

# SUFFOLK FA SUPER SUNDAY



A THRIVING LOCAL GAME

## Best Badges Suffolk Sunday Cup Final

10:30 kick off  
(grass pitch)



MORETON HALL YOUTH  
FERALS

V



MELLIS FC

## Best Badges Suffolk Sunday Trophy Final

11:00 kick off  
(3G pitch)



AFC DRAGONFLY

V



TAVERNERS FC

## Best Badges Suffolk Veterans' Cup Final

14:30 kick off  
(grass pitch)



WOODBIDGE TOWN

V



HAVERHILL ROVERS

## Best Badges Suffolk Sunday Shield Final

15:00 kick off  
(3G pitch)



BACTON UTD 89

V



RUSHMERE & DIAMONDS



DATE:  
Sunday April 23<sup>rd</sup> 2023



VENUE:  
Needham Market FC

# Respect Code of Conduct

## Spectators



ENGLAND  
FOOTBALL

We all have a responsibility to promote high standards of behaviour in the game.

This club is supporting The FA's Respect programme to ensure football can be enjoyed in a safe, positive environment.

Play your part and observe The FA's Respect Code of Conduct for spectators

### I will:

- Applaud effort and good play as well as success
- Always Respect the match officials' decision
- Remain outside the field of play and within the Designated Spectators' Area (where provided)
- Let the coach do their job and not confuse the players by telling them what to do
- Encourage the players to Respect the opposition, referee and match officials
- Avoid criticising a player for making a mistake - mistakes are part of learning
- Never engage in, or tolerate, offensive, insulting, or abusive language or behaviour

I understand that if I do not follow the Code, any/all of the following actions may be taken by my club, County FA or The FA:

### I may be:

- Issued with a verbal warning from a club or league official
- Required to meet with the club committee
- Obligated to undertake an FA education course
- Obligated to leave the match venue by the club
- Requested by the club not to attend future games
- Suspended or have my club membership removed
- Required to leave the club along with any dependents

### In addition

- The FA/County FA could impose a fine and/or suspension on the club



Building society with mutual respect



**ENGLAND  
FOOTBALL**



On behalf of the Board, Council and staff of Suffolk FA I wish you a warm welcome to 'Suffolk Super Sunday' here at Needham Market FC.

Once again, we thank all those involved with the Marketmen for their enthusiasm and commitment to host these finals and provide a memorable day for all involved – it is hugely appreciated. Please enjoy the facilities with respect and gratitude.

Today will see the Finals of the Best Badges Suffolk Sunday Cup and Best Badges Suffolk Sunday Trophy played in the morning, on the grass and 3G pitch respectively, with the Best Badges Suffolk Veterans' Cup Final and Best Badges Suffolk Sunday Shield Final being held this afternoon.

The road to this year's finals has been as exciting as ever. Reaching the finals crowns a successful season for all eight sides.

The Sunday Cup will be an all-Bury & District Sunday League affair. Moreton Hall Ferals will be looking to go one better, after finishing as runners-up in the competition last season. They face a Mellis side who found the opposition's net six times in both their quarter-final and semi-final ties.

In the Sunday Trophy Final, BDSL side AFC Dragonfly will be playing in their first county cup final against Ipswich Sunday Football League side Taverners, who have been enjoying the most successful season in the club's history.

The Best Badges Suffolk Veterans' Cup will see Haverhill Rovers of the Cambridgeshire County Veterans' League making their first appearance in the final since winning the competition in the 2013-14 season.

They are up against a Woodbridge Town side who play in the Norfolk & Suffolk Veterans' League and had reached seven consecutive finals up until last season.

The last game of the day will pit BDSL side Bacton United 89 against ISFL opponents Rushmere & Diamonds in the Sunday Shield Final. Twelve months ago, Bacton United 89 lifted the Sunday Trophy, so they will be looking to make it two county cup wins in two years. Rushmere & Diamonds were losing finalists in this competition in the 2019-20 season, and will be determined to go one step further.

The third teams involved in the Finals will be the team of match officials. This is an occasion as much for them to enjoy as it is the teams. They have been selected to officiate these prestigious matches through merit, and whilst they may well make decisions which you don't agree with, they will make those decisions based on what they see/hear in a split second, without replays or slow motions. I invite you to carefully read the Spectators' Code of Conduct included within this programme and do everything you can to ensure you and those around you abide by it.

Finally, a huge note of appreciation to our sponsor Best Badges. They are a local company offering bespoke medals, badges, and other types of promotional material. Indeed, the County Cup medals are produced by Best Badges.

I hope you enjoy the matches and thank you again for passionately but respectfully encouraging your favoured team.

With best regards

**Richard Neal**

Suffolk FA CEO and Senior Safeguarding Lead



# SUNDAY CUP FINAL ROUTE TO FINAL

**MORETON HALL YOUTH  
FERALS**



## **Semi - Final**

**1 - 0**

v Borussia Martlesham

## **Quarter - Final**

**12 - 2**

v Playford

## **2<sup>nd</sup> Round**

**12 - 1**

v Bedricks Worth

## **1<sup>st</sup> Round**

**Walkover**  
v Howards

**MELLIS FC**



## **Semi - Final**

**6 - 1**

v Elmswell Athletic

## **Quarter - Final**

**6 - 3**

v Trimley Raiders

## **2<sup>nd</sup> Round**

**3 - 1**

v The Gold Eagles

## **1<sup>st</sup> Round**

**Bye**





**BEST BADGES SUFFOLK SUNDAY CUP FINAL MATCH OFFICIALS** (left to right): Assistant Referee Zac Trundell, Referee Henry Harvey and Assistant Referee Anthony Reeve. Missing from photograph: Fourth Official Oliver Morris-Sanders

