



# THE SUFFOLK POLICE LEAGUE

Issue No. 2 | 25th August 2021

## SESSIONS 2 & 3 REVIEW

The Suffolk Police League is now coming up to its fourth session on Friday, 27th August and the league has been getting stronger each week.

After the first week saw six young people attend, the second week followed with seven young people. Darren Oxbrow led the session which ended in a game where they put some of the coaching they had learnt into practise with some challenges.

There were some young people who attended but hadn't completed a referral form, therefore forms were provided to these young people to return either via email or bring back the following week.

Then last Friday an unexpected but pleasant surprise was to have 18 young people in attendance, with 15 boys and three girls, which was more than double the previous week.

Having 18 players did create a slight issue in having enough space to provide a strong football session. But Adrian Smith, who is a UEFA B coach, and Isabel Chaplin both led a great session with the pre-information and the space available.





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Most of the players took part in a game where Adrian provided challenges to the players throughout which included finding space and switching play.

Some of the young people didn't feel ready to get involved in the game on their first session, therefore Isabel took them through some fun games and a small-sided game to get them involved in playing football because they came to play.

It was great to have a large leap in the numbers of players who were in attendance on Friday evening, but it made us aware that we might have to make some slight adjustments, mainly around space available. Therefore, moving forward, the league will be taking place from 7pm to 8pm at Whitton Sports Centre.

This means the league will have all the pitch available to run a football session for the young people who attend. Having more space available also provides more opportunities for young people to attend a session without having to first provide a referral form before attending.

Being able to have all the forms returned before a session might be the best-case scenario but it will not work fully with those attending who have heard about the league through word of mouth.

Therefore, young people are able to attend without completing the form, but they will have to complete it and be registered with the league when it comes to playing 'fixtures' once the league starts.

The Suffolk Police League is going to carry on with Friday evening training sessions for some time while players keep coming into the league to enable teams to be created and have enough players for games to be scheduled. Please keep using the referral forms and the leaflet to communicate the league and get young people into the league.

