

# SEARCH

**Search on Global DRO to find out if your medication is prohibited in sport.**

# CHECK

**Check if you need to apply for a Therapeutic Use Exemption (TUE) by using UKAD's TUE Wizard.**

# APPLY

**If you need a TUE, submit an application alongside the relevant supporting medical evidence.**

## IS YOUR MEDICATION PERMITTED?

Medications prescribed by a doctor or bought directly over the counter may contain prohibited substances. It is your responsibility to check your medication before using it, even if you have used it before.

For more information on checking medications and applying for a TUE visit:

**[ukad.org.uk/searchcheckapply](https://ukad.org.uk/searchcheckapply)**





# DON'T CLOSE THE DOOR ON YOUR CAREER



You can be tested at any time and at any place,  
including a match, training or your home.

Refusing to take a drug test is a breach of The FA Anti-Doping  
Regulations and will likely lead to a **four year ban** from football.

For more information please visit [www.thefa.com/anti-doping](http://www.thefa.com/anti-doping)



**FOR ALL**  
ANTI-DOPING



BANNED FROM FOOTBALL  
TERMINATED CONTRACT  
PUBLIC SHAME  
ADDICTION

IS IT  
WORTH  
IT?



From the 2021/22 season The FA Social Drug Programme will be run completely separately from the Anti-Doping Programme. Hair samples will be the primary collection method, enabling a quicker process and providing an increased detection window. For more information please visit [thefa.com/anti-doping](https://thefa.com/anti-doping).





Some everyday over the counter medications may contain **banned substances**.

Be careful when taking medications and **always check** the banned status of a medication by brand or ingredient using **Global DRO**.

Just visit [www.globaldro.com](http://www.globaldro.com) or ask your club doctor or GP for advice.

# 1 IN 10 SUPPLEMENTS



May contain **banned steroids or stimulants** you won't know about.\*

Don't take any before checking with your club doctor and on  
[www.informed-sport.com](http://www.informed-sport.com).

\*LGC (2013) European wide study into supplement contamination



Professional  
Footballers'  
Association