## SUFFOLK FA SUNDAY CUP PREVIOUS FINALS

<b>1972-73</b> Stowmarket Athletic 2 - 1 Betabake Anglia	<b>1999-00</b> AFC Railway 5 - 4 Charsfield
<b>1973-74</b> Parkside (Ipswich) 1 - 0 Lavenham Angels	<b>2000-01</b> Great Eastern 2 - 1 Silver Star Thistle
<b>1974-75</b> Parkside (Ipswich) 2 - 0 Ipswich & East Suffolk CC	<b>2001-02</b> Notleys 1882 2 - 0 St Clements
<b>1975-76</b> Kitchener Taverners 1 - 0 Bloomfield Engineering	<b>2002-03</b> Carlton Red House 4 - 1 St Clements
<b>1976-77</b> Norton United 4 - 2 Bloomfield Engineering	<b>2003-04</b> Bardwell Wasps 1 - 0 Mellis
<b>1977-78</b> Bloomfield Engineering 2 - 0 Magpies	<b>2004-05</b> Notleys 1882 4 - 3 Greengage
<b>1978-79</b> Magpies 3 - 2 Stowmarket Athletic	<b>2005-06</b> Tudor Rose 3 - 0 Notleys 1882
<b>1979-80</b> Christy United 2 - 1 Thurleston YC	<b>2006-07</b> Bardwell Wasps 1 - 0 Redgrave Rangers
<b>1980-81</b> Magpies 2 - 0 John Player	<b>2007-08</b> Bardwell Wasps 2 - 2 Premier Pool Thistle (5-4 on pens)
<b>1981-82</b> Newmarket Valley 3 - 2 Christy United	<b>2008-09</b> Wortham Dolphin United 6 - 0 Pot Black Club
<b>1982-83</b> Stowmarket WT Athletic 5 - 0 Heathfield	<b>2009-10</b> Mount Pleasant 2 - 1 Ipswich Thistle
<b>1983-84</b> Heathfield 3 - 1 Capel Plough	<b>2010-11</b> Ipswich Thistle 3 - 0 The Bushel
<b>1984-85</b> Melton YCOB 1 - 0 John Player	<b>2011-12</b> Belstead Arms 2 - 1 AFC Star 2009
<b>1985-86</b> John Player 5 - 0 Heathfield	<b>2012-13</b> Redgrave Rangers 2 - 1 Exning United (aet)
<b>1986-87</b> John Player 1 - 0 Brantham Colts	<b>2013-14</b> Gym United 6 - 4 Kitchener Taverners
<b>1987-88</b> Alderman Athletic 2 - 1 Stowmarket Vandals	<b>2014-15</b> Gym United 4 - 2 Yourshirts
<b>1988-89</b> Alderman Athletic 3 - 2 Oxborrows	<b>2015-16</b> Tostock 2 - 1 AFC Chelmondiston
<b>1989-90</b> Heathfield 3 - 1 Alderman Athletic	<b>2016-17</b> AFC Chelmondiston 3 - 3 Mellis (aet, 7-6 on pens)
<b>1990-91</b> Stow Vandals 2 - 0 Heathfield	<b>2017-18</b> Kitchener Taverners 4 - 1 Mellis
<b>1991-92</b> Heathfield 4 - 0 St Clements	<b>2018-19</b> Gym United 1 - 0 Tostock Pirates
<b>1992-93</b> Heathfield 3 - 2 St Clements	<b>2019-20</b> Gym United 2 - 2 Brandon Town Community (4-3 on pens)
<b>1993-94</b> Stow Vandals 1 - 0 Lake Lothing	<b>2020-21</b> Kitchener Taverners 2 - 0 AFC Bergholt
<b>1994-95</b> Heathfield 4 - 1 Charsfield	<b>2021-22</b> Kitchener Taverners 3 - 1 Moreton Hall Youth Ferals
<b>1995-96</b> Heathfields 2 - 1 Electric Supply	
<b>1996-97</b> Blooming Fuchsia 4 - 3 AFC Railway	
<b>1997-98</b> Rampant Horse 3 - 1 Onehouse	
<b>1998-99</b> St Clements 1 - 0 Mellis (after 1-1 draw)	



# MORETON HALL YOUTH FERALS

Blue shirts, blue shorts, blue and white socks

## MANAGER - ADRIAN CROWE

The Ferals are about to complete their 16th season after starting out as an Under-9 side in the ISYFL. This will be their second Sunday Cup Final after losing last season to Kitcheners. The side was set up through a bunch of school friends and over the years this has continued with several sets of brothers representing the team. Hopefully today's game will be as entertaining as last year's final.

A massive thank you to our two sponsors, Waterson Pianos and On Point Barbers, for their support this season.

## ASTON FALLOWS

Now in his 10th season playing in goal for the Ferals. A great shot stopper and totally mad!

## LEWIS KEMP

The old man of the side but probably the fittest!

## TAYLOR WATERSON

First full season after finishing university. Strong and gangly is the best way to describe him

## FRED STEWART-HOGG

One of the three founder members of the Ferals. Never stops running unless his hamstring goes!

## CHARLIE LARTER

Captain and one of our on-pitch leaders. He has struggled with injury for most of the season but will hopefully be fit for today.

## JAKE PEASGOOD

Right wing or up top, Jake is a constant threat and never gives up.



## **SAM WATERSON**

Another one of the originals who plays anywhere down the spine of the side. Another leader on the pitch.

## **CALLUM DOVE**

Top striker and 'Mr 100%' of the side.

## **DAN ALLAN**

'Mr Leeds' but we won't hold that against him. Plays on the left and always gives his all.

## **JAMES BUCKMASTER**

Watch out for his 'Buckleball' from distance when he gets a chance.

## **CHARLIE GLOVER**

'Mr Laidback', Charlie is the last one to arrive for a game and comes alive in the opponent's half.

## **SCOTT MCGAVIN**

First full season with the Ferals who oozes class on the ball.

## **CASEY UNDERWOOD**

Appearances have been limited due to injuries but a great player when he is available.

## **CALLUM DONGRAY**

'The Beast' sums him up; strong and very good both in the air and on the deck.

## **JACK WHITING-NOAKES**

The Gazza of the side, skilful and has an eye for a pass.

## **JACK BRAME**

He has won more trophies than any other player in the side but he's very modest about it!

## **BEN NEWDICK**

'Mr Versatile' who can play on the left or the right. Another from the 'laidback' stable.

