Gipping Gnats won 4-2 at Somersham Reserves in the quarter-finals, while in the last four it was Coddendam Athletic 4 Brantham Athletic 'A' 2 and Gipping Gnats 4 Coplestonians 'A' 0.

The third team involved in the Final will be the team of match officials. This is an occasion as much for them to enjoy as it is the teams.

They have been selected to officiate these prestigious matches through merit, and whilst they may well make decisions which you don't agree with, they will make those decisions based on what they see/hear in a split second, without replays or slow motions.

I invite you to carefully read the Spectators' Code of Conduct included within this programme and do everything you can to ensure you and those around you abide by it.

Finally, a huge note of appreciation to our sponsors McDonald's, without whom holding this Final at this ground would not be possible.

McDonald's have been fantastic supporters of grassroots football for many years, supporting a number of national programmes such as the Grassroots Awards and SuperKicks.

Carol, who owns a number of local stores, and her team have supported Suffolk FA not only as named sponsor of this competition but also our local Grassroots Awards.

I hope you enjoy the matches and thank you again for passionately but respectfully encouraging your favoured team.

With best regards
Richard Neal
Suffolk FA CEO and Senior Safeguarding Lead

PRIMARY CUP FINAL ROUTE TO FINAL

GIPPING GNATS



Semi - Final

4 - 0

v Coplestonians 'A'

Quarter - Final

4 - 2

v Somersham Res

3rd Round

2 - 0

v Southwold Town

2nd Round

4 - 1

v East Bergholt United 'A'

1st Round

3 - 2

v Boxford Rovers

CODDENHAM ATHLETIC



Semi - Final

4 - 2

v Brantham Athletic 'A'

Quarter - Final

2 - 1

v Walsham-le-Willows 'A'

3rd Round

4 - 0

v Laxfield

2nd Round

6 - 2

v West Row Gunners

1st Round

2 - 2 (3-0 on pens)

v Spexhall Huntsman & Hounds



REFEREE:
Andy Murphy

Andy, aged 30, lives in Ipswich and referees in the Suffolk & Ipswich League and Colchester and District Youth League. He has been officiating since 2010 and is a Level 5 referee.

ASSISTANT REFEREE:
Sam Holman

Sam Holman is a Level 6 referee. He recently moved to Bury St Edmunds, having previously lived in Cambridge. Sam restarted his refereeing career this season after having four years out, officiating in the Cambridgeshire County, Cambridgeshire Sunday and Cambridgeshire Women's Leagues.

ASSISTANT REFEREE:
Dan Barrack

Dan has been refereeing for about seven years and is a Level 6 official. He primarily referees in the Suffolk Youth Football League and the Suffolk & Ipswich League, but also in the Norfolk & Suffolk Veterans' League. He is 48-years-old, lives in Ipswich and also is coach/manager of Felixstowe & Walton United U18s.

FOURTH OFFICIAL:
Graham Mackay

Graham is a Level 5 official who referees in the Suffolk & Ipswich League and covers all county appointments. He has lived in the same house in Felixstowe for over 35 years.

REFEREE SUPPORT OFFICER:
Kevin Grimwood

Kevin Grimwood, who is 65 and lives in Gazeley near Newmarket, is a Level 5 referee and a Level 3/4 match observer. This season he has observed referees in the FA Cup, FA Trophy, Southern League Premier Division Central, Northern Premier League Midlands Division, Isthmian League North and Eastern Counties League Premier Division and Division One North.



GIPPING GNATS

Orange shirts, orange shorts, orange socks

MANAGER - JASON HISKEY

Good evening everybody and welcome to our McDonald's Suffolk FA Primary Cup Final against Coddendam Athletic This is an important fixture for the club as we try to add another trophy win to our short history. Gipping Gnats joined the Macron SIL last season and won the Division 4 title at our first attempt.

Our goal is for back-to-back promotions which is still a big possibility as we currently sit second in the league.

We all appreciate the importance of the County Cups and reaching the final of the Primary Cup is a huge achievement for all involved with the club. Hopefully we can put in a good performance against strong opposition.

KIERAN WILDING

Strong, commanding keeper who has had great success with us this season. Made a great penalty save in the semi-final.

LEON DIX

Previously played for Gt Blakenham Chequers. Pacey right back who loves to get forward. Hard worker with a great attitude.

DAN WALDEN

Ever-present versatile defender can play anywhere across the back four. A natural leader and a great man.

JES NEVARD

Brilliant young centre back previously at Needham Market. Has sadly been out for most of the season with a serious knee injury.





ETHAN WHIGHT

Calm and composed centre back who played a huge part in last season's Division 4 Championship win.

LIAM MACKEN

Super fast winger. He has scored numerous goals for the club and loves an assist.

