



GUIDANCE NOTES NO:

2.4

SUPPORT AND GUIDANCE CONTACTS IF YOU RECEIVE A DISCLOSURE

FOR ALL

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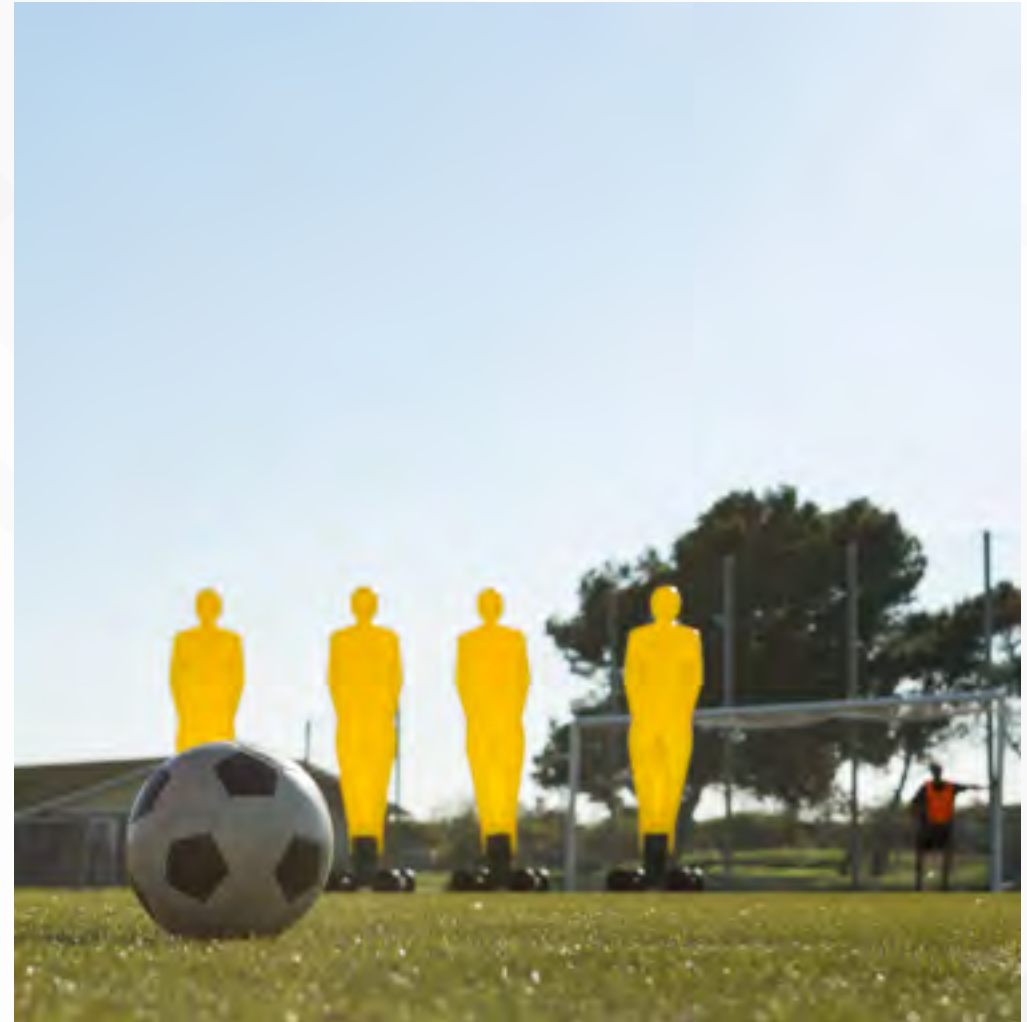
Safeguarding children is everyone's responsibility.

If you have personally received a disclosure, you may wish to speak with someone confidentially to help you to deal with what you have heard.

You may also feel the need to be reassured that the issues are being dealt with in the best possible way with the interests of the child or young person being paramount.

Clearly confidentiality is essential. Therefore, when seeking support or guidance from a recommended source (see page 3) you will be expected to keep the personal details (i.e. the names of individuals concerned) confidential.

On page 3 there are details of a range of potential support organisations you may wish to approach.



SUPPORT AND GUIDANCE CONTACTS IF YOU RECEIVE A DISCLOSURE

CHILDLINE

Advice, guidance & support
Free national telephone helpline
for children 24hrs

Tel: **0800 1111 2417**

www.childline.org.uk

FAMILY RIGHTS GROUP

Assists families with children in care/
residential accommodation/involved in child
protection procedures.

Tel: **0808 801 0366**

Fax: **020 7923 2683**

www.frg.org.uk

INSTITUTE OF FAMILY THERAPY

Family & couple therapy. Problems for
families, children, adolescents, relationships,
divorce, separation, illness, bereavement and
sexual abuse

Tel: **020 7391 9150**

Fax: **020 7391 9169**

www.ift.org.uk

PARENTLINE PLUS

Support for all families/stepfamilies

Helpline: **0808 800 2222**

www.parentlineplus.org.uk

NSPCC HELPLINE:

24 hour free and confidential telephone
Helpline that provides counselling,
information and advice to anyone concerned
about a child at risk of ill treatment or abuse.

Tel: **0808 800 5000**

For those with hearing difficulty, there is a
text phone telephone number:

0800 056 0566

www.nspcc.org.uk

THE FA/NSPCC FOOTBALLERS HELPLINE:

Offers advice and support to anyone who has
experienced sexual abuse as a young footballer.

0800 023 2642

www.nspcc.org.uk

THE SAMARITANS

Nationwide, non-religious, non-political 24
hour confidential support

Helpline (local call rate): **116 123**

Admin: **020 8394 8300**

Fax: **020 8394 8301**

www.samaritans.org.uk

NAPAC

National Association for people abused in
childhood. National Survivors Helpline free
from both landline and mobiles

Tel: **0808 801 0331**

www.napac.org.uk

SURVIVORS UK

Supporting male survivors of Rape
and Sexual abuse. Information and
online chat via:

SMS: **020 322 1860**

WhatsApp: **074 9181 6064**

www.survivorsuk.org

STOP IT NOW

Helpline is available to:

- adults worried about the sexual
behaviour of other adults or children and
young people
- people worried about their own sexual
thoughts or behaviour towards children,
including those with concerns about
their online behaviour
- friends and relatives of people arrested
for sexual offending, including internet
offending
- any other adult with a concern about
child sexual abuse - including survivors
and professionals

Tel: **0808 1000 900**

www.stopitnow.org.uk

MOSAC

MOSAC offers practical and emotional
support to non-abusing parents, carers
and families of sexually abused children.
MOSAC's free, confidential helpline and email
advice service covers the whole of the UK. In
London, free counselling and play therapy
sessions are also available.

Helpline: **0800 980 1958 (freephone) or
020 8293 9990**

Email: enquiries@mosac.org.uk

www.mosac.org.uk





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