## **HARRY WHITING-NOAKES**

A box-to-box player with an eye for a goal and a great engine.

## **GEORGE CROWE**

The last original Feral who's approaching his 450th appearance for the club.

## **CAMERON NICHOLLS**

The record scorer for the Ferals.







## **MELLIS FC**

Red shirts, black shorts, red socks

### **MANAGER - BEN HUGMAN AND TOM DAVEY**

In their first season of management, the duo have become cup specialists, having brought in several new faces to the club.

They are supported by several volunteers who help out where required, from marking the pitch to putting the nets up.

The club are sponsored by Frank Davey Ltd, who also supply machinery to help with the upkeep of the pitch.

### **WILL GOULDING**

Club captain who leads the troops home from the front.

### **BEN HUGMAN**

The Gaffer.

### **MATT ALLIN**

Quality defender, you'll do well do catch him asleep.

### **JACK PAYNE**

With Jack it's quality not quantity.

### **BRENDAN HEAD**

Quick full back who likes to get forward.

### **THOMAS DAVEY**

The Kit Washer.

### **MATTY ANDERSON**

Utility player can play anywhere well when called upon.



## KIERAN MANNING

Pacey forward who knows where the net is.

## HARRY ROLINGSON

A jet setting unorthodox forward.

## CALLUM NASH

The stepover king.

## BARRY LYNN

Stand-in goalkeeper.

## HAYDEN WILBY

Flair player who loves to skin cats.

## JOE PIERCE

Much-valued squad player.

## KYLE HALIL

Versatile player, new signing after three years.

## LAWRENCE BROWN

The Enigma.

## CALLUM OLPIN

Not a bad cricketer.

## LEWIS RICHES

Goalkeeper, who has a reliable pair of hands.  
Great shot stopper.

## MARCUS ROLINGSON

Rejuvenated defender.



# SUNDAY TROPHY FINAL ROUTE TO FINAL

## AFC DRAGONFLY



### Semi - Final

2 - 1

v Stowupland Falcons

### Quarter - Final

2 - 1

v Foxhall United

### 3<sup>rd</sup> Round

7 - 1

v The Brickmakers Arms

### 2<sup>nd</sup> Round

7 - 1

v Brett Vale

### 1<sup>st</sup> Round

5 - 2

v Bury Wanderers

## TAVERNERS FC



### Semi - Final

2 - 2

4-3 on pens

v West Suffolk Wolves

### Quarter - Final

1 - 1

2-1 on pens

v Bedfield

### 3<sup>rd</sup> Round

1 - 0

v Shotley Rose

### 2<sup>nd</sup> Round

4 - 1

v Ipswich Elite

### 1<sup>st</sup> Round

Bye





**BEST BADGES SUFFOLK SUNDAY TROPHY FINAL MATCH OFFICIALS** (left to right): Fourth Official Peter Owen, Referee Marcus Sanders, Stephen Gray, who has been replaced by Keith Phair as he is no longer available.  
Missing from photograph: Assistant Referee Robert Wakeling.

## SUFFOLK FA SUNDAY TROPHY PREVIOUS FINALS

- |   |  |
|---|--|
| <b>1988-89</b> Woolpit Wolves 1 - 0 Felsham and Gedding                   | <b>2007-08</b> Red Herring 6 - 0 405                       |
| <b>1989-90</b> Waveney Youths 2 - 1 Felsham Six Bells                     | <b>2008-09</b> Rickinghall 2 - 0 Ixworth                   |
| <b>1990-91</b> Clapgate Lane CC 2 - 1 Felsham Six Bells                   | <b>2009-10</b> HSF 4 - 2 Skyline (aet)                     |
| <b>1991-92</b> Tollgate Rovers 6 - 1 Abbots Wanderers                     | <b>2010-11</b> Claydon Greyhound 2 - 1 Felixstowe Dolphins |
| <b>1992-93</b> Gunton OB 1 - 0 Hare and Hounds                            | <b>2011-12</b> Cockfield United 3 - 2 Redgrave Rangers     |
| <b>1993-94</b> Hawstead 1 - 0 Bures United                                | <b>2012-13</b> Felixstowe Rangers 2 - 1 Falcons            |
| <b>1994-95</b> Oxford Arms 3 - 1 Blakenham Chequers Reserves              | <b>2013-14</b> Falcons 4 - 3 Melford Valley                |
| <b>1995-96</b> Seaton Rovers 2 - 1 Rampant Horse A                        | <b>2014-15</b> Bungay Town 3 - 2 CFC Bury                  |
| <b>1996-97</b> Ipswich Sports 5 - 0 Hadleigh Otto C                       | <b>2015-16</b> Cheveley 2 - 1 Snape                        |
| <b>1997-98</b> Burnt Hill Rangers 4 - 3 Glemsford Cock                    | <b>2016-17</b> Haverhill Borough 5 - 4 Lavenham (aet)      |
| <b>1998-99</b> Horringer SC 1 - 0 Low Chinese SC                          | <b>2017-18</b> Bardwell Sports 3 - 2 FC Monarchs           |
| <b>1999-00</b> Chantry Grasshoppers 4 - 1 Locomotive                      | <b>2018-19</b> Lavenham 6 - 0 Haverhill & Hove Albion      |
| <b>2000-01</b> Waveney Gunners 4 - 1 Rattlesden                           | <b>2019-20</b> Hardy 4 - 3 Thrasher United                 |
| <b>2001-02</b> Harrod UK 2 - 2 Maypole 88 (aet, 8-7 on pens)              | <b>2020-21</b> Wamil Wasps 2 - 0 Stoke By Clare            |
| <b>2002-03</b> Jane Walker 2 - 0 Long Melford Working Men's Club          | <b>2021-22</b> Bacton United 89 3 - 0 AFC Claydon          |
| <b>2003-04</b> Stow Excelsior 2 - 0 Volunteer                             |  |
| <b>2004-05</b> Oak Tavern 2 - 2 Bramford United Old Boys<br>(3-2 on pens) |  |
| <b>2005-06</b> Rougham Lions 1 - 1 Harbour (4-2 on pens)                  |  |
| <b>2006-07</b> Athletic Morton Hall 5 - 3 Old Newton Raiders (aet)        |  |



## AFC DRAGONFLY

Red shirts, black shorts, red socks

### MANAGER - DAMIAN FAHY

We've waited a long time for this day. Having lost in many semi-finals over the years, it was a huge boost to everyone to make this final and we aim to make the most of it. The club deserves this, we've had our tough seasons but stuck together.