JAWA TACEY

Club captain. Full back or midfielder who is a great striker of the ball with either foot. Brilliant from the penalty spot.

JADYN PENNOCK

Strong, powerful centre forward, who has been plagued with injuries this season but thankfully back and slowly getting back to his best.

AIDAN WHIGHT

Creative midfield play-maker with great vision and touch. Can also find the back of the net with 12 goals so far this season.

ASHLEY IRELAND

Super fast winger/striker. 100% effort guaranteed from him every time. Popular lad with a great attitude.

ROSS HENRY

Fast and skilful wing back with great balance and vision. Can also play anywhere across the front. Class player with a great work rate.

COLBY DONOWA-BARTLETT

Fast, athletic winger/forward with a great right foot. Never stops running. Loves a spectacular overhead kick.

ASHTEN BANTHORPE

Disciplined midfield ball-winner with a great footballing brain. Signed this season from Tattingstone. A huge asset to the club.

JOSHUA KENNEL

Hard-working left-sided winger with a wand of a left foot. Has some amazing dance moves.

JAMES MERRY

Strong and hard-working striker with a real eye for goal. Top scorer so far this season with 21 goals in 21 games.

JACK DAWSON

Young, composed centre back. Natural reader of the game. Brilliant on the ball and in the air. Had a spell with Ipswich Town as a Youth.

ZAC EALES

A real natural footballer, can play any position. Great on the ball with an incredible turn of pace. 8 goals so far this season.

LEWIS ANDREWS

Excellent young centre back. Will win every 50/50 in the air. Can adapt to most positions. Loves to play up top when given the chance.

RYAN CAMPANY

Centre back or CDM. Great reader of the game, naturally loves to defend but has the ability to score the odd goal too.

DAN MCLAUGHLIN

The perfect midfielder. His combined work rate and brilliance on the ball has made him a class asset since joining us from Witnesham.



Gipping Gnats (orange shirts) are pictured in action against Hadleigh United Brettsiders (navy blue shirts) earlier this season.





Coddensham Athletic (red & black striped shirts) pictured in action versus Laxfield (green shirts) during their 4-0 victory in the third round back in February.





CODDENHAM ATHLETIC

Red & black shirts, black shorts, red & black socks

MANAGER - AARON PRYKE

From that first training session after re-formation, myself and the committee set high expectations of our players but two cup finals and a strong league campaign seemed optimistic.

The lads have come on incredibly since then, and in my first season in the managerial hot-seat it has been an honour to work with such a hungry & talented group.

Despite the season drawing to an end, this is very much the start of our journey and we are confident that the coming seasons will provide many more memories.

Thank you to everyone at the club, Coddendam community and sponsors that have made this possible, we hope to do you proud today!

DAN HAMMOND

Coddendam's young keeper, who despite having his best years ahead of him, was the hero of two penalty shoot-outs this season.

RYAN CLARKE

Has been ever-present this season after his summer move from Witnesham. A resilient defender with a knack of scoring important goals.

CAMERON CROWDER

Has excelled at the centre of Coddendam's defence since his move, with his tough-tackling and an impressive eye for a pass.

JACK HAY

Has impressed the manager with his incredible work-rate and versatility, slotting in at full-back, midfield and in forward areas.





JOSH ABBOTT

Two-footed and tenacious, comfortable just about anywhere on the pitch and an integral part of Coddenham's cup run.

TOM BENJAMIN

Returned to Coddenham, and has established himself as an all-round midfield engine and the glue to allow the attackers to flourish.

MAX HOLLAND

An experienced, goalscoring midfielder throughout the football pyramid, a crucial part of the Coddenham side and our county cup captain.

KIERAN PEREZ

He is a true No.10, and has been an integral part of the Coddenham side, providing moments of real quality throughout the campaign.

OWEN CLEMSON

Joined a few games into the season, and has established himself as the side's No.9. A real threat who can score from anywhere.

MICHAEL HAMMOND

An old-school winger with bags of skill and pace. An ever-present in the side coming up with some crucial goals when it matters.

LUCA MULLEY

A versatile, defensive-minded option, who has provided moments of real quality in the league and cup this season.

SEAN LIGGETT

Has bags of experience, and provides real quality on the ball either in the heart of defence or as a centre forward.

TOM STONE

'Mr Coddenham', here from the start and provides so much experience to the younger players. Equally comfortable in defence or in goal.

REECE SAUNDERSON-COPPING

Returned to Coddenham this season, and the midfielder came up with a MOTM performance in the Divisional Cup Final victory.

JAMIE ABBOTT

Joined after time away from the game. He has an incredible footballing brain, and has made a real difference when called upon.