The majority of this club have been together for 6+ years which shows how well we get along both on and off the pitch. On our day we can beat most sides but we can also throw in a shocker. Let's hope today isn't the latter.

Thank-you to everyone who's played throughout the season, the partners and families who support us in all weather conditions, the committee and our sponsors Geo Low Plastering.

**SAM FISHER.** Huge presence between the sticks, improves every week and wouldn't swap him for any other keeper. Likes a Tattoo or two!

**ROBIN EDEN.** Solid as they come at right back. Never shirks a tackle and has become integral to the club and is loved by all.

**JACK MILTON.** Mr CrossFit. Been at the club for over 10 years and has become an important part of the defence. Loves a lung-busting run forward.

**GEORGE LOW.** New signing this season. He has settled in seamlessly at centre back which shows in our defensive record! Quick and good on the ball.

**JOHN BURGIN.** Warrior at centre back and a real threat in the opposition box. Been a stalwart for us for many years and brings veteran leadership.

**DINIS LARANJINHA.** Our Portuguese Dragon defender. Lightning quick, calm on the ball. He has improved week on week. Offers plenty going forward.







**PHIL WAKEFIELD.** A veteran player who plays all over pitch whenever asked and always gives everything. Helped get club back on its feet.

**DALE WILLIAMS.** Been back with us for a few years and is an essential part of the midfield. Loves a tackle, a yellow card and a moan.

**MARCUS BRITNELL.** Came into club half way through this season and has been a revelation in midfield. Calm and steady and growing into his role.

**THOMAS WIGGINS.** Midfielder is the longest-serving player. Wiggo has played in every outfield position over the last decade and never lets us down.

**CALLUM CRABB.** Club Captain. All-action, does everything, covers every blade of grass. Gives 110% every performance. The glue that keeps us together.

**JASON CHASNEY.** Great knowledge of football. Chas is a playmaker in midfield. Always looking for the defence-splitting pass. Very calm under pressure.

**JAMIE TUCKER.** A purist's footballer. Wants to get the ball down and play at all times. Cool as a cucumber on and off the ball.

**JOE COOMBS.** Bundle of energy. Won't play in position you pick him in and is a whirlwind on the pitch. Loves a wind up!

**TIM YATES.** Timmy never stops running. Constantly pressing and pushing forward looking to score and, more importantly, provide for his team-mates.

**LEE LESTER.** Recent signing. Brings quality options up top and another who works tirelessly for the team with an eye for a goal. Promising future.

**MICHAEL WATTS.** Welcoming Wattsy back this year was a huge boost. A skilful, tricky left winger, he's shown that he's still got the same quality.

**SIMON SUTCLIFFE.** Another long-serving player who plays wherever asked of him and always gives his all with his Heavy Metal style.

**ROSS VICCARS.** A proper clubman and has been for over 10 years. Never moans despite not playing as much as he'd like. Club Joker who helps morale.

**JOSH MARKS.** Star striker. Scored almost 70 goals in last two seasons. Superb player who also works so hard for team. We wouldn't be here without him.







## TAVERNERS FC

Blue shirts, blue shorts, white socks

### MANAGER - TREVOR HOLLINSWORTH

Taverners was formed in 1967, with three of the original people still here; Bob Bullamore, Pat Elvin and Frank Fleming. We are a family club. Many players have been here all their playing careers. This season is already the most successful ever in our history. We are unbeaten and would like to finish the season in this form.

I have been recruiting players to join and improve our squad over the past few years. Slowly but surely our form and team spirit improved.

This season started well. The hard work continued, leading us to the league title and today's cup final.

It is an honour to be here, win or lose, we aim to play our best football.

**TOM BROOKS.** At Ipswich Town for seven years. Signed for Tavs 23 years ago and played 362 games with 109 goals. Also played for Brantham, Woodbridge.

**VINNY FORD.** First whole season in Sunday football. Played Saturdays at Henley, Ipswich Athletic, Ransomes and Bourne Vale and now back at Henley.

**BRANDON BURTON.** Joined Henley at 16, winning the Senior Division in 2016-17. Joined Tavs at 18, leaving for a year, returning as first choice keeper.

**ANDY LAMBERT.** Returned to playing for Tavs after a spell managing at Hadleigh. Now established as a major player in our defence.

**CHRISTIAN BURRUP (STICKS).** The shoulda, woulda, coulda goalkeeper! Spent years turning down offers to play at a decent level, now plays centre half.

**JACK LARKINS.** Left back for the Tavs. Currently signed at Haughley United, previous clubs include Ipswich Vale Exiles, Bramford, Westerfield United.





**WILL PULLEN.** Played and loved football from an early age. Played in various positions, but settled as an attacking full back, long-ball specialist.

**JOSH GRANT.** Our midfield general. No nonsense midfielder with a skilful touch. Josh joined us late last season, so this is his first full season.

**JEROME PRIMUS.** Almost everything starts with Jerome. He just loves good football and enjoys possession. A key part of our midfield.

**GRANT MONAGHAN.** A terrier in midfield with a sweet left foot; motivates all around him.

**JAMES STOREY,** aka Stozza. Never gives up on possession. Will chase when others give up and scores important goals.

**JIMMY FULKER.** Jimmy is a versatile player who can step into any position, although you'll find him playing centre half on Saturdays for Coplestonians.

**TEWANDA WANDIRA.** T has been a revelation since joining us this season. He is still young but his speed and goals have devastated the opposition.

**DUNCAN SOUTHGATE,** aka spanky. Has played for Ransomes and Coplestonians Player-manager of Coplestonians A. 535 Taverners appearances.

**DAREN STEVENS.** Started playing for Tavs aged 17. Made over 700 appearances and 170 goals. Has played every position and just loves playing football.

**DANNY TATUM,** aka Tilly dem. Ex-Woodbridge and Coplestonians midfield maestro. Will not move all game but when given the ball he will produce magic.

**JACK LAMBERT.** At Ipswich Town during teenage years, more recently at Hadleigh and Haverhill Rovers. Jack is a powerhouse playing through our midfield.

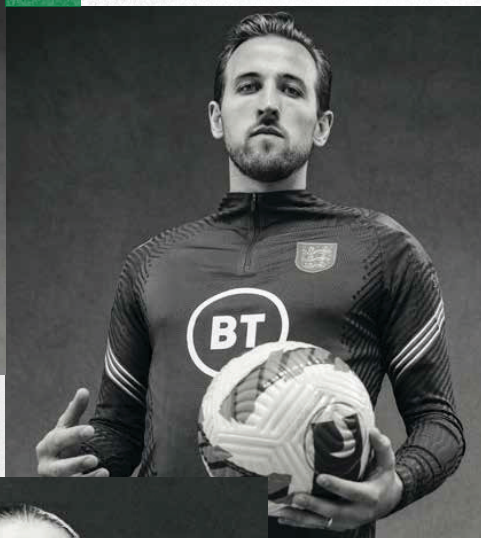
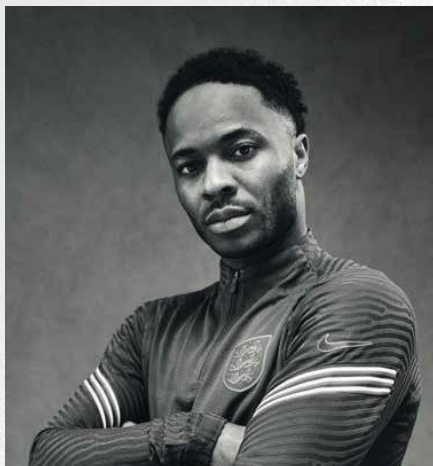
**DAN PASQUE.** Dan has been with us for some years now. Very fast and strong player. Can play wide or as a striker.

**WAYNE JORDAN.** Long-serving midfielder. Wayne has proved himself to be a valuable member of our squad, adding experience and drive to our midfield.

**TREVOR HOLLINSWORTH.** Joined in 1991 after playing at Cornard, Sudbury Town and Braintree. Player-manager since 2008. Tavs all-time leading goalscorer.







**SHOW SOME**

**RESPECT**

**#SHOW SOME RESPECT**



ENGLAND  
FOOTBALL



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# VETERANS' CUP FINAL ROUTE TO FINAL

## WOODBIDGE TOWN



### Semi - Final

2 - 1

v Ipswich Wanderers

### Quarter - Final

3 - 2

v AFC Sudbury

### 3<sup>rd</sup> Round

7 - 0

v Stowupland Falcons

### 2<sup>nd</sup> Round

2 - 0

v Trimley Sports &  
Social Club

### 1<sup>st</sup> Round

3 - 3

4-1 on pens  
v Coplestonians

## HAVERHILL ROVERS



### Semi - Final

5 - 0

v Lowestoft Town

### Quarter - Final

3 - 0

v Aldeburgh Town

### 3<sup>rd</sup> Round

6 - 1

v Bury Town Res

### 2<sup>nd</sup> Round

W/O

v Mendlesham

### 1<sup>st</sup> Round

5 - 1

v Hadleigh United



### **BEST BADGES SUFFOLK VETERANS' CUP FINAL MATCH OFFICIALS** (left to right):

Assistant Referee Julian Gibbons, who has been replaced by Irvin Flaherty as he is no longer available, Referee Chris Perkins, Assistant Referee Mark Dyer.

Missing from photograph: Fourth Official Carl Page

## **SUFFOLK FA VETERANS' CUP PREVIOUS FINALS**

**2008-09** Kirkley & Pakefield 4 - 3 Bungay Town

**2009-10** Kirkley & Pakefield 5 - 2 Stowupland Falcons (aet)

**2010-11** Stowupland Falcons 2 - 1 Kirkley & Pakefield

**2011-12** Leiston 3 - 2 Whitton United

**2012-13** Leiston 3 - 0 Capel Plough

**2013-14** Haverhill Rovers 2 - 1 Capel Plough

**2014-15** Bury Town 1 - 0 Woodbridge Town

**2015-16** Bury Town 1 - 1 Woodbridge Town  
(aet, 5-3 on pens)

**2016-17** Woodbridge Town 1 - 0 Bury Town

**2017-18** Woodbridge Town 4 - 1 AFC Hoxne

**2018-19** Whitton United 4 - 1 Woodbridge Town

**2019-20** Whitton United 3 - 0 Woodbridge Town

**2020-21** Whitton United 5 - 0 Woodbridge Town

**2021-22** Whitton United 10 - 0 Lowestoft Town





# WOODBIDGE TOWN FC VETERANS

Black & white striped shirts, black shorts & socks



## MANAGER - SIMON FRYATT

I've been with Woodbridge Town FC for nearly 40 years as a first-team player initially, then club captain for a number of years, making 701 appearances and scoring 347 goals - the club's all-time leading goal scorer.

Veterans' manager for past 11 years and I have no intention to finish any time soon!

**GARY ROSE.** Sharky is a quality goalkeeper. A former Framlingham Town first-team player.

**GLYN DIXON.** Quality goalkeeper. formerly a Woodbridge Town first-team regular.

**JAMES PEACHEY.** A quality, ball-playing centre-half veterans' regular for many seasons. Now one of the first names on the teamsheet.

**JIMMY ANDREWS.** Veterans' captain & former first-team player. A really classy centre-half and one of the longest-serving veterans.

**CRAIG STUART.** Another former first-team player and quality defender in his second season with the veterans.

**SIMON MERRICK.** First season with the club. He has been a really fantastic addition, and has a strong mindset.

**ROBBIE SMYTHE.** Another long-serving veteran who is brilliantly versatile and such an important player in the squad.

**JEZ EASON.** Former Woodbridge Town first-team player and another fantastic addition this season. Strong mindset and strong, intelligent ball player.