IDRIS TABRIZI

An exciting attacking player, who with his pace and power can be a handful for any defence.

AARON PRYKE

Coddenham's Manager, however after previously captaining their Reserve side, is happy to get his boots on if required.

JACK BIGNELL

An exciting talent for the future, making his men's football debut just a few months ago. Jack has lots of youthful pace and enthusiasm.

KYLE HALL

Another player who has lacked game-time in the past few years, but the quality and eye for goal has not diminished.

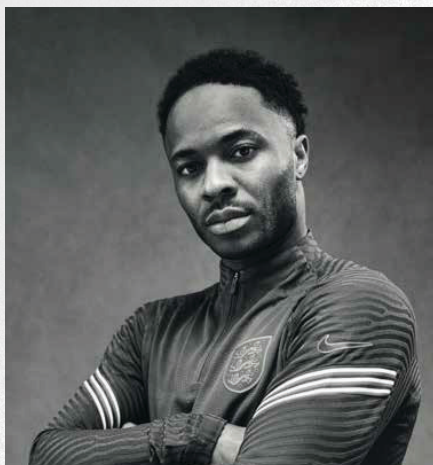


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proud sponsors of

Suffolk Primary Cup

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RESPECT

#SHOW SOME RESPECT



ENGLAND
FOOTBALL



Building society with mutual respect

PRIMARY CUP FINAL

PREVIOUS FINALS

- 1933-34** Stoke Comrades 4 - 1 St Clements United
1934-35 Priory Works, Eastern Counties III
1935-36 Eastern Counties III 4 - 3 Newton Green
1936-37 Newton Green 3 - 1 Lovewell Road OB
1937-38 Bury St Andrews 3 - 2 Reydon
1938-39 Whitton United 2 - 1 Crists Cable
1946-47 Rattlesden 2 - 1 Rickinghall
1947-48 Stanton 5 - 1 Somerleyton
1948-49 Wortham 6 - 2 Great Blakenham
1949-50 Eriswell 4 - 3 Brandon
1950-51 Exning Reserves 2 - 0 Old Newton
1951-52 Woolpit
1952-53 Wickham Market
1953-54 Lowestoft Electrical Apparatus 3 - 1 Barrow
1954-55 Benhall St Mary's 4 - 3 Orford
1955-56 Christchurch 5 - 1 Rattlesden
1956-57 Beaconsfield 5 - 3 Wetheringsett
1957-58 Elmswell 6 - 2 Nicholians
1958-59 Priory Heath YC 6 - 0 Rougham Wanderers
1959-60 Richards Ironworks 4 - 0 Rushmere Athletic
1960-61 Fornham & Hengrave 1 - 0 Finneringham United
1961-62 Fornham St Martin 3 - 2 Bramford Road OB
1962-63 Bildeston Rangers 2 - 1 Wetheringsett
1963-64 Ixworth 4 - 2 Thurston
1964-65 Bildeston Rangers 6 - 1 Raydon & Shelley
1965-66 Barrow 2 - 1 Fonnereau Athletic
1966-67 Westgate Brewery 3 - 2 Bradfield St George
1967-68 Woodbridge Athletic 3 - 1 Foxhall Works
1968-69 St Edmunds RCYC 2 - 2 Nicholians
1969-70 Lake Lothing 4 - 3 Mildenhall Reserves
1970-71 Tattingstone United 3 - 2 Carlton Colville
1971-72 Haughley Youth 2 - 1 Copdock
1972-73 Murrayside 5 - 3 Wickham Market
1973-74 Springfield 1 - 0 Centa
1974-75 Wickham Market 2 - 1 Carlton Colville Reserves
1975-76 Caribbean 3 - 2 Carlton Colville Reserves
1976-77 Bildeston Rangers 5 - 1 Ipswich Exiles
 (after 2-2 draw)
1977-78 South Suffolk Old Boys 3 - 2 Stoke United
1978-79 Bildeston Rangers 3 - 0 Ipswich Exiles
1979-80 Waveney Wanderers 2 - 0 Cavendish
1980-81 Covenanters 3 - 1 Halesworth Town Reserves
1981-82 Halesworth Town Reserves 1 - 0 Wortham
1982-83 Waveney Wanderers 4 - 2 Bramford United
1983-84 Smock 2 - 1 Needham Market A
1984-85 Cavendish 3 - 2 East Bergholt (aet)
1985-86 Hundon 3 - 0 Stonham Aspal Reserves
1986-87 Thomas Eldred 3 - 0 Whitton United
1987-88 Kesgrave Bell 6 - 0 Whatfield
1988-89 East Anglian Customs 2 - 1 Whitton A
1989-90 Cue Plas 4 - 3 Fisons
1990-91 Tacket Street BBOB 2 - 1 Sudbury Athletic
 Reserves
1991-92 Lakenheath Reserves 5 - 2 Saracens
1992-93 Lakenheath Reserves 2 - 0 Wanderers Social
1993-94 Ixworth 3 - 2 Tacket Street BBOB
1994-95 Murray Rangers 3 - 1 Tuddenham Rovers
 (after 0-0 draw)
1995-96 Rushmere Athletic 3 - 1 Eye Games Centre
1996-97 Orwell Athletic 3 - 1 Stowupland
1997-98 Bucklesham 4 - 0 Kitchener United
1998-99 Bacton United 3 - 2 Salvation Army
 (after 1-1 draw)
1999-00 Saracens 2 - 1 Somersham
2000-01 Burtlesham Athletic 98 6 - 4 Albion Mills
 (aet)
2001-02 AFC Hoxne 3 - 1 Dennington United (aet)
2002-03 Bury Town 95 Reserves 2 - 0 Claydon
2003-04 Coplestonians Reserves 2 - 1 Peasenhall
 United
2004-05 Needham Market 'A' 1 - 1 Somersham
 (4-3 on pens)
2005-06 Newmarket White Lion 3 - 1 Bildeston
 Rangers
2006-07 Stowmarket Stag 2 - 0 Priors Inn
2007-08 Bungay Town Reserves 4 - 2 Old Newton
 United Reserves
2008-09 Redgrave Rangers 1 - 0 Salvation Army
2009-10 Somersham 3 - 2 Glemsford
2010-11 Benhall St Mary 2 - 1 Great Blakenham
2011-12 Cedars Park 2 - 1 AFC Crowley
2012-13 Red Lodge 3 - 1 Cedars Park
2013-14 Adhara 4 - 4 Witnesham Wasps
 (aet, 5-4 on pens)
2014-15 Barham Athletic 2 - 1 Bures United
2015-16 Stage Event Security 2 - 0 Tacket Street
 Boys' Brigade Old Boys
2016-17 Bures United 2 - 1 AFC Yourshirts
2017-18 Bures United 2 - 0 AFC Yourshirts
2018-19 AFC Sudbury A 4 - 2 Old Newton United
 Reserves
2019-20 Melton United 4 - 3 Elmswell
2020-21 Bramford United 7 - 2 Laxfield
2021-22 Bardwell Sports 4 - 0 Kesgrave Kestrels