**STEVE DEARSLEY.** Dears is another former first-team regular. Silky skills in central midfield.

**ANDREW CRANE.** It's Drew's first season playing veterans' football. An absolute warrior on the field who has settled in nicely in midfield.

**KEVIN MORRISON.** Moggy is the longest serving veteran at 60? but still playing and probably the fittest in the squad, proving age is just a number.

**STEVE ELLIOTT.** A central midfielder. A strong physical player with a real eye for goal.

**GLENN SNELL.** Snelly is a technically gifted centre forward who comes up with the answers in big games. Strong mindset and great character.

**DARREN HARPER.** Harps is a pacey centre forward and a great finisher who gives the side great balance.

**TOM CHILDS.** A tenacious striker with a low centre of gravity. Leading goalscorer this season who is brilliant technically!

**ADAM GLENCASTLE.** An old-fashioned winger who is top of the assists stats and also scores plenty of goals.

**MARTIN SHAVE.** A tough-tackling defender and great character. The joker in the pack.

**LEON HALL.** A former Colchester United player in his first season with the club and what an addition. A strong, focused intelligent footballer.

**ROSS SNELL.** Just moved back to the area and a real tough-tackling combative midfielder who is a brilliant addition to the group.

**MATT MORLING.** Just come back from long-term injury, and scored in the Seniors' Cup Semi Final to put us in the Final.



Woodbridge Town's Glenn Snell is lifted aloft by team-mates after scoring in his side's 3-2 victory over AFC Sudbury in the quarter-finals.



# HAVERHILL ROVERS FC

## VETERANS

Red shirts, red shorts and red socks

### MANAGER - JULIAN, AKA CHICK, HARDY

Our team are super-excited to have reached the Suffolk FA Veterans' Cup Final. Our pathway has been to see off good sides such as Hadleigh United, Bury Town Reserves and Aldeburgh Town. Our players are a lively bunch with lots of character, experience, skill and good banter.

I would like to take this opportunity to thank our team sponsors Simon and Donna Goodings of Advanced Eco Limited for their continued support of the team.

We hope to put on a good display in order for us to lift the trophy once again, as we did back in the 2013-14 season.

**MARK HARDY.** Aged 40 years. Good local goalkeeper. Great shot stopper and gets better with every game.

**ROGER DOURADO.** Aged 43 years. Plays either centre-back or full back. Loves a tackle! Likes collecting cards.

**MARCUS HUNT.** Aged 42 years. Our team captain and a colossus at the back who takes no prisoners.

**CHARLES HUGHES.** Aged 40 years. A versatile player who enjoys playing wherever placed on the field and always gives 100%.

**PAUL ABBOTT.** Aged 40 years. Vice-captain. Stylish, exciting full-back but not as good as his brother!

**STUART KINGHAM.** Aged 44 years. Another versatile player who glides around the pitch like a gazelle and rarely puts a foot wrong.







**HARRY HALLS.** Aged 35 years. One of our younger veterans, a useful full-back or winger, full of energy and has a class touch.

**ROSS ELKINS.** Aged 35 years. Another one of our younger veterans, a magician in the middle of the park but needs to lose a few pounds!

**CHRISTOPHER CLAYDON.** Aged 41 years. A midfielder with great potential and gets better with every game. Work rate is unmatched.

**LEE SHARP.** Aged 41 years. Striker with lots of pace but when he finally scores a goal the floodgates will open. Great potential for the future.

**STEVEN GRIFFIN.** Aged 43 years. Full-back with a great work rate.

**NEIL COGGER.** Aged 44 years. Class striker who terrorises defenders. Now he has no hair he's a lot quicker!

**MARK LOVELL.** Aged 36 years. Striker, Goal machine, Beast. Takes no prisoners, extremely pacey, leaves defenders in his wake.

**DANNY JOHNSTON.** Aged 40 years. Midfielder who can play the No.10 role. Holds the ball up very well and has pace. Hamstrings like elastic bands!

**NEIL HAMMOND.** Aged 41 years. Known as 'The Hammer'. Likes a tackle and never shies away.

**MARC ABBOTT.** Aged 37 years. Intelligent midfielder with bags of talent. Turns players inside out for fun.

**GARY DOURADO.** Aged 43 years. Twin brother of Roger. Can play in goal and outfield. Gets up and down the wing like Linford Christie.

**RYAN CHURCHER.** Aged 42 years. Full-back. The most sensible player in the squad who has a great workrate on the pitch.

**TERRY ELEY.** Aged 42 years. The largest player in the team who sits in the middle like Jan Molby.

**GREG STRONG.** Aged 38 years. Talented midfielder with bags of energy.





In November 2016, British football was rocked by a series of high-profile revelations regarding child sexual abuse. Several former professional players bravely waived their right to anonymity to speak out about their past abuse.

A number of those involved, decided to set up the Offside Trust, an organisation committed to supporting survivors and working to make sport safer for children.

Former professional footballer Steve Walters is director of the Offside Trust.

We are proud to work with and support fellow survivors. In addition to Steve, the Offside Trust family includes the amazing ambassadors listed below and several others who wish to remain anonymous:

Gary Cliffe, former youth team player at Manchester City  
Dion Raitt, former youth team player at Peterborough United  
Alan Arber, former Norwich City player  
Callum Hancock, professional boxer

Our aims are:

- To raise awareness of the importance of safeguarding across all sports at all levels
- To provide survivors with advice guidance and resources to aid the healing journey
- To campaign for legal and regulatory changes to improve safeguarding in sport

Our objectives are:

- To secure partnerships with clubs at all levels, in all sports
- To engage with survivors and signpost them to the appropriate professional support
- To engage with survivors within the Offside Trust Support Network
- To support charitable helplines with specific focus on survivors in sport
- To change the law on child sexual abuse being exempt from 'Double Jeopardy'
- To lobby for 'Mandatory Reporting' to be adopted in UK law
- To engage with political and judicial bodies to strengthen legal support for survivors

Since 2016, the Offside Trust has received the support of supporters, clubs, players and former professionals throughout the sporting world. We focus on all sports, not just football. We are grateful for the support that we are getting from everyone including the people in cricket, rugby, golf and boxing, helping to raise further awareness across sport.

The Offside Trust works alongside governing bodies, charities and organisations that deal with safeguarding.

If you are a survivor of child sexual abuse in sport, there are a number of resources available.

The FA have commissioned a dedicated NSPCC helpline for adults who were abused in childhood within the football industry from grassroots to Premier League. If you would like to speak to somebody the free NSPCC helpline for guidance and support is available 24 hours a day on **0800 023 2642**. Our friends at Survivors Manchester (<https://www.survivorsmanchester.org.uk/>) and Samaritans (<https://www.samaritans.org/>) have help and support available if you need to talk.

If you think that a child is in immediate danger please dial 999.

If you are a child who needs help, please call [Childline](https://www.childline.gov.uk/) on 0800 11 11.







# TOGETHER WE CAN CHANGE IT



A THRIVING LOCAL GAME





# SUNDAY SHIELD FINAL

## ROUTE TO FINAL

**BACTON UTD 89**



### **Semi - Final**

**2 - 1**

v Wamil Wasps

### **Quarter - Final**

**2 - 0**

v Bury Town Bisons

### **2<sup>nd</sup> Round**

**5 - 0**

v Crafted Athletic

### **1<sup>st</sup> Round**

**Bye**

**RUSHMERE & DIAMONDS**



### **Semi - Final**

**5 - 3**

v Westbourne Warriors

### **Quarter - Final**

**6 - 1**

v Claydon

### **2<sup>nd</sup> Round**

**2 - 0**

v Gainsborough United

### **1<sup>st</sup> Round**

**Bye**



### **BEST BADGES SUFFOLK SUNDAY SHIELD FINAL MATCH OFFICIALS** (left to right):

Assistant Referee Mark Wright, Referee Gareth Hayler, Assistant Referee Daniel McKenzie.

Missing from photograph: Fourth Official Darrel Goddard

## **SUFFOLK FA SUNDAY SHIELD PREVIOUS FINALS**

- 1966-67** AF Knights 5 - 2 GPO Ipswich (on aggregate)
- 1967-68** Burtons 1 - 0 Belstead
- 1968-69** Priors United 3 - 2 Lavenham Angels
- 1969-70** Pakenham United 2 - 1 Priors United
- 1970-71** Lavenham Angels 3 - 2 Juggernauts  
(after 0-0, 1-1 draws)
- 1971-72** Alderman Athletic 3 - 1 Christy United
- 1972-73** Alderman Athletic 1 - 0 Priors United
- 1973-74** Clarence Lodge 1 - 0 Pakenham United
- 1974-75** Norton United 4 - 0 Pakenham United  
(after 2-2 draw)
- 1975-76** Bellevue 1 - 0 Priors United
- 1976-77** Priors United 3 - 0 Norton United Reserves
- 1977-78** Coplestonians 2 - 1 Priors United
- 1978-79** Barrow 3 - 1 Stowmarket Athletic Reserves
- 1979-80** Pakenham United 3 - 1 Falcons
- 1980-81** Barrow 4 - 1 Stowmarket Athletic Reserves
- 1981-82** Rickingham Gunners 4 - 2 Ipswich District Hospitals
- 1982-83** Rickingham Gunners 2 - 1 Laxfield United
- 1983-84** Parkside 1 - 0 Debenham
- 1984-85** Gt Barton 1 - 0 Wickham Market
- 1985-86** Hermes 3 - 2 Ipswich Telephone Engineers
- 1986-87** Duke of York 3 - 2 Blandford
- 1987-88** Duke of York 3 - 1 RAF Wattisham
- 1988-89** Crown (Lowestoft) 2 - 1 RSSC Dales
- 1989-90** Felixstowe Trades and Labour 2 - 1 HMP Cutters
- 1990-91** Tuddenham Rovers 4 - 3 Albion Mills
- 1991-92** Lowestoft Pot Black 5 - 1 Newmarket Five Bells
- 1992-93** Jewson 2 - 1 Duke of York
- 1993-94** Gunton OB 4 - 0 British Sugar
- 1994-95** Dickerson 2 - 1 Lord Nelson Thistle Reserves
- 1995-96** Rampant Horse Reserves 2 - 1 Blakenham Chequers
- 1996-97** Haverhill Mount P 1 - 0 Felixstowe T & LC
- 1997-98** Ipswich Hospitals 4 - 3 CJ's Nightclub
- 1998-99** Leiston Athletic 2 - 0 Bungay Angels
- 1999-00** Dickerson 3 - 1 The Dales
- 2000-01** Stradbroke Exiles 2 - 1 Hadleigh Goldstar
- 2001-02** Bartram Beccles 2 - 1 Kesgrave Athletic
- 2002-03** Stowmarket Eclipse 4 - 3 Kesgrave Athletic
- 2003-04** Exning United 2 - 0 Silver Star Thistle Res.
- 2004-05** Stow Excelsior 1 - 1 Ferryboat (4-3 on pens)
- 2005-06** Kelsale Social Club 6 - 0 Factory Arms
- 2006-07** Exning United 2 - 1 Martlesham Old Boys
- 2007-08** Capel Plough 1 - 0 Lings Honda
- 2008-09** Atec 2 - 1 Norbridge
- 2009-10** Factory Arms Old Boys 4 - 1 Rickingham
- 2010-11** Chantry Blues 3 - 1 FC Brookhayes
- 2011-12** Kirby Street Conservative Club 2 - 1 Kelsale  
(aet)
- 2012-13** Bungay Town 3 - 2 Birdbrook Plough
- 2013-14** Bungay Town 3 - 0 Carlton United
- 2014-15** Pauls 1 - 0 Elite 405
- 2015-16** Mellis 1 - 1 Holbrook Swan (aet, 4-2 on pens)
- 2016-17** Leiston Orient 3 - 0 Rushmere Lions
- 2017-18** Ipswich Thistle 3 - 2 Raydon Ravens
- 2018-19** Fusilier 5 - 0 Holbrook Swan
- 2019-20** Haverhill & Hove Albion 5 - 1 Rushmere & Diamonds
- 2020-21** Hardy 6 - 0 Gainsborough United
- 2021-22** Leiston Orient 4 - 1 Laxfield United



## BACTON UTD 89

Red & green quartered shirts, black shorts,  
green socks

### MANAGER - SIMON SYKES

Three years ago, after finishing Under-18s football, the team decided to continue into Sunday Men's football.

This has proved to be very successful! So far we have collected five trophies including the Division 4 and Division 3 titles in the Bury Sunday league and the Suffolk Sunday Trophy last year. This season, we are again in the hunt for the title which would complete a remarkable feat, progressing upwards from Division 4 to Division 1 in three seasons!

Thanks to Scott Mason for helping me on Sunday mornings and all the volunteers at Bacton who continue to give us some of the best Sunday morning football facilities we could wish for.

**MACAULAY BELL.** Driving force in midfield, breaking up play and starting attacks. He was the players' 'Player of the Season' last year.

**JOSH BUCKLES.** Has a good football brain. Current leading goalscorer who helps lead the team on the pitch. Can score in any number of ways.

**ALEX CLARKE.** Bosses the midfield, whether it's big tackles or play-making passes.

**FRAZER COLE.** Always in the right place at the right time. Currently 'Mr Super Sub'!

**FINLEY COLEMAN.** Full-back who signed in the summer and has had a very impressive debut season.

**JACK HARDY.** A superb young goalkeeper who gets a weekly call at 10.15am to find out where he is!





**FINLEY JORDAN-SMITH.** Full-back or wing back who signed in January, knowing that he would bring yet more quality to the team.

**HARLEY JORDAN-SMITH.** For all this lad's talent, and he has lots, he also works his socks off in every game. Never seen an engine like it!

**REECE LANGRIDGE.** Team captain, leader on and off the pitch. Gets the team playing football from back to front. Loves to step out with the ball.

**ALFIE MASON.** After spending lots of the time on the bench last season, a regular starter this season. Has been a rock at the back.

**ETHAN MAYHEW.** Versatile attacking player who signed just after Christmas and has already made us a stronger side all round.

**TAYLOR MORTIMER.** Quick and direct winger who causes full-backs no end of problems!

**JACK PEACHMENT.** Another solid centre-back, who can step out with the ball at his feet.

**SAM REYNOLDS.** Tricks, tricks and more tricks. Loves to beat his man and get his shots off with his trusty left foot!

**ALEX RICE.** Signed before Christmas and another solid centre-half or defensive midfielder who can break up play.

**JORDAN ROLLS.** Right-back or wing back who recently came back to the team from some time away and immediately hit the ground running.

**ANT STOWE.** Oldest player in the team at 21! Goes to sleep dreaming of headers! A solid centre-half.

**STEVE STOWE.** Semi-retired full-back who helps out when required by slotting in and giving strength in depth.

**HARRY SYKES.** An over-lapping full-back. Always an option when playing out from the back.

I would like to thank a few of other players for their part this season -

**SCOTT MASON, SAM WRIGHT, BARRI TWINN, BEN SKIPPER AND ADAM ROWLAND.**





# RUSHMERE & DIAMONDS

Royal blue shirts, black shorts and blue socks

## MANAGER - JACK MEERS

Chairman/manager started at the club in 2007, initially as a outfield player before becoming goalkeeper, then taking over as club chairman in 2012.

League Cup winners 2012-13, Division 2 champions 2018-19 and Sunday Shield runners-up 2019-20.

Thanks to our main sponsor The Golden Hind, Ipswich we are now stepping in the right direction with their backing. Just to mention two players who have been missed this season due to bad injuries and would have made our squad. They are Connor Bentley and Macaulay Scott.

We hope to have you both back playing next season - you have both been sorely missed this season.

**LLOYD STEWART.** Joint manager/coach. Been with us for two years. What a difference he has made to the players and the club's ambitions going forward.

**LUKE SCOTT.** Captain who is a skilful midfield general. Strong in his tackles and never stops running, encouraging all players. He never gives up.

**DARYL MARTIN.** Goalkeeper who has had a great season between the sticks and won us a few games with his great ability and agility.

**KRIS RICHARDSON.** Solid, tough defender who reads the game well and runs the back line so well. Loves heading.

**LEWIS BURRETT.** Solid, tough and uncompromising defender who loves a tackle and scoring goals. Hates to be beaten.







**PAUL STARKIE.** Dominant holding midfielder.

Strong in the tackle and picks his passes. He is always encouraging the team.

**KANE SPENCER.** Defender who is good in his tackles and reads the game well. Never stops running. Good character to have in the squad.

**AARON EMENY.** Solid midfielder/defender who loves man-marking. Solid in his tackles, can pick a pass and is always looking to score a goal.

**ROSS MARTIN** aka Charlie. Strong, solid striker with quick feet. Knows where the back of the net is and has great footballing ability and awareness.

**JOE THOMPSON.** Very solid defender who reads the game well. Never stops talking and encouraging all players. Good footballing ability.

**LUKE BURRETT.** Capable player who can play in different positions and has a good engine and likes a tackle.

**KIERAN NICHOLS.** Free-spirited midfield player. Never stops running and talking in a game. Always give 100% and has got good footballing skills.

**MICHAEL WARNE.** Hard-working forward who is a fox-in-the-box. Never gives up and will chase any ball. knows how to strike a ball.

**JACK SETCHELL.** Very solid defender who can be rapid on his day and can read the game well and pick a pass. Doesn't like to been beaten.

**KAI SCOTT.** Good young player who can play anywhere. He is a great team player - hard-working and never stops running.

**JACK FAYERS.** Good young player who is improving all the time. Can play anywhere and is blessed with pace. Reads the game well.

**MENSAH KINGSLEY.** Good young player with a lot of ability. He is always improving his play and is blessed with pace.







ENGLAND  
FOOTBALL

# SUFFOLK FA

## SUPER SUNDAY