In November 2016, British football was rocked by a series of high-profile revelations regarding child sexual abuse. Several former professional players bravely waived their right to anonymity to speak out about their past abuse.

A number of those involved, decided to set up the Offside Trust, an organisation committed to supporting survivors and working to make sport safer for children.

Former professional footballer Steve Walters is director of the Offside Trust.

We are proud to work with and support fellow survivors. In addition to Steve, the Offside Trust family includes the amazing ambassadors listed below and several others who wish to remain anonymous:

Gary Cliffe, former youth team player at Manchester City
Dion Raitt, former youth team player at Peterborough United
Alan Arber, former Norwich City player
Callum Hancock, professional boxer

Our aims are:

- To raise awareness of the importance of safeguarding across all sports at all levels
- To provide survivors with advice guidance and resources to aid the healing journey
- To campaign for legal and regulatory changes to improve safeguarding in sport

Our objectives are:

- To secure partnerships with clubs at all levels, in all sports
- To engage with survivors and signpost them to the appropriate professional support
- To engage with survivors within the Offside Trust Support Network
- To support charitable helplines with specific focus on survivors in sport
- To change the law on child sexual abuse being exempt from 'Double Jeopardy'
- To lobby for 'Mandatory Reporting' to be adopted in UK law
- To engage with political and judicial bodies to strengthen legal support for survivors

Since 2016, the Offside Trust has received the support of supporters, clubs, players and former professionals throughout the sporting world. We focus on all sports, not just football. We are grateful for the support that we are getting from everyone including the people in cricket, rugby, golf and boxing, helping to raise further awareness across sport.

The Offside Trust works alongside governing bodies, charities and organisations that deal with safeguarding.

If you are a survivor of child sexual abuse in sport, there are a number of resources available.

The FA have commissioned a dedicated NSPCC helpline for adults who were abused in childhood within the football industry from grassroots to Premier League. If you would like to speak to somebody the free NSPCC helpline for guidance and support is available 24 hours a day on **0800 023 2642**. Our friends at Survivors Manchester (<https://www.survivorsmanchester.org.uk/>) and Samaritans (<https://www.samaritans.org/>) have help and support available if you need to talk.

If you think that a child is in immediate danger please dial 999.

If you are a child who needs help, please call Childline on 0800 11 11